

## **FAX COVER PAGE**



**Date:** 09/30/2026

**To:**

Joseph Cook IV , MD

**From:**

HomeCentris Healthcare LLC  
10 Crossroads Drive, Suite 102  
Owings Mills, MD 21117-8284

**Phone:** 410-321-8448

**Fax:** 410-559-3002

**Subject:**

Form Submission

**Memo:**

Please review the attached document.

**URGENT: Please review and respond to this fax transmission promptly.**

## HomeCentris Healthcare LLC memo...

**Patient:** Richard Mellor  
DOB: 04/20/1946

**Subject:** Agency Transfer/Discharge Summary

**Submitted By:** William Shelton

**Date:** 09/30/2026

**Agency Rep:** William Shelton **Rep Phone:** 410-321-8448

**Memo:**

**Admitted on:** 09/16/2026

**Emergency Contact:** Deborah, 443-934-9732

**Diagnoses:**

Encounter for other orthopedic aftercare (Z47.89), Spinal stenosis, lumbar region without neurogenic claud (M48.061), Intervertebral disc disorders w radiculopathy, lumbar region (M51.16), Essential (primary) hypertension (I10.), Type 2 diabetes mellitus without complications (E11.9), Hyperlipidemia, unspecified (E78.5), Polymyalgia rheumatica (M35.3), Nonrheumatic aortic (valve) stenosis (I35.0), Long term (current) use of oral hypoglycemic drugs (Z79.84)

**Medications:**

ACETAMINOPHEN 500 MG Tablet / Take 2 tablets by mouth 4 times daily  
Amlodipine - Amlodipine Besylate 5mg by mouth twice a day  
CALCIUM CARBONATE 600 MG Tablet / Take 1,200 mg by mouth once a day  
CARVEDILOL 25 MG / 1 Tablet by mouth TWICE DAILY WITH FOOD  
CYCLOBENZAPRINE 5 MG / 1 Tablet by mouth every 8 hours as needed  
GLIMEPIRIDE 4 MG Tablet / Take 2 mg by mouth every morning  
JARDIANCE 10 MG / 1 Tablet by mouth ONE TIME DAILY  
METFORMIN Take 1000 MG Tablet by mouth daily  
MULTIVITAMIN 1 tablet by mouth daily  
NALOXONE 4 MG/0.1ML Liqd nasal spray Nasal as directed  
OXYCODONE Immediate Release 5 MG / 1 Tablet by mouth every 6 hours as needed  
POLYETHYLENE GLYCOL 17 g packet / Take 1 packet by mouth daily  
POTASSIUM 99 MG Capsule / Take 4 capsules by mouth daily  
PREDNISONE 5 MG Tablet / Take 2.5 mg by mouth daily  
Prednisone - Prednisone Take 1 MG Tablet by mouth once a day  
SENNA 8.6 MG / 1 Tablet by mouth 2 times daily as needed  
SIMVASTATIN 20 MG / 1 Tablet by mouth EVERY EVENING  
Valsartan; Hydrochlorothiazide - Valsartan; Hydrochlorothiazide 320-12.5 MG / 1 Tablet by mouth EVERY DAY

**Services Provided:**

PT

Throughout his treatment they have received training on transfers, bed mobility, gait sequencing over even and uneven surfaces, dynamic balance, strengthening and stair negotiation training as well as home safety, fall risk prevention, pain management, medication safety and Ed in lower extremity home exercise program. Patient demonstrated good recall of lower extremity home exercise program, improved safety measures, breathing techniques such as pursed lipped breathing. Tinetti score improved to 25/28 and tug score of 9.8 seconds. Pt discharged with goals met. Discharged to care of family/ self.

**Follow-up  
Action:**

**Follow-up  
Memo:**

This memo is for your records.