

FAX COVER PAGE



Date: 09/17/2026

To:
Anita Tammara , MD

From:
HomeCentris Healthcare LLC
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284

Phone: 410-321-8448

Fax: 410-559-3002

Subject:
Form Submission

Memo:

Please review the attached document.

URGENT: Please review and respond to this fax transmission promptly.

HomeCentris Healthcare LLC memo...

Patient: Elizabeth Hall
DOB: 05/26/1947

Subject: Discharge Summary - PT

Submitted By: William Shelton

Date: 09/16/2026

Agency Rep: William Shelton **Rep Phone:** 410-321-8448

Memo:

Admitted on: 07/20/2026

Emergency Contact: Karen, (443) 413-0613

Diagnoses:

Oth athscl native arteries of extremities, left leg (I70.292),Aphasia following cerebral infarction (I69.320),Hyp hrt & chr kdny dis w hrt fail and stg 1-4/unsp chr kdny (I13.0),Unspecified diastolic (congestive) heart failure (I50.30),Chronic kidney disease, stage 3 unspecified (N18.30),Chronic atrial fibrillation, unspecified (I48.20),Anxiety disorder, unspecified (F41.9),Hyperlipidemia, unspecified (E78.5),Primary insomnia (F51.01),Long term (current) use of anticoagulants (Z79.01),Personal history of other venous thrombosis and embolism (Z86.718)

Medications:

Atorvastatin Calcium - Atorvastatin Calcium 40 MG / 1 Tablet by mouth at bedtime

Dabigatran Etxilate Mesylate 150 MG / 1 Capsule by mouth twice a day

DIGOXIN 125 MCG / 1 Tablet by mouth one time a day

Diltiazem Hydrochloride - Diltiazem Hydrochloride 90 MG / 1 Tablet by mouth in the morning

Dulcolax - Bisacodyl Suppository 10 MG / Insert 1 suppository rectally every 24 hours as needed

Hydroxyzine Hydrochloride - Hydroxyzine Hydrochloride 25 MG tablet by mouth in the evening

MELATONIN 3 MG / 1 Tablet by mouth once a day

Metoprolol Tartrate - Metoprolol Tartrate 50 MG / 1 Tablet by mouth two times a day

MIRALAX Powder 17GM/SCOOP / Give 1 scoop by mouth every 24 hours as needed

Naloxone Hcl - Naloxone Hydrochloride Nasal Liquid 4 MG/0.1ML / 1 spray nasal as necessary

Senna S - Senna 8.6-50 MG / 1 Tablet by mouth twice a day

Tramadol Hcl - Tramadol Hydrochloride 50 MG / 1 Tablet by mouth every 8 hours as needed

Tylenol Es - Acetaminophen 500 mg/tablet / Give 2 tablet by mouth every 8 hours

Zoloft - Sertraline Hydrochloride eq 25 mg base Take 1 tablet by mouth in the morning

Services Provided:

Medication management
dynamic standing balance exercises
home exercise program
gait training on uneven surfaces
gait training/stair training
transfers training
how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities
symptoms requiring physician notification
therapeutic exercises
therapeutic modalities
wheelchair training
balance training
equipment training
gait training
transfer training

PT: Throughout her treatment they have received training on transfers, bed mobility, gait sequencing over even and uneven surfaces, dynamic balance, strengthening and stair negotiation training as well as home safety, fall risk prevention, pain management, medication safety and Ed in lower extremity home exercise program. Patient demonstrated good recall of lower extremity home exercise program, improved safety measures, breathing techniques such as pursed lipped breathing. Tinetti score improved to 24/28. Pt discharged with goals met. Discharged to care of family/ self.

**Follow-up
Action:**

**Follow-up
Memo:**

This memo is for your records.