

FAX COVER PAGE



Date: 08/04/2026

To:
Khaing Win , MD

From:
HomeCentris Healthcare LLC
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284

Phone: 410-321-8448

Fax: 410-559-3002

Subject:
Form Submission

Memo:

Please review the attached document.

URGENT: Please review and respond to this fax transmission promptly.

HomeCentris Healthcare LLC memo...

Patient: Thomas Szymanski
DOB: 07/09/1954

Subject: Discharge Summary - SN

Submitted By: Adaugo Amajioyi

Date: 08/03/2026

Agency Rep: Adaugo Amajioyi **Rep Phone:** 410-321-8448

Memo:

Admitted on: 07/09/2026

Emergency Contact: DANIELLE, 443-876-6114

Diagnoses:

Fracture of one rib, left side, subs for fx w routn heal (S22.32XD),Syncope and collapse (R55.),Primary osteoarthritis, right shoulder (M19.011),Other pancytopenia (D61.818),Type 2 diabetes mellitus without complications (E11.9),Chronic obstructive pulmonary disease, unspecified (J44.9),Gastro-esophageal reflux disease without esophagitis (K21.9),Depression, unspecified (F32.A),Hyperlipidemia, unspecified (E78.5),Personal history of peptic ulcer disease (Z87.11),History of falling (Z91.81),Long term (current) use of insulin (Z79.4),Long term (current) use of anticoagulants (Z79.01),Personal history of nicotine dependence (Z87.891)

Medications:

ALBUTEROL 108 (90 BASE) mcg/act IN aerosol solution / Take 2 puffs inhalation every 6 hours as needed
Albuterol Nebulizer - Albuterol 2.5mg/3ml, use 3ml inhalant every 4 hours
CARAFATE 1g tablet by mouth 2 times daily
FLONASE 50 MCG/ACT nasal spray / 2 sprays by Each Nare Nasal daily
LASIX 20 MG / 1 Tablet by mouth daily
NORCO 5-325 MG / 1 Tablet by mouth every 4 hours as needed
PRILOSEC Delayed Release 40 MG / 1 Capsule by mouth 2 times daily
Proamatine - Midodrine Hydrochloride 5 mg Take 1 tablet by mouth three times a day
REMERON 7.5 MG / 1 Tablet by mouth nightly

Services Provided:

physician-ordered wound care: #1 - Open Wound - Anterior Left Wrist/Hand - Wound care done.
physician-ordered wound care: #3 - Abrasion - Anterior Left Upper Arm - Wound care done
physician-ordered wound care: #2 - Abrasion - Anterior Right Upper Arm - Wound care done
physician-ordered wound care: #1 - Open Wound - Anterior Left

Wrist/Hand - Wound care done.
physician-ordered wound care: #1 - Open Wound - Anterior Left
Wrist/Hand - Wound care done.
cough/deep breathing exercises
lifestyle modifications to manage cardio-respiratory condition including
diet changes and regular exercise; strategies to control shortness of breath
and home remedies to keep lungs healthy
how to maintain a diary to monitor effective and non-effective pain relief
including documenting time of pain, rating, precipitating events,
medications, treatments, and what works best to relieve pain, teach
relaxation skills and diversional activities
how to optimize mental status with cognition therapy, home safety,
optimize mobility with active and passive range of motion therapeutic
exercises, diet and fluids to optimize peripheral circulation
depression-prevention strategies including avoidance of isolation, healthy
eating and sleeping habits, identification of activities that bring pleasure,
preventive care
how to achieve wound healing including cleaning and dressing wound,
position changes, skin care, diet modification and preventing pressure ulcer
recurrence, record wound measurements
diabetic medication management, blood sugar testing, diabetic foot care,
exercise and diabetic diet
how to manage inflammatory process and optimize mobility with active and
passive range of motion exercises, fluid and diet intake to promote healing
and prevent constipation, home safety
pain control, therapeutic exercises to optimize range of motion of affected
area, diet and fluids to promote healing
teach patient how to self-administer medications as prescribed
related medication(s) purpose and schedule
symptoms requiring physician notification

**Follow-up
Action:**

**Follow-up
Memo:**

This memo is for your records.