

FAX COVER PAGE



Date: 06/23/2026

To:

Wilbur Roese , MD

From:

HomeCentris Healthcare LLC
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284

Phone: 410-321-8448

Fax: 410-559-3002

Subject:

Form Submission

Memo:

Please review the attached document.

URGENT: Please review and respond to this fax transmission promptly.

HomeCentris Healthcare LLC memo...

Patient: Betty Otto
DOB: 10/18/1945

Subject: Agency Transfer/Discharge Summary

Submitted By: William Shelton

Date: 06/22/2026

Agency Rep: William Shelton **Rep Phone:** 410-321-8448

Memo:

Admitted on: 03/14/2026

Emergency Contact: Scott, (443) 417-4613

Diagnoses:

Hypertensive heart disease with heart failure (I11.0), Chronic diastolic (congestive) heart failure (I50.32), Emphysema, unspecified (J43.9), Unspecified atrial fibrillation (I48.91), Spondylosis w/o myelopathy or radiculopathy, lumbar region (M47.816), Obstructive sleep apnea (adult) (pediatric) (G47.33), Polyneuropathy, unspecified (G62.9), Gastro-esophageal reflux disease without esophagitis (K21.9), Unspecified cirrhosis of liver (K74.60), Gout, unspecified (M10.9), Oth disrd of bone density and structure, unspecified site (M85.80), Irritant cntct derm d/t fecal, urinry or dual incontinence (L24.A2), Alkalosis (E87.3), Age-related osteoporosis w/o current pathological fracture (M81.0), Anemia, unspecified (D64.9), Anxiety disorder, unspecified (F41.9), Depression, unspecified (F32.A), Long term (current) use of aspirin (Z79.82), Other spondylosis with radiculopathy, lumbar region (M47.26), Chronic respiratory failure with hypoxia (J96.11), Presence of artificial knee joint, bilateral (Z96.653), Acquired absence of both cervix and uterus (Z90.710), Dependence on supplemental oxygen (Z99.81), Personal history of nicotine dependence (Z87.891), Prsnl hx of TIA (TIA), and cereb infrc w/o resid deficits (Z86.73)

Medications:

Acetaminophen - Acetaminophen Extra Strength 500 mg / 1 Tablet by mouth every 6 hours

Acetaminophen And Hydrocodone Bitartrate - Acetaminophen;

Hydrocodone Bitartrate 10-325 mg / 1 Tablet by mouth every 4 hours

Albuterol Sulfate - Albuterol Sulfate Nebulizer Solution 0.63 MG/3ML / 3mL inhalant every 6 hours

Aspirin Ec - Aspirin 81 mg / 1 Tablet by mouth once a day

ATENOLOL 50 mg / 1 Tablet by mouth once a day

Buspirone Hcl - Buspirone Hydrochloride 5 mg / 1 Tablet by mouth every 8 hours

FLUOXETINE 60 mg / 1 Tablet by mouth once a day

Greer Go Nystatin + Zinc Oxide + Hydrocortisone - topical 0

Lidocaine Patch - Lidocaine 4% topical once a day

MELATONIN 3 mg / 1 Tablet by mouth at bedtime
Multivitamins - Alpha-Tocopherol Acetate; Ascorbic Acid; Biotin;
Cholecalciferol; Cyanocobalamin; Dexpanthenol; Folic Acid; Niacinamide;
Pyridox 1 Tablet by mouth once a day
Nifedipine Er - Nifedipine 30 mg / 1 Tablet by mouth once a day
Oxygen - Oxygen 2 Liters nasal cannula as necessary
PANTOPRAZOLE 40 mg / 1 Tablet by mouth twice a day
probiotics 1 Capsule by mouth every 12 hours
Stiolto Respimat - Olodaterol Hydrochloride; Tiotropium Bromide Inhalation
Aerosol Solution 2.5-2.5 MCG/ACT / 1 puff inhalant once a day

Services Provided:

OT

PT. Throughout her treatment they have received training on transfers, bed mobility, gait sequencing over even and uneven surfaces, dynamic balance, strengthening and stair negotiation training as well as home safety, fall risk prevention, pain management, medication safety and Ed in lower extremity home exercise program. Patient demonstrated good recall of lower extremity home exercise program, improved safety measures, breathing techniques such as pursed lipped breathing. Tinetti score improved to 18/28. Pt discharged with goals met. Discharged to care of family/ self
S N

**Follow-up
Action:**

**Follow-up
Memo:**

This memo is for your records.