

FAX COVER PAGE



Date: 04/14/2026

To:

Wilbur Roese , MD

From:

HomeCentris Healthcare LLC
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284

Phone: 410-321-8448

Fax: 410-559-3002

Subject:

Form Submission

Memo:

Please review the attached document.

URGENT: Please review and respond to this fax transmission promptly.

HomeCentris Healthcare LLC memo...

Patient: Betty Otto
DOB: 10/18/1945

Subject: Discharge Summary - SN

Submitted By: Adaugo Amajioyi

Date: 04/13/2026

Agency Rep: Adaugo Amajioyi **Rep Phone:** 410-321-8448

Memo:

Admitted on: 03/14/2026

Emergency Contact: Scott, (443) 417-4613

Diagnoses:

Hypertensive heart disease with heart failure (I11.0), Chronic diastolic (congestive) heart failure (I50.32), Emphysema, unspecified (J43.9), Unspecified atrial fibrillation (I48.91), Spondylosis w/o myelopathy or radiculopathy, lumbar region (M47.816), Obstructive sleep apnea (adult) (pediatric) (G47.33), Polyneuropathy, unspecified (G62.9), Gastro-esophageal reflux disease without esophagitis (K21.9), Unspecified cirrhosis of liver (K74.60), Gout, unspecified (M10.9), Oth disrd of bone density and structure, unspecified site (M85.80), Irritant cntct derm d/t fecal, urinry or dual incontinence (L24.A2), Alkalosis (E87.3), Age-related osteoporosis w/o current pathological fracture (M81.0), Anemia, unspecified (D64.9), Anxiety disorder, unspecified (F41.9), Depression, unspecified (F32.A), Long term (current) use of aspirin (Z79.82), Other spondylosis with radiculopathy, lumbar region (M47.26), Chronic respiratory failure with hypoxia (J96.11), Presence of artificial knee joint, bilateral (Z96.653), Acquired absence of both cervix and uterus (Z90.710), Dependence on supplemental oxygen (Z99.81), Personal history of nicotine dependence (Z87.891), Prsnl hx of TIA (TIA), and cereb infrc w/o resid deficits (Z86.73)

Medications:

Acetaminophen - Acetaminophen Extra Strength 500 mg / 1 Tablet by mouth every 6 hours

Acetaminophen And Hydrocodone Bitartrate - Acetaminophen; Hydrocodone Bitartrate 10-325 mg / 1 Tablet by mouth every 4 hours

Albuterol Sulfate - Albuterol Sulfate Nebulizer Solution 0.63 MG/3ML / 3mL inhalant every 6 hours

Aspirin Ec - Aspirin 81 mg / 1 Tablet by mouth once a day

ATENOLOL 50 mg / 1 Tablet by mouth once a day

Buspirone Hcl - Buspirone Hydrochloride 5 mg / 1 Tablet by mouth every 8 hours

FLUOXETINE 60 mg / 1 Tablet by mouth once a day

Greer Go Nystatin + Zinc Oxide + Hydrocortisone - topical 0

Lidocaine Patch - Lidocaine 4% topical once a day

MELATONIN 3 mg / 1 Tablet by mouth at bedtime
Multivitamins - Alpha-Tocopherol Acetate; Ascorbic Acid; Biotin;
Cholecalciferol; Cyanocobalamin; Dexpanthenol; Folic Acid; Niacinamide;
Pyridox 1 Tablet by mouth once a day
Nifedipine Er - Nifedipine 30 mg / 1 Tablet by mouth once a day
Oxygen - Oxygen 2 Liters nasal cannula as necessary
PANTOPRAZOLE 40 mg / 1 Tablet by mouth twice a day
probiotics 1 Capsule by mouth every 12 hours
Stiolto Respimat - Olodaterol Hydrochloride; Tiotropium Bromide Inhalation
Aerosol Solution 2.5-2.5 MCG/ACT / 1 puff inhalant once a day

Services Provided:

incentive spirometer
coordinate/arrange caregiver support to prevent caregiver physical,
emotional and mental exhaustion
teach/coordinate/arrange medication packaging and/or administration
lifestyle modifications to manage cardiac condition including symptom
management, diet changes, regular exercise, getting enough sleep
lifestyle modification to manage blood condition including dietary changes
and bleeding precautions
how to maintain a diary to monitor effective and non-effective pain relief
including documenting time of pain, rating, precipitating events,
medications, treatments, and what works best to relieve pain, teach
relaxation skills and diversional activities
how to optimize mental status with cognition therapy, home safety,
optimize mobility with active and passive range of motion therapeutic
exercises, diet and fluids to optimize peripheral circulation
management of mental health condition including joining a peer group,
maintaining regular contact with mental health professional, avoiding
known stressors; controlling impulses
prevention exacerbation of anxiety condition including coping patterns,
improved concentration, strategies to reduce anxiety, identification of
anxiety precipitants, conflicts, and threats
how to keep home safe for patient with dementia, coping strategies for the
caregiver
depression-prevention strategies including avoidance of isolation, healthy
eating and sleeping habits, identification of activities that bring pleasure,
preventive care
strategies to increase caloric intake
strategies to minimize fatigue and exhaustion including work simplification,
energy conservation, lifestyle changes and diet
diet and weight-bearing exercises to promote bone healing and
strengthening, fluids to prevent constipation, home safety, pain control
teach patient how to self-administer medications as prescribed
related medication(s) purpose and schedule
how to promote optimized mobility with strength, balance, dexterity and
range-of-motion therapeutic exercises, promotion of peripheral circulation,
fluid and diet intake to promote healing and prevent constipation, use of
prescribed adaptive devices
symptoms requiring physician notification
lifestyle modifications to manage cardio-respiratory condition including
diet changes and regular exercise; strategies to control shortness of breath
and home remedies to keep lungs healthy

**Follow-up
Action:**

**Follow-up
Memo:**

This memo is for your records.