

HomeCentris Healthcare LLC memo...

Patient: Harry Kreitz
DOB: 07/17/1942

Subject: Discharge Summary - SN

Submitted By: Adaugo Amajioyi

Date: 09/17/2026

Agency Rep: Adaugo Amajioyi **Rep Phone:** 410-321-8448

Memo:

Admitted on: 08/18/2026

Emergency Contact: Jim, 443-952-0900
RUTH, 443-739-4200

Diagnoses:

Acute pain due to trauma (G89.11),Unsp injury of right shoulder and upper arm, subs encntr (S49.91XD),Unsp dementia, unsp severity, without beh/psych/mood/anx (F03.90),Encephalopathy, unspecified (G93.40),Hyperlipidemia, unspecified (E78.5),Prsnl hx of TIA (TIA), and cereb infrc w/o resid deficits (Z86.73),Long term (current) use of anticoagulants (Z79.01),Long term (current) use of aspirin (Z79.82),History of falling (Z91.81)

Medications:

Boron 1 dose by mouth twice a day
Krill 2 capsules by mouth once a day
Magnesium L-Threonate 144mg by mouth twice a day
Melatonin - Melatonin 5mg, take 1 tablet by mouth at bedtime
Menaquinone-7 1 Capsule by mouth twice a day
Multivitamin - Alpha-Tocopherol Acetate; Ascorbic Acid; Biotin; Cholecalciferol; Cyanocobalamin; Dexpantenol; Folic Acid; Niacinamide; Pyridox 2 tablets by mouth twice a day
Omega-3 - Cod Liver Oil 640mg by mouth once a day
potassium & sodium phosphates 280-160-250 mg, take 2 packets by mouth four times a day
Vitamin C - Alpha-Tocopherol Acetate; Ascorbic Acid; Biotin; Cholecalciferol; Cyanocobalamin; Dexpantenol; Folic Acid; Niacinamide; Pyridox 500mg by mouth once a day
Zinc Sulfate - Zinc Sulfate 220 (50 Zn), take 1capsule by mouth twice a day

Services Provided:

cough/deep breathing exercises
coordinate/arrange caregiver support to prevent caregiver physical, emotional and mental exhaustion
lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath

and home remedies to keep lungs healthy
how to maintain a diary to monitor effective and non-effective pain relief
including documenting time of pain, rating, precipitating events,
medications, treatments, and what works best to relieve pain, teach
relaxation skills and diversional activities
management of mental health condition including joining a peer group,
maintaining regular contact with mental health professional, avoiding
known stressors; controlling impulses
how to keep home safe for patient with dementia, coping strategies for the
caregiver
pain control, therapeutic exercises to optimize range of motion of affected
area, diet and fluids to promote healing
teach patient how to self-administer medications as prescribed
related medication(s) purpose and schedule
symptoms requiring physician notification

**Follow-up
Action:**

**Follow-up
Memo:**

This memo is for your records.