

## HOME HEALTH CERTIFICATION AND PLAN OF CARE

Order ID 1195922

| Patient Details                                                                                  |                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                             |                                |
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| Patient's HI Claim No.<br>80038976600                                                            | Start of Care Date<br>07/20/2026               | Certification Period<br>07/20/2026 - 09/17/2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Medical Record No.<br>827   | Provider No.<br>239350         |
| Patient's Name and Address<br><b>Matthew Laforet</b><br>2800 ODEN RD UNIT 9<br>ALANSON, MI 49706 |                                                | Gender<br>Male                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Date of Birth<br>02/03/1960 | Phone Number<br>(404) 281-5421 |
|                                                                                                  |                                                | Email                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                             | Primary Language               |
| Clinical Profile                                                                                 |                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                             |                                |
| Provider's Name<br><b>Evergreen Home Health</b>                                                  |                                                | Address<br>403 W Main Street Suite A1<br>Gaylord, MI 49735                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                             | Phone Number<br>989-214-1114   |
| NPI<br>1184225021                                                                                |                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                             | Fax Number<br>866-410-7843     |
| Clinical Condition Requiring Homecare:<br>J9601 - Acute respiratory failure with hypoxia         |                                                | Physician Statement on Homebound Status:<br>patient requires another person or medical equipment such as crutches, a walker, or a wheelchair to leave home                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                             |                                |
| ICD-10 CM Principal Diagnosis: J96.01. Acute respiratory failure with hypoxia                    |                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                             |                                |
| Other Pertinent Diagnoses                                                                        |                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                             |                                |
| ICD-10 CM                                                                                        | Description                                    | Medications                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                             |                                |
| B59.                                                                                             | Pneumocystosis                                 | ACYCLOVIR 400 mg Oral BID<br>ATORVASTATIN 20 mg Oral Nightly<br>NYSTATIN 100,000 units/gm topical as necessary<br>IBUPROFEN 800 mg by mouth as necessary<br>sulfamethoxazole-trimethoprim 160 mg of trimethoprim Oral QBH SCH<br>PREDNISONE 40 mg Oral Daily with dinner<br>PANTOPRAZOLE 40 mg intravenous Daily<br>Zofran - Ondansetron Hydrochloride eq 4 mg base by mouth every 4-6 hours PRN for nausea<br>Baclofen - Baclofen 5mg by mouth three times a day<br>Gabapentin - Gabapentin 400 mg by mouth three times a day<br>Oxycodone - Ibuprofen: Oxycodone Hydrochloride 5mg by mouth every 8 hours PRN for pain |                             |                                |
| C90.00                                                                                           | Multiple myeloma not having achieved remission |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                             |                                |
| G89.3                                                                                            | Neoplasm related pain (acute) (chronic)        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                             |                                |
| I49.9                                                                                            | Cardiac arrhythmia unspecified                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                             |                                |
| M54.50                                                                                           | Low back pain unspecified                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                             |                                |
| R06.02                                                                                           | Shortness of breath                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                             |                                |
| Prognosis<br>Fair                                                                                |                                                | Mental and Psychosocial Status<br>COGNITION: 0. Alert/ oriented, able to focus and shift attention, comprehends and recalls task directions independently., ANXIETY: 0. Never, SOCIAL ISOLATION: 0. Never, BEHAVIORAL ISSUES: 7. None of the above behaviors demonstrated, HISTORY OF DEPRESSION: No                                                                                                                                                                                                                                                                                                                     |                             |                                |
| Functional Limitations<br>Ambulation, Endurance                                                  |                                                | Activities Permitted<br>Up As Tolerated, Walker                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                             |                                |
| DME & Supplies<br>commode, bath bench, 4 wheeled walker                                          |                                                | Safety Measures<br>walker precautions, fall precautions, ambulates with device                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                             |                                |
| Nutrition<br>Z. NO PHYSICIAN-ORDERED DIET                                                        |                                                | Allergies<br>Iodinated Contrast Media, Shellfish Containing Products, Iodine containing food                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                             |                                |
| Laforet, Matthew   Cert Period 07/20/26 - 09/17/26                                               |                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                             |                                |

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| <b>Advance Directives</b><br>Durable power of attorney is pts wife.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Caregiver Status</b><br>1. Non-agency caregiver(s) currently provide assistance; 1. Non-agency caregiver(s) currently provide assistance                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Rehabilitation Potential</b><br>SELF-CARE: 2. Needed Some Help - Patient needed partial assistance from another person to complete any activities.,<br>MOBILITY: 2. Needed Some Help - Patient needed partial assistance from another person to complete any activities.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>DISCHARGE PLAN:</b><br>family/caregiver will be responsible for managing treatment<br>patient will be responsible for managing treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              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| <b>Orders for Discipline and Treatment:</b><br>1 - SOC - SN: SN<br><br>PT Eval<br><br>4 - Recertification                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              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| <b>SN CAREPLAN</b><br>SN frequency WK1: 1 (07/20/26-07/25/26),WK2: 1 (07/26/26-08/01/26),WK3: 1 (08/02/26-08/08/26),WK4: 1 (08/09/26-08/15/26),WK5: 1 (08/16/26-08/22/26),WK6: 1 (08/23/26-08/29/26),WK7: 1 (08/30/26-09/05/26),WK8: 1 (09/06/26-09/12/26),WK9: 1 (09/13/26-09/17/26)<br><br>PARAMETERS FOR PHYSICIAN NOTIFICATION: temperature < 94 > 101.0, heart rate < 50 > 100, respiratory rate < 12 > 20, blood pressure systolic < 90 > 150, blood pressure diastolic < 60 > 100, O2 saturation < 90 > 100, pain < 0 > 7<br><br>CAREGIVER: 1. Non-agency caregiver(s) currently provide assistance<br><br>HOSPITALIZATION RISKS: 3. Multiple hospitalizations (2 or more) in the past 6 months, 4. Multiple emergency department visits (2 or more) in the past 6 months, 8. Currently reports exhaustion<br><br>STANDING ORDERS: Home Health Clinician to provide ongoing patient and caregiver education regarding prevention of skin breakdown and pressure injuries during the home health episode as clinically indicated.; Home Health Clinician to assess fall risk and provide ongoing patient and caregiver education regarding fall prevention and home safety measures throughout the home health episode as clinically indicated.; Home Health Clinician to assess, monitor, educate, and implement non-pharmacological pain management interventions as clinically indicated throughout the home health episode. Notify physician/authorized provider of uncontrolled pain, significant changes in pain status, or adverse medication effects.; Home Health Clinician to assess, monitor, and provide patient/caregiver education regarding mood status, signs and symptoms of depression, and coping strategies throughout the home health episode. Notify physician/authorized provider of significant mood changes, safety concerns, or worsening depressive symptoms.; Home Health Clinician to implement standard and transmission-based infection control precautions as indicated and provide ongoing patient/caregiver education regarding infection prevention throughout the home health episode. Notify physician/authorized provider of suspected or confirmed infection or clinical deterioration.; Home Health Clinician to assess, review, and reinforce patient/caregiver emergency preparedness plan throughout the home health episode, recertifications and resumptions of care.; Home Health Clinician to assess patient advance directive status and provide education regarding advance care planning throughout the home health episode. Assist with identification, completion, or updating of advance directive documents as appropriate and within scope of practice.<br>Advance Directive:Durable power of attorney is pts wife.<br><br>07/20/2026 Problems : M1033 - Exhaustion<br>M1400 - Dyspnea<br>M2020 - Oral Med Management<br>dependent edema<br><br>PROCEDURES: Pressure Ulcer Education: Education on preventing pressure ulcers as well as education on dressing change of current pressure ulcer on pts back., cough/deep breathing exercises, incentive spirometer<br><br>TEACH PATIENT/CAREGIVER: * lifestyle modifications to manage respiratory condition including diet changes and regular exercise strategies to control shortness of breath home remedies to keep lungs healthy, related medication(s) purpose, schedule, * strategies to minimize fatigue and exhaustion including work simplification energy conservation lifestyle changes diet, related medication(s) purpose, schedule | <b>SN NARRATIVE</b><br>Taken to Maclaren Petoskey hospital on June 25th, transferred to henry ford on July 6th, discharged on 7/17. Pt states went into hospital due to going into chemo therapy session and O2 was at 88 and BP 96/77, decline in VS- from chemo visit they directed him to ER and they dx pneumonia.<br><br>- Patient is referred for home health after hospitalization for acute hypoxemic respiratory failure and Pneumocystis carinii pneumonia, with anticipated discharge on 07/17/2026. The home health evaluation states that he meets homebound criteria and requires Physical Therapy for strengthening.<br>- During the recent hospitalization, the patient was treated for acute hypoxemic respiratory failure, shortness of breath, multiple myeloma not having achieved remission, cancer-related pain, acute low back pain, and abnormal heart rhythm. Therapy documentation identifies thoracic and lumbar compression fractures, significant pain, lower-extremity weakness, reduced endurance, and need for assistance with mobility and self-care.<br><br>-----<br>Taken to Maclaren Petoskey hospital on June 25th, transferred to henry ford on July 6th, discharged on 7/17. Pt states went into hospital due to going into chemo therapy session and O2 was at 88 and BP 96/77, decline in VS- from chemo visit they directed him to ER and they dx pneumonia.<br><br>- Patient is referred for home health after hospitalization for acute hypoxemic respiratory failure and Pneumocystis carinii pneumonia, with anticipated discharge on 07/17/2026. The home health evaluation states that he meets homebound criteria and requires Physical Therapy for strengthening.<br>- During the recent hospitalization, the patient was treated for acute hypoxemic respiratory failure, shortness of breath, multiple myeloma not having achieved remission, cancer-related pain, acute low back pain, and abnormal heart rhythm. Therapy documentation identifies thoracic and lumbar compression fractures, significant pain, lower-extremity weakness, reduced endurance, and need for assistance with mobility and self-care.<br><br><b>SN GOALS</b><br>PATIENT-STATED GOAL: Heal pressure ulcer on back, regain strength and mobility.<br><br><b>GOALS</b><br>patient/caregiver recalls<br>* lifestyle modifications to manage respiratory condition including<br>* diet changes and regular exercise<br>* strategies to control shortness of breath<br>* home remedies to keep lungs healthy<br>* recalls related medication(s) purpose, schedule<br><br>patient/caregiver recalls<br>* strategies to minimize fatigue and exhaustion including work simplification<br>* energy conservation<br>* lifestyle changes<br>* diet<br>* recalls related medication(s) purpose, schedule |
| Laforet, Matthew   Cert Period 07/20/26 - 09/17/26                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     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| <p><b>PT CAREPLAN</b></p> <p>PT frequency WK1: 1 (07/20/26-07/25/26),WK2: 1 (07/26/26-08/01/26),WK3: 1 (08/02/26-08/08/26),WK4: 1 (08/09/26-08/15/26),WK5: 1 (08/16/26-08/22/26),WK6: 1 (08/23/26-08/29/26),WK7: 1 (08/30/26-09/05/26),WK8: 1 (09/06/26-09/12/26),WK9: 1 (09/13/26-09/17/26)</p> <p>08/25/2026 Problems : GG0130C1 - Toileting Hygiene<br/> GG0170P1 - Picking Up Object<br/> GG0170O1 - 12 Steps<br/> GG0170N1 - 4 Steps<br/> GG0170M1 - 1 - Step (curb)<br/> GG0170L1 - Walk 10 ft on Uneven Surface<br/> GG0170K1 - Walk 150 Feet<br/> GG0170J1 - Walk 50 ft with 2 Turns<br/> GG0170I1 - Walk 10 Feet<br/> GG0170G1 - Car Transfer<br/> GG0170E1 - Chair to Bed to Chair<br/> GG0170D1 - Sit to Stand<br/> GG0170F1 - Toilet Transfer<br/> GG0130E1 - Shower/Bathe Self<br/> GG0130H1 - Don/Doff Footwear<br/> GG0130G1 - Lower Body Dressing<br/> GG0130F1 - Upper Body Dressing<br/> GG0130B1 - Oral Hygiene<br/> Pain Effect on Sleep<br/> Pain Effect on Sleep<br/> Pain Interference with ADLs<br/> Pain Interference with ADLs<br/> limited strength<br/> limited endurance</p> <p>PROCEDURES: cough/deep breathing exercises, incentive spirometer, home exercise program, equipment training, work simplification/energy conservation, gait training/stair training, transfers training</p> <p>TEACH PATIENT/CAREGIVER: * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain teach relaxation skills and diversional activities, related medication(s) purpose, schedule, Toilet Transfer - 05. Setup or clean-up assistance, Walk 10 Feet - 04. Supervision or touching assistance, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Walk 150 Feet - 04. Supervision or touching assistance, 1 - Step (curb) - 04. Supervision or touching assistance, 4 Steps - 04. Supervision or touching assistance, 12 Steps - 04. Supervision or touching assistance, Picking Up Object - 04. Supervision or touching assistance, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Oral Hygiene - 03. Partial/moderate assistance, Toileting Hygiene - 06. Independent, Shower/Bathe Self - 04. Supervision or touching assistance, Upper Body Dressing - 05. Setup or clean-up assistance, Lower Body Dressing - 05. Setup or clean-up assistance, Don/Doff Footwear - 05. Setup or clean-up assistance</p> | <p><b>PT NARRATIVE</b></p> <p>Patient reports he is doing a lot better. He feels he has improved his walking tolerance and pain has been mostly resolved. He is weaning himself off of oxycodone and reports pain rating 0-1/10 today. Patient reports he feels he is ready for discharge with continued HEP compliance.</p> <p><b>PT GOALS</b></p> <p>PATIENT-STATED GOAL: Improve strength and endurance during daily mobility</p> <p>GOALS</p> <p>patient/caregiver recalls</p> <p>* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain</p> <p>* teach relaxation skills and diversional activities</p> <p>* recalls related medication(s) purpose, schedule</p> <p>Oral Hygiene - 03. Partial/moderate assistance</p> <p>Toileting Hygiene - 06. Independent</p> <p>Shower/Bathe Self - 04. Supervision or touching assistance</p> <p>Upper Body Dressing - 05. Setup or clean-up assistance</p> <p>Lower Body Dressing - 05. Setup or clean-up assistance</p> <p>Don/Doff Footwear - 05. Setup or clean-up assistance</p> <p>Walk 50 ft with 2 Turns - 04. Supervision or touching assistance</p> <p>Walk 150 Feet - 04. Supervision or touching assistance</p> <p>4 Steps - 04. Supervision or touching assistance</p> <p>12 Steps - 04. Supervision or touching assistance</p> <p>Picking Up Object - 04. Supervision or touching assistance</p> <p>Toilet Transfer - 05. Setup or clean-up assistance</p> <p>Walk 10 Feet - 04. Supervision or touching assistance</p> <p>1 - Step (curb) - 04. Supervision or touching assistance</p> <p>Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance</p> |
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| <p><b>Signature and Date of Verbal SOC Where Applicable:</b></p> <p>Electronically signed by: SAMANTHA LUBELAN RN SN on 07/20/2026</p>                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                           |
| <p>I certify/recertify that this patient is confined to his/her home and needs intermittent skilled nursing care, physical therapy and/or speech therapy or continues to need occupational therapy. This patient is under my care, and I have authorized the services on this plan of care and I or another physician will periodically review this plan. I attest that a valid face-to-face encounter occurred (or will occur) within timeframe requirements and it is related to the primary reason the patient requires home health services.</p> <p>F2F date: 07/16/2026</p> | <p>Anyone who misrepresents, falsifies, or conceals essential information required for payment of Federal funds may be subject to fine, imprisonment, or civil penalty under applicable Federal laws.</p> |
| <p><b>Certifying Physician or Allowed Practitioner Name and Address</b> <b>ERIC BASMAJI</b><br/> 416 CONNABLE AVENUE<br/> NORTHERN MICHIGAN REGIONAL HOSPITAL<br/> PETOSKEY, MI 49770<br/> NPI 1497745061</p>                                                                                                                                                                                                                                                                                                                                                                    | <p><b>Phone Number</b> (231) 487-4000</p> <p><b>Fax Number</b> 12313483184</p>                                                                                                                            |
| <p><b>Physician's Signature and Date Signed</b></p> <p><b>X</b></p> <p><b>ERIC BASMAJI, MD</b><br/> 07/16/2026: Date of physician last face-to-face</p>                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                           |
| <p>Laforet, Matthew   Cert Period 07/20/26 - 09/17/26</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                           |