

Medical Update for Preston Perkins DOB: 09/22/1958

Date Order Created: 09/15/2026

Order ID: 1150/21983

Agency Assigned Id: 29778

Certification Period: 09/01/2026 to 10/30/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
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Orders:

Authorization changes of PT skill Total Visits: 7 and Visit Freq: WK2: 1 (09/06/26-09/12/26),WK3: 2 (09/13/26-09/19/26),WK4: 1 (09/20/26-09/26/26),WK5: 1 (09/27/26-10/03/26),WK6: 1 (10/04/26-10/10/26),WK7: 1 (10/11/26-10/17/26)

09/09/2026 Problems : GG0170O1 - 12 Steps

GG0130F1 - Upper Body Dressing

GG0130A1 - Eating

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130E1 - Shower/Bathe Self

GG0130C1 - Toileting Hygiene

GG0130B1 - Oral Hygiene

GG0170E1 - Chair to Bed to Chair

GG0170P1 - Picking Up Object

M1400 - Dyspnea

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170F1 - Toilet Transfer

GG0170D1 - Sit to Stand

09/09/2026 patient_goal: Evaluation only , Target Date: 10/30/2026, per pt and staff to improve his walking and balance and get back to his day program, Target Date: 10/30/2026,

09/08/2026 procedure: coordinate/arrange caregiver support to prevent caregiver physical, emotional and mental exhaustion, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: , medication management, Notes: review medications with caregiver, home exercise program, Notes: knee extension, standing hip abduction, hip flexion, hamstring curls, hip extension, heel and toe raises as tolerated 2-3x10, dynamic balance, Notes: training on high level balance exercises to improve pts reaction time and use of hip ankle step strategies,

09/08/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 10/30/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 10/30/2026, therapeutic exercises, Target Date: 10/30/2026, therapeutic modalities, Target Date: 10/30/2026, balance training, Target Date: 10/30/2026, equipment training, Target Date: 10/30/2026, gait training, Target Date: 10/30/2026, work simplification/energy conservation, Target Date:

10/30/2026, transfer training, Target Date: 10/30/2026, related medication(s) purpose and schedule, Target Date: 10/30/2026, symptoms requiring physician notification, Target Date: 10/30/2026, therapeutic exercises, Target Date: 10/30/2026, therapeutic modalities, Target Date: 10/30/2026, wheelchair training, Target Date: 10/30/2026, balance training, Target Date: 10/30/2026, equipment training, Target Date: 10/30/2026, gait training, Target Date: 10/30/2026, transfer training, Target Date: 10/30/2026,

09/08/2026 goal: patient self-administers medications as prescribed

* recalls related medication(s) purpose, schedule, Target Date: 10/30/2026: DISCONTINUED, patient/caregiver recalls

* lifestyle modifications to manage respiratory condition including

* diet changes and regular exercise

* strategies to control shortness of breath

* home remedies to keep lungs healthy

* recalls related medication(s) purpose, schedule, Target Date: 10/30/2026, Sit to Stand - 05. Setup or clean-up assistance, Target Date: 10/30/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 10/30/2026, Toilet Transfer - 06. Independent, Target Date: 10/30/2026, Walk 10 Feet - 05. Setup or clean-up assistance, Target Date: 10/30/2026, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 10/30/2026, Walk 150 Feet - 05. Setup or clean-up assistance, Target Date: 10/30/2026, Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance, Target Date: 10/30/2026, 1 - Step (curb) - 05. Setup or clean-up assistance, Target Date: 10/30/2026, 4 Steps - 05. Setup or clean-up assistance, Target Date: 10/30/2026, 12 Steps - 05. Setup or clean-up assistance, Target Date: 10/30/2026, Picking Up Object - 05. Setup or clean-up assistance, Target Date: 10/30/2026, Car Transfer - 05. Setup or clean-up assistance, Target Date: 10/30/2026, Oral Hygiene - 06. Independent, Target Date: 10/30/2026, Toileting Hygiene - 06. Independent, Target Date: 10/30/2026, Shower/Bathe Self - 03. Partial/moderate assistance, Target Date: 10/30/2026, Lower Body Dressing - 06. Independent, Target Date: 10/30/2026, Don/Doff Footwear - 06. Independent, Target Date: 10/30/2026, Eating - 06. Independent, Target Date: 10/30/2026, Upper Body Dressing - 06. Independent, Target Date: 10/30/2026, Sit to Stand - 06. Independent, Target Date: 10/30/2026, Chair to Bed to Chair - 06. Independent, Target Date: 10/30/2026, Toilet Transfer - 06. Independent, Target Date: 10/30/2026, Car Transfer - 06. Independent, Target Date: 10/30/2026, Walk 10 Feet - 06. Independent, Target Date: 10/30/2026, Walk 50 ft with 2 Turns - 06. Independent, Target Date: 10/30/2026, Walk 150 Feet - 06. Independent, Target Date: 10/30/2026, Walk 10 ft on Uneven Surface - 06. Independent, Target Date: 10/30/2026, 1 - Step (curb) - 06. Independent, Target Date: 10/30/2026, 4 Steps - 06. Independent, Target Date: 10/30/2026, Picking Up Object - 06. Independent, Target Date: 10/30/2026,

09/08/2026 discharge_plan: patient will be responsible for managing treatment, Target Date:

10/30/2026, family/caregiver will be responsible for managing treatment, Target Date: 10/30/2026,

12 Steps - 06. Independent, Target Date: 10/30/2026 (unable to achieve)

09/10/2026 Medications: Flomax - Tamsulosin Hydrochloride 0.4 mg Take 1 tablet by mouth in the evening BPH

Senna - Senna 8.6mg, take 2 tablets by mouth in the evening Constipation

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles

Date 09/15/2026