

Medical Update for Anthony Payton DOB: 03/03/1944

Date Order Created: 09/15/2026

Order ID: 1150/21982

Agency Assigned Id: 29723

Certification Period: 08/28/2026 to 10/26/2026

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Orders:

Authorization changes of PT skill Total Visits: 4 and Visit Freq: WK2: 1 (08/30/26-09/05/26),WK4: 1 (09/13/26-09/19/26),WK6: 1 (09/27/26-10/03/26),WK8: 1 (10/11/26-10/17/26)
Authorization changes of OT skill Total Visits: 5 and Visit Freq: WK1: 1 (08/28/26-08/29/26),WK2: 1 (08/30/26-09/05/26),WK4: 1 (09/13/26-09/19/26),WK5: 1 (09/20/26-09/26/26),WK6: 1 (09/27/26-10/03/26)

09/03/2026 Problems : GG0170K1 - Walk 150 Feet

GG0130A1 - Eating

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170E1 - Chair to Bed to Chair

GG0170G1 - Car Transfer

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

Pain Effect on Sleep

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

GG0170F1 - Toilet Transfer

GG0170D1 - Sit to Stand

M1400 - Dyspnea

Pain Interference with ADLs

Pain Interference with Therapy activities

09/03/2026 patient_goal: To be able to walk without help, Target Date: 10/26/2026,

09/03/2026 procedure: home exercise program, Notes: Review HEP: seated knee ext, hip flex, hip abd, quad sets, gluteal squeezes, ankle pumps at least 1x10. Once tolerated, upgrade to standing heel/ toe raises, knee flex, hip flex, hip abd at least 1x10 with UE support as needed. Upgrade as tolerated, Medication Review, Notes: - medications reviewed with patient/caregiver, wound vacuum, Notes: , physician-ordered wound care: #1 - Abrasion - Other - Below left knee -, Notes: , cough/deep breathing exercises, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

09/03/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 10/26/2026, therapeutic exercises, Target Date: 10/26/2026, therapeutic modalities, Target Date: 10/26/2026, balance training, Target Date: 10/26/2026, equipment training, Target Date: 10/26/2026, gait training, Target Date: 10/26/2026, transfer training, Target Date: 10/26/2026, how to achieve wound healing including cleaning and dressing wound, position changes, skin care, diet modification and preventing pressure ulcer recurrence, record wound measurements, Target Date: 10/26/2026,

09/03/2026 goal: patient/caregiver recalls

* lifestyle modifications to manage respiratory condition including

* diet changes and regular exercise
* strategies to control shortness of breath
* home remedies to keep lungs healthy
* recalls related medication(s) purpose, schedule, Target Date: 10/26/2026: DISCONTINUED, patient/caregiver recalls
* how to achieve wound healing including cleaning and dressing wound
* position changes
* skin care
* diet modification
* record wound measurements
* recalls related medication(s) purpose, schedule, Target Date: 10/26/2026, patient/caregiver recalls
* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation skills and diversional activities
* recalls related medication(s) purpose, schedule, Target Date: 10/26/2026, Sit to Stand - 05. Setup or clean-up assistance, Target Date: 10/26/2026: DISCONTINUED, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 10/26/2026: DISCONTINUED, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 10/26/2026: DISCONTINUED, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 10/26/2026, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 10/26/2026, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 10/26/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 10/26/2026, 4 Steps - 04. Supervision or touching assistance, Target Date: 10/26/2026, 12 Steps - 04. Supervision or touching assistance, Target Date: 10/26/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 10/26/2026, Car Transfer - 05. Setup or clean-up assistance, Target Date: 10/26/2026, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 10/26/2026,

09/03/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 10/26/2026,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 09/15/2026