

Medical Update for Gloria Freeman DOB: 02/17/1947

Date Order Created: 07/24/2026

Order ID: 1150/20665

Agency Assigned Id: 28001

Certification Period: 07/11/2026 to 09/08/2026

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Orders:

07/21/2026 Problems : GG0170P1 - Picking Up Object

GG0130A1 - Eating

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

GG0130E1 - Shower/Bathe Self

GG0130C1 - Toileting Hygiene

GG0130B1 - Oral Hygiene

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170E1 - Chair to Bed to Chair

GG0170G1 - Car Transfer

Pain Effect on Sleep

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

GG0170F1 - Toilet Transfer

GG0170D1 - Sit to Stand

M1400

Pain Interference with ADLs

07/21/2026 patient_goal: To be able to walk, Target Date: 09/08/2026,

07/21/2026 procedure: cough/deep breathing exercises, Notes: , Patient/caregiver recalls related purpose and schedule of medications, Notes: Medication Review, Functional ambulation , Notes: Using platform waker, Transfer training, Notes: Sit to stand and toilet transfers, therapeutic exercises, Notes: Bilateral rom exercises of both shoulders. Rom of right wrist when allowed by the doctor, gait training/stair training, Notes: , transfers training, Notes: ,

07/21/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 09/08/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 09/08/2026, therapeutic exercises, Target Date: 09/08/2026, therapeutic modalities, Target Date: 09/08/2026, equipment training, Target Date: 09/08/2026, work simplification/energy conservation, Target Date: 09/08/2026, related medication(s) purpose and schedule, Target Date: 09/08/2026, symptoms requiring physician notification, Target Date: 09/08/2026,

07/21/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath

* home remedies to keep lungs healthy
* recalls related medication(s) purpose, schedule, Target Date: 09/08/2026, patient/caregiver recalls
* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation skills and diversional activities
* recalls related medication(s) purpose, schedule, Target Date: 09/08/2026, Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 09/08/2026, Toileting Hygiene - 06. Independent, Target Date: 09/08/2026, Shower/Bathe Self - 04. Supervision or touching assistance, Target Date: 09/08/2026, Upper Body Dressing - 05. Setup or clean-up assistance, Target Date: 09/08/2026, Lower Body Dressing - 03. Partial/moderate assistance, Target Date: 09/08/2026, Don/Doff Footwear - 03. Partial/moderate assistance, Target Date: 09/08/2026, Eating - 05. Setup or clean-up assistance, Target Date: 09/08/2026, Sit to Stand - 05. Setup or clean-up assistance, Target Date: 09/08/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 09/08/2026, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 09/08/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 09/08/2026, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 09/08/2026, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 09/08/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 09/08/2026, Car Transfer - 05. Setup or clean-up assistance, Target Date: 09/08/2026, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 09/08/2026,

07/21/2026 discharge_plan: another facility/provider will be responsible for managing treatment, Target Date: 09/08/2026,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 09/14/2026