

Medical Update for Cynthia Samuels DOB: 04/20/1972

Date Order Created: 09/10/2026

Order ID: 1150/21845

Agency Assigned Id: 29433

Certification Period: 08/25/2026 to 10/23/2026

HomeCentris Healthcare LLC 217058
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Orders:

Authorization changes of PT skill Total Visits: 9 and Visit Freq: WK1: 1 (08/25/26-08/29/26),WK3: 2 (09/06/26-09/12/26),WK4: 2 (09/13/26-09/19/26),WK5: 1 (09/20/26-09/26/26),WK6: 1 (09/27/26-10/03/26),WK7: 1 (10/04/26-10/10/26),WK8: 1 (10/11/26-10/17/26)
Authorization changes of OT skill Total Visits: 1 and Visit Freq: WK2: 1 (08/30/26-09/05/26)

09/09/2026 Problems : GG0170N1 - 4 Steps
GG0130F1 - Upper Body Dressing
GG0130A1 - Eating
GG0130H1 - Don/Doff Footwear
GG0130G1 - Lower Body Dressing
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130B1 - Oral Hygiene
GG0170E1 - Chair to Bed to Chair
GG0170L1 - Walk 10 ft on Uneven Surface
GG0170P1 - Picking Up Object
GG0170O1 - 12 Steps
Pain Effect on Sleep
GG0170M1 - 1 - Step (curb)
GG0170K1 - Walk 150 Feet
GG0170J1 - Walk 50 ft with 2 Turns
GG0170I1 - Walk 10 Feet
GG0170G1 - Car Transfer
GG0170F1 - Toilet Transfer
GG0170D1 - Sit to Stand
M1400 - Dyspnea
Pain Interference with ADLs
Pain Interference with Therapy activities

09/09/2026 patient_goal: Evaluation only, Target Date: 10/23/2026,

09/09/2026 procedure: gait training/stair training, Notes: , transfers training, Notes: ,

09/09/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 10/23/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 10/23/2026, therapeutic exercises, Target Date: 10/23/2026, therapeutic modalities, Target Date: 10/23/2026, equipment training, Target Date: 10/23/2026, work simplification/energy conservation, Target Date: 10/23/2026, related medication(s) purpose and schedule, Target Date: 10/23/2026, symptoms requiring physician notification, Target Date: 10/23/2026,

09/09/2026 goal: patient/caregiver recalls

* lifestyle modifications to manage respiratory condition including
* diet changes and regular exercise
* strategies to control shortness of breath
* home remedies to keep lungs healthy
* recalls related medication(s) purpose, schedule, Target Date: 10/23/2026, patient/caregiver recalls
* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation skills and diversional activities
* recalls related medication(s) purpose, schedule, Target Date: 10/23/2026, Oral Hygiene - 06. Independent, Target Date: 10/23/2026, Toileting Hygiene - 06. Independent, Target Date: 10/23/2026, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 10/23/2026, Lower Body Dressing - 06. Independent, Target Date: 10/23/2026, Don/Doff Footwear - 06. Independent, Target Date: 10/23/2026, Eating - 06. Independent, Target Date: 10/23/2026, Upper Body Dressing - 06. Independent, Target Date: 10/23/2026, Sit to Stand - 06. Independent, Target Date: 10/23/2026, Chair to Bed to Chair - 06. Independent, Target Date: 10/23/2026, Toilet Transfer - 06. Independent, Target Date: 10/23/2026, Car Transfer - 06. Independent, Target Date: 10/23/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 10/23/2026, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 10/23/2026, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 10/23/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 10/23/2026, 4 Steps - 04. Supervision or touching assistance, Target Date: 10/23/2026, 12 Steps - 04. Supervision or touching assistance, Target Date: 10/23/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 10/23/2026, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 10/23/2026,

09/09/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 10/23/2026,

Nkechinyerem Eseonu Ewoh
7070 Samuel Morse Dr

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Tele: FAX:

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 09/10/2026