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Signature of Physician:	Date PAGE 2 of 4
Optional Name/Signature of Nurse/Therapist: Electronically Signed by Messick, Charles RN	Date 08/29/2026

Home Health Certification and Plan of Care				Order ID: 1150/21754
1. Patient's HI claim No. 83195263	2. Start Of Care Date 08/29/2026	3. Certification Period From: 08/29/2026 To: 10/27/2026	4. Medical Record No. 29752	5. Provider No. 217058
6. Patient's Name and Address Stephanie Percy 152 N LUZERENE AVE, BALTIMORE, MD 21224- 410-563-3762		7. Provider's Name, Address and Telephone Number HomeCentris Healthcare LLC 10 Crossroads Drive, Suite 102 Owings Mills, MD 21117-8284 410-321-8448 1487113239		
M2102d - Caregiver Performs Treatment M2102f - Patient Supervision PROCEDURES: cough/deep breathing exercises, incentive spirometer, train caregiver(s) to perform medical/rehabilitation treatments, glucose testing via monitor, coordinate/arrange for adequate patient supervision, venipuncture: Skilled nursing lab work, chemistry, magnesium, phosphate every week x2. Please send results to Referred By Provider: GEBREWOLD, HIRUT A (M.D.) Address: 7601 OSLER DR Phone: 410-427-5449 NPI: 1619900149, venipuncture: Skilled nursing lab work, chemistry, magnesium, phosphate every week x2. Please send results to Referred By Provider: GEBREWOLD, HIRUT A (M.D.) Address: 7601 OSLER DR Phone: 410-427-5449 NPI: 1619900149 ICD10 codes: 276.1 (ICD-9-CM) - E87.1 (ICD-10-CM) - HYPONATREMIA Percy, Stephanie (MRN 83195263) Printed by Hayes, Donna L [1236722] at 8/28/2026 10:48 AM Percy, Stephanie (MRN 83195263) 250.60, 357.2 (ICD-9-CM) - E11.40 (ICD-10-CM) - DM 2 W UNSPECIFIED NEUROPATHY N18.31 (ICD-10-CM) - CHRONIC KIDNEY DISEASE STAGE 3A 275.2 (ICD-9-CM) - E83.42 (ICD-10-CM) - HYPOMAGNESEMIA 401.9 (ICD-9-CM) - I10 (ICD-10-CM) - HTN (HYPERTENSION) 799.3 (ICD-9-CM) - R53.81 (ICD-10-CM) - DECONDITIONING TEACH PATIENT/CAREGIVER: * lifestyle modifications to manage respiratory condition including diet changes and regular exercise strategies to control shortness of breath home remedies to keep lungs healthy, related medication(s) purpose, schedule, * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain teach relaxation skills and diversional activities, related medication(s) purpose, schedule, * strategies to minimize fatigue and exhaustion including work simplification energy conservation lifestyle changes diet, related medication(s) purpose, schedule, patient self-administers medications as prescribed, related medication(s) purpose, schedule, patient is adequately supervised, caregiver performs medical/rehabilitation treatments with adequate competence				
PT Careplans PT frequency WK2: 1 (08/30/26-09/05/26) ,WK3: 1 (09/06/26-09/12/26) ,WK4: 1 (09/13/26-09/19/26) ,WK5: 1 (09/20/26-09/26/26) ,WK6: 1 (09/27/26-10/03/26) ,WK7: 1 (10/04/26-10/10/26) 09/04/2026 Problems : GG0170D1 - Sit to Stand GG0170F1 - Toilet Transfer GG0170G1 - Car Transfer GG0170I1 - Walk 10 Feet GG0170J1 - Walk 50 ft with 2 Turns GG0170K1 - Walk 150 Feet GG0170M1 - 1 - Step (curb) GG0170N1 - 4 Steps GG0170O1 - 12 Steps GG0170P1 - Picking Up Object GG0170L1 - Walk 10 ft on Uneven Surface GG0170E1 - Chair to Bed to Chair PROCEDURES: Dynamic and static standing activities : Side stepping, tandem gait, home exercise program: Supine hip flexion, bridging, hooklying rotation, straight leg raise, hip abduction. Standing knee flexion, hip abduction, hip extension, plantarflexion, squats. Sitting knee extension, ankle pumps, gait training/stair training, transfers training TEACH PATIENT/CAREGIVER: Sit to Stand - 06. Independent, Chair to Bed to Chair - 06. Independent, Toilet Transfer - 06. Independent, Car Transfer - 06. Independent, Walk 10 Feet - 04. Supervision or touching assistance, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Walk 150 Feet - 04. Supervision or touching assistance, 1 - Step (curb) - 04. Supervision or touching assistance, 4 Steps - 04. Supervision or touching assistance, 12 Steps - 04. Supervision or touching assistance, Picking Up Object - 04. Supervision or touching assistance, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance		PT Goals PATIENT-STATD GOAL: Go outside and get on bus to ride to church GOALS Chair to Bed to Chair - 06. Independent Toilet Transfer - 06. Independent Sit to Stand - 06. Independent Car Transfer - 06. Independent Walk 10 Feet - 04. Supervision or touching assistance Walk 50 ft with 2 Turns - 04. Supervision or touching assistance Walk 150 Feet - 04. Supervision or touching assistance 1 - Step (curb) - 04. Supervision or touching assistance 4 Steps - 04. Supervision or touching assistance 12 Steps - 04. Supervision or touching assistance Picking Up Object - 04. Supervision or touching assistance Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance		
OT Careplans OT frequency WK2: 1 (08/30/26-09/05/26) ,WK4: 1 (09/13/26-09/19/26) ,WK6: 1 (09/27/26-10/03/26) ,WK8: 1 (10/11/26-10/17/26) ,WK10: 1 (10/25/26-10/27/26) 09/04/2026 Problems : Pain Interference with ADLs M1400 - Dyspnea GG0130B1 - Oral Hygiene GG0130C1 - Toileting Hygiene GG0130E1 - Shower/Bathe Self GG0130G1 - Lower Body Dressing GG0130H1 - Don/Doff Footwear GG0130A1 - Eating GG0130F1 - Upper Body Dressing PROCEDURES: Medication Review : Medication reviewed with patient with all medications in the home, home exercise program: Bilateral UE triceps extensions, biceps curls, armchair press-ups 2-3 sets 8-12 reps, equipment training, work simplification/energy conservation, transfers training: Skilled OT, assist with bathing: Skilled OT, assist with		OT Goals PATIENT-STATD GOAL: Get out of the house GOALS Shower/Bathe Self - 05. Setup or clean-up assistance patient/caregiver recalls * lifestyle modifications to manage respiratory condition including * diet changes and regular exercise * strategies to control shortness of breath * home remedies to keep lungs healthy * recalls related medication(s) purpose, schedule patient/caregiver recalls * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain * teach relaxation skills and diversional activities * recalls related medication(s) purpose, schedule		
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lower body dressing: Skilled OT, assist with upper body dressing: Skilled OT TEACH PATIENT/CAREGIVER: * lifestyle modifications to manage respiratory condition including diet changes and regular exercise strategies to control shortness of breath home remedies to keep lungs healthy, related medication(s) purpose, schedule, * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain teach relaxation skills and diversional activities, related medication(s) purpose, schedule, Oral Hygiene - 06. Independent, Toileting Hygiene - 06. Independent, Shower/Bathe Self - 05. Setup or clean-up assistance, Lower Body Dressing - 06. Independent, Don/Doff Footwear - 06. Independent, Eating - 06. Independent, Upper Body Dressing - 06. Independent		Oral Hygiene - 06. Independent Toileting Hygiene - 06. Independent Lower Body Dressing - 06. Independent Don/Doff Footwear - 06. Independent Eating - 06. Independent Upper Body Dressing - 06. Independent		

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