

Home Health Certification and Plan of Care				Order ID: 179/13538	
1. Patient s HI claim No.		2. Start Of Care Date		3. Certification Period	
1EG4TE5MK73		01/01/2026		From: 01/01/2026 To: 03/01/2026	
				4. Medical Record No.	
				7958	
				5. Provider No.	
				242353	
6. Patient's Name and Address				7. Provider's Name, Address and Telephone Number	
Marah Pearson				Home Health Cares	
6910 Marsue Drive Apt 1A,				579# EAST MARKET@STREETS	
TOWSON, MD 21204				HARRISONBURG, VA 22801-1234	
667-352-9484				540-433-7146	
				1234567891	
8. DOB 06/14/1967				9. Sex Male	
				10. Medications: Dose/Frequency/Route (N)ew (C)hanged	
				Actoplus - Metformin Hydrochloride: Pioglitazone Hydrochloride 1 tablet by mouth before meal	
11. ICD		Principal Diagnosis		Date	
E11.41		Type 2 diabetes mellitus with diabetic mononeuropathy		01/01/26	
13. ICD		Other Pertinent Diagnoses		Date	
14. DME and Supplies:				15. Safety Measures:	
None of the above				None of the above	
16. Nutrition:				17. Allergies:	
1800cal ADA				no known allergies	
18.A. Functional Limitations				18.B. Activities Permitted	
None of the above				None of the above	
19. Mental & COGNITION: 0. Alert/ oriented, able to focus and shift attention, comprehends and recalls task directions independently., ANXIETY: 0. Never, SOCIAL ISOLATION: 0. Pyschosocial Status: Never, BEHAVIORAL ISSUES: 7. None of the above behaviors demonstrated, HISTORY OF DEPRESSION: No					
20. Prognosis: good					
22. A Rehabilitation Potential:				22.B.Discharge Plans	
SELF-CARE: 3. Independent - Patient completed all the activities by him/herself, with or without an assistive device, with no assistance from a helper., MOBILITY: 3. Independent - Patient completed all the activities by him/herself, with or without an assistive device, with no assistance from a helper.				patient will be responsible for managing treatment	
Homebound status: PLACEHOLDER					
Clinical Condition Requiring Homecare: Dementia					
SN Careplans				SN Goals	
SN WK1: 1 (01/01/26-01/03/26) ,WK2: 1 (01/04/26-01/10/26) ,WK10: 1 (03/01/26-03/01/26)				PATIENT-STATED GOAL: Move Independently	
PARAMETERS FOR PHYSICIAN NOTIFICATION: temperature < 95 > 100, heart rate < 50 > 110, respiratory rate < 8 > 22, blood pressure systolic < 90 > 169, blood pressure diastolic < 60 > 100, O2 saturation < 88 > 101, pain < 0 > 0				GOALS	
CAREGIVER: 0. No assistance needed - patient is independent or does not have needs in this area				patient/caregiver recalls	
HOSPITALIZATION RISKS: 10. None of the above				* lifestyle modifications to manage respiratory condition including	
STANDING ORDERS: infection control: hygiene, proper hand washing; advance directive: plan if patient is unable to make healthcare decisions ; fall precautions: wear sensible shoes, remove home hazards, living space adequately lit, assistive devices prn; emergency preparedness: plan for prn evacuation, resumption of home health visits				* diet changes and regular exercise	
Advance Directive:No Advance Directive				* strategies to control shortness of breath	
04/17/2026 Problems : M1400 - Dyspnea				* home remedies to keep lungs healthy	
M2020 - Oral Med Management				* recalls related medication(s) purpose, schedule	
bleeding/painful gums				patient self-administers medications as prescribed	
meal preparation				* recalls related medication(s) purpose, schedule	
PROCEDURES: cough/deep breathing exercises, incentive spirometer, coordinate/arrange preparation of missing meals					
TEACH PATIENT/CAREGIVER: * lifestyle modifications to manage respiratory condition including diet changes and regular exercise strategies to control shortness of breath home remedies to keep lungs healthy, related medication(s) purpose, schedule, patient self-administers medications as prescribed, related medication(s) purpose, schedule					

23. Signature and Date of Verbal SOC Where Applicable: Electronically Signed by Aquino, EmyAnne LPN/LVN on 03/01/2026		25. Date HHA Received Signed POT	
24. Physician's Name and Address Dr. John Doe 3932 Wesley Chapel, FL 33543 PHONE: 333-510-5044 FAX: 12072219995 NPI: 1801093968		26. I certify/recertify that this patient is confined to his/her home and needs intermittent skilled nursing care, physical therapy and/or speech therapy or continues to need occupational therapy. The patient is under my care, and I have authorized the services on this plan of care and will periodically review the plan. F2F date :	
27. Attending Physician's Signature and Date Signed : Date of physician last face-to-face		28. Anyone who misrepresents, falsifies, or conceals essential information required for payment of Federal funds may be subject to fine, imprisonment, or civil penalty under applicable Federal laws.	
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Signature of Physician:		Date	
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Optional Name/Signature of Nurse/Therapist: Electronically Signed by Aquino, EmyAnne LPN/LVN on 03/01/2026		Date	