Medical Update for NORMAN PESONEN DOB: 05/02/1935

Date Order Created: 08/20/2026

Order ID: 1195/718

Agency Assigned Id: 691

Certification Period: 07/26/2026 to 09/23/2026

Evergreen Home Health 239350
403 W Main Street Suite A1
Gaylord, MI 49735-1887
PHONE 989-214-1114 FAX

Orders:
07/23/2026 Problems : Parkinsonism, unspecified (G20.C)
Weakness (R53.1)
Repeated falls (R29.6)
Essential (primary) hypertension (I10.)
Bronchiectasis, uncomplicated (J47.9)
Benign prostatic hyperplasia with lower urinary tract symp (N40.1)
Hyperlipidemia, unspecified (E78.5)
Spondylosis w/o myelopathy or radiculopathy, lumbar region (M47.816)
Thrombocytopenia, unspecified (D69.6)
dependent edema
swelling in the arms/legs
coughing
limited strength
muscle weakness
limited endurance
M2102d - Caregiver Performs Treatment

08/20/2026 parameters for physician notification: temperature < 94 > 101.0, heart rate < 50 > 100, respiratory rate < 12 > 20, blood pressure systolic < 90 > 150, blood pressure diastolic < 60 > 100, O2 saturation < 90 > 100, pain < 0 > 7

07/15/2026 patient_goal: Get stronger and prevent further falls, Target Date: 09/23/2026, Goal 1, Target Date: 09/23/2026,

07/23/2026 procedure: train caregiver(s) to perform medical/rehabilitation treatments, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: , Manual Therapy, Notes: Manual therapy may include manually resisted or assisted range of motion to the joints of the right or left lower extremity; manual muscle stretching to decrease muscular tension and improve range of motion for improved transfers in and out of vehicle., home exercise program, Notes: Adding new HEP procedure with details: DISCONTINUED, home exercise program, Notes: Therapist to instruct seated, standing and/or reclined home exercises including but not limited to any or all of the following as tolerated: active or band resisted/assisted ankle pumps, circumduction, hip flexion, adduction, and/or abduction, range of motion for Lower extremity joints of knees, hips, and/or ankle/foot. Core strengthening; neuromuscular education. Written home exercises provided and program may be modified and/or progressed as tolerated.,

07/15/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 09/23/2026, how to take the patient's blood pressure and record the reading, Target Date: 09/23/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 09/23/2026, how to optimize mental status with cognition therapy, home safety, optimize mobility with active and passive range of motion therapeutic exercises, diet and fluids to optimize peripheral

circulation, Target Date: 09/23/2026, how to manage complications of immobility including skin care, strength, balance, dexterity and range-of-motion therapeutic exercises, promotion of peripheral circulation, fluid and diet intake to promote healing and prevent constipation, use of prescribe, Target Date: 09/23/2026, incorporate lifestyle modifications to optimize genito-urinary condition including diet & exercise & home remedies, Target Date: 09/23/2026, strategies to minimize fatigue and exhaustion including work simplification, energy conservation, lifestyle changes and diet, Target Date: 09/23/2026, teach patient how to self-administer medications as prescribed, Target Date: 09/23/2026, related medication(s) purpose and schedule, Target Date: 09/23/2026, symptoms requiring physician notification, Target Date: 09/23/2026, lifestyle modification to manage blood condition including dietary changes and bleeding precautions, Target Date: 09/23/2026, low cholesterol dietary guidelines, Target Date: 09/23/2026, how to promote optimized mobility with strength, balance, dexterity and range-of-motion therapeutic exercises, promotion of peripheral circulation, fluid and diet intake to promote healing and prevent constipation, use of prescribed adaptive devices, Target Date: 09/23/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 09/23/2026, therapeutic exercises, Target Date: 09/23/2026, therapeutic modalities, Target Date: 09/23/2026, balance training, Target Date: 09/23/2026, equipment training, Target Date: 09/23/2026, gait training, Target Date: 09/23/2026, work simplification/energy conservation, Target Date: 09/23/2026, transfer training, Target Date: 09/23/2026, related medication(s) purpose and schedule, Target Date: 09/23/2026, symptoms requiring physician notification, Target Date: 09/23/2026,

07/15/2026 goal: patient/caregiver recalls
** lifestyle modifications to manage respiratory condition including*
** diet changes and regular exercise*
** strategies to control shortness of breath*
** home remedies to keep lungs healthy*
** recalls related medication(s) purpose, schedule, Target Date: 09/23/2026, patient/caregiver recalls*
** strategies to minimize fatigue and exhaustion including work simplification*
** energy conservation*
** lifestyle changes*
** diet*
** recalls related medication(s) purpose, schedule, Target Date: 09/23/2026, patient has access to rent/utility assistance considering inability to pay, Target Date: 09/23/2026, patient is adequately supervised, Target Date: 09/23/2026, caregiver administers and/or packages medications appropriately, Target Date: 09/23/2026, caregiver performs medical/rehabilitation treatments with adequate competence, Target Date: 09/23/2026, Sit to Stand - 05. Setup or clean-up assistance, Target Date: 09/23/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 09/23/2026: DISCONTINUED, Toilet Transfer - 06. Independent, Target Date: 09/23/2026: DISCONTINUED, Walk 10 Feet - 05. Setup or clean-up assistance, Target Date: 09/23/2026: DISCONTINUED, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 09/23/2026: DISCONTINUED, Walk 150 Feet - 05. Setup or clean-up assistance, Target Date: 09/23/2026: DISCONTINUED, Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance, Target Date: 09/23/2026, 1 - Step (curb) - 05. Setup or clean-up assistance, Target Date: 09/23/2026, 4 Steps - 05. Setup or clean-up assistance, Target Date: 09/23/2026: DISCONTINUED, 12 Steps - 05. Setup or clean-up assistance, Target Date: 09/23/2026: DISCONTINUED, Picking Up Object - 05. Setup or clean-up assistance, Target Date: 09/23/2026: DISCONTINUED, Car Transfer - 05. Setup or clean-up assistance, Target Date: 09/23/2026: DISCONTINUED, Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 09/23/2026: DISCONTINUED, Toileting Hygiene - 06. Independent, Target Date: 09/23/2026: DISCONTINUED, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 09/23/2026: DISCONTINUED, Lower Body Dressing - 06. Independent, Target Date: 09/23/2026: DISCONTINUED, Don/Doff Footwear - 06. Independent, Target Date: 09/23/2026: DISCONTINUED, Upper Body Dressing - 06. Independent, Target Date: 09/23/2026: DISCONTINUED,*

07/15/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 09/23/2026, patient will be responsible for managing treatment, Target Date: 09/23/2026,

3040 BOURN ST , MI 49756-8134
Tele:(989) 786-4877 FAX: 19897316723

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by CHURCHES, KENDRA Date 08/27/2026