

Medical Update for Helen Lewis DOB: 12/29/1933

Date Order Created: 08/20/2026

Order ID: 1150/21358

Agency Assigned Id: 25129

Certification Period: 07/25/2026 to 09/22/2026

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Orders:

Authorization changes of SN skill Total Visits: 5 and Visit Freq: SN WK1: 1 (07/25/26-07/25/26),WK2: 1 (07/26/26-08/01/26),WK3: 1 (08/02/26-08/08/26),WK4: 1 (08/09/26-08/15/26),WK5: 1 (08/16/26-08/22/26),WK6: 1 (08/23/26-08/29/26),WK7: 1 (08/30/26-09/05/26),WK8: 1 (09/06/26-09/12/26)

Authorization changes of PT skill Total Visits: 2 and Visit Freq: PT WK2: 1 (07/26/26-08/01/26),WK4: 1 (08/09/26-08/15/26),WK8: 1 (09/06/26-09/12/26),WK10: 1 (09/20/26-09/22/26)

Authorization changes of OT skill Total Visits: 1 and Visit Freq: OT WK3: 1 (08/02/26-08/08/26),WK5: 1 (08/16/26-08/22/26),WK6: 1 (08/23/26-08/29/26),WK7: 1 (08/30/26-09/05/26),WK8: 1 (09/06/26-09/12/26)

08/05/2026 Problems : GG0170K1 - Walk 150 Feet

GG0130A1 - Eating

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

GG0130E1 - Shower/Bathe Self

GG0130C1 - Toileting Hygiene

GG0130B1 - Oral Hygiene

GG0170E1 - Chair to Bed to Chair

GG0170J1 - Walk 50 ft with 2 Turns

M1400 - Dyspnea

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170I1 - Walk 10 Feet

GG0170P1 - Picking Up Object

GG0170N1 - 4 Steps

GG0170O1 - 12 Steps

GG0170M1 - 1 - Step (curb)

GG0170G1 - Car Transfer

GG0170F1 - Toilet Transfer

GG0170D1 - Sit to Stand

08/06/2026 patient_goal: To be able to walk as before and be more independent, Target Date: 09/22/2026,

08/03/2026 procedure: monitor intake & output, Notes: , monitor dialysis schedule, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , ADL training, Notes: ADL, Transfer training, Notes: Transfer training, home exercise program, Notes: BUE's ex's with 11lb weight. Handout was provided and vc., transfers training, Notes: , gait training/stair training, Notes: .,

08/03/2026 teach: lifestyle modifications to manage cardiac condition including symptom management, diet changes, regular exercise, getting enough sleep, Target Date: 09/22/2026, incorporate lifestyle modifications to optimize renal condition including renal-specific diet, exercise, monitoring of blood pressure and blood sugar, home remedies, Target Date: 09/22/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise;

strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 09/22/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 09/22/2026, therapeutic exercises, Target Date: 09/22/2026, equipment training, Target Date: 09/22/2026, work simplification/energy conservation, Target Date: 09/22/2026, symptoms requiring physician notification, Target Date: 09/22/2026, ADL training, Target Date: 09/22/2026, Balance ex's, Target Date: 09/22/2026,

08/06/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 09/22/2026, Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 09/22/2026, Toileting Hygiene - 03. Partial/moderate assistance, Target Date: 09/22/2026, Shower/Bathe Self - 04. Supervision or touching assistance, Target Date: 09/22/2026, Upper Body Dressing - 03. Partial/moderate assistance, Target Date: 09/22/2026, Lower Body Dressing - 05. Setup or clean-up assistance, Target Date: 09/22/2026, Don/Doff Footwear - 05. Setup or clean-up assistance, Target Date: 09/22/2026, Eating - 05. Setup or clean-up assistance, Target Date: 09/22/2026, Increase endurance to F+, Target Date: 09/22/2026, Sit to Stand - 06. Independent, Target Date: 09/22/2026, Chair to Bed to Chair - 06. Independent, Target Date: 09/22/2026, Toilet Transfer - 03. Partial/moderate assistance, Target Date: 09/22/2026: DISCONTINUED, Car Transfer - 06. Independent, Target Date: 09/22/2026, 1 - Step (curb) - 02. Substantial/maximal assistance, Target Date: 09/22/2026: DISCONTINUED, 12 Steps - 02. Substantial/maximal assistance, Target Date: 09/22/2026: DISCONTINUED, 4 Steps - 02. Substantial/maximal assistance, Target Date: 09/22/2026: DISCONTINUED, Picking Up Object - 02. Substantial/maximal assistance, Target Date: 09/22/2026: DISCONTINUED, Walk 10 Feet - 02. Substantial/maximal assistance, Target Date: 09/22/2026: DISCONTINUED, Walk 10 ft on Uneven Surface - 02. Substantial/maximal assistance, Target Date: 09/22/2026: DISCONTINUED, Walk 150 Feet - 02. Substantial/maximal assistance, Target Date: 09/22/2026: DISCONTINUED, Walk 50 ft with 2 Turns - 02. Substantial/maximal assistance, Target Date: 09/22/2026: DISCONTINUED, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 09/22/2026, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 09/22/2026,

08/06/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 09/22/2026,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 08/21/2026