

Home Health Certification and Plan of Care				Order ID: 1150/21377	
1. Patient's HI claim No.		2. Start Of Care Date		3. Certification Period	
6F61VJ9YE08		08/15/2026		From: 08/15/2026 To: 10/13/2026	
4. Medical Record No.		5. Provider No.			
29064		217058			
6. Patient's Name and Address			7. Provider's Name, Address and Telephone Number		
Bhadraben Purohit 8000 Watermill Ct, ELKRIDGE, MD 21075- 410-412-0135			HomeCentris Healthcare LLC 10 Crossroads Drive, Suite 102 Owings Mills, MD 21117-8284 410-321-8448 1487113239		
8. DOB 04/26/1940			9. Sex Female		
11. ICD S72.141D Displ intertroch fx r femur subs for clos fx w routn heal			Date 08/15/26		
13. ICD J98.11 Atelectasis			Date 08/15/26		
I10. Essential (primary) hypertension			Date 08/15/26		
E11.9 Type 2 diabetes mellitus without complications			Date 08/15/26		
G40.909 Epilepsy unsp not intractable without status epilepticus			Date 08/15/26		
E78.5 Hyperlipidemia unspecified			Date 08/15/26		
E03.9 Hypothyroidism unspecified			Date 08/15/26		
N31.9 Neuromuscular dysfunction of bladder unspecified			Date 08/15/26		
E55.9 Vitamin D deficiency unspecified			Date 08/15/26		
E53.9 Vitamin B deficiency unspecified			Date 08/15/26		
M85.80 Oth disrd of bone density and structure unspecified site			Date 08/15/26		
Z79.84 Long term (current) use of oral hypoglycemic drugs			Date 08/15/26		
Z79.82 Long term (current) use of aspirin			Date 08/15/26		
Z87.440 Personal history of urinary (tract) infections			Date 08/15/26		
Z91.81 History of falling			Date 08/15/26		
14. DME and Supplies: wheelchair, walker, cane			15. Safety Measures: wheelchair precautions, standard precautions, fall precautions, diabetic precautions, ambulates with device, walker precautions, medication safety, ambulates with assistance, transfer with assist, supervision at all times, remove environmental barriers, hip precautions, activity supervision		
16. Nutrition: vegetarian diet, diabetic, low cholesterol, low sodium			17. Allergies: no known allergies		
18.A. Functional Limitations Endurance, Bowel/Bladder Incontinence, Ambulation			18.B. Activities Permitted Up As Tolerated, Wheelchair, Walker, Exercises Prescribed		
19. Mental & Psychosocial Status: COGNITION: 2. Requires assistance and some direction in specific situations (for example, on all tasks involving shifting of attention) or consistently requires low stimulus environment due to distractibility, ANXIETY: 1. In new or complex situations only, SOCIAL ISOLATION: 0. Never, BEHAVIORAL ISSUES: 1. Memory deficit: failure to recognize familiar persons/places, inability to recall events of past 24 hours, significant memory loss so that supervision is required, HISTORY OF DEPRESSION: No					
20. Prognosis: fair					
22. A Rehabilitation Potential: SELF-CARE: 2. Needed Some Help - Patient needed partial assistance from another person to complete any activities., MOBILITY: 2. Needed Some Help - Patient needed partial assistance from another person to complete any activities.			22.B. Discharge Plans SN and OT: family/caregiver will be responsible for managing treatment PT: pat		
Homebound status: Due to diagnosis of Displaced intertrochanteric fracture of right femur, subsequent encounter for closed fracture with routine healing, the patient is experiencing decreased endurance and mobility, increasing the likelihood of falls. To safely leave their home, the patient needs assistance from another person and an assistive mobility device					
Clinical Condition Requiring Homecare: <p class="p"><span style="mso-spacerun:'yes';font-family:Calibri;font-size:11.0000pt;mso-font-ker>Patient is an 86-year-old female admitted to skilled home health services for SN, PT, and OT following hospitalization and SNF rehabilitation for a displaced right intertrochanteric femur fracture sustained from a mechanical fall, s/p ORIF on 06/22/2026. Hospitalization was complicated by postoperative anemia requiring transfusion, hyponatremia, urinary retention, atelectasis, and bronchitis; PMH includes hypertension, epilepsy, hypothyroidism, type 2 diabetes mellitus, osteopenia, chronic low back/hip/knee pain, anemia, vitamin B and D deficiencies, hyperlipidemia, and history of falls. Patient is alert and oriented x3 but is occasionally forgetful per daughter. She reports right shoulder, right hip, and upper-back pain, as well as intermittent right lower-extremity numbness and bilateral foot burning, and is taking Tylenol for pain. She denies shortness of breath; lungs are clear throughout. Patient reports fair appetite and had a bowel movement today. She presents with bilateral upper- and lower-extremity weakness, impaired coordination, tremors, decreased balance, reduced standing and activity tolerance, altered gait mechanics, and an unsteady gait requiring significant assistance with mobility, transfers, and ADLs; daughter reports difficulty negotiating steps. Patient also has decreased UE strength and requires minimal assistance with basic ADLs. SN reviewed medications, including dosage, frequency, and pertinent side effects, and provided education on pain management, safe ambulation, and transfers; daughter was receptive to teaching. Skilled SN, PT, and OT are medically necessary to address medication and disease management, pain and safety education, strengthening, balance and coordination, gait and transfer training, ADL performance, endurance, fall prevention, and progression toward safe and increased independence with functional mobility and daily activities.></p></o:p></p></p><p class="16"><span style="mso-spacerun:'yes';font-family:Calibri;font-size:11.0000pt;					
23. Signature and Date of Verbal SOC Where Applicable: Electronically Signed by Messick, Charles RN on 08/15/2026				25. Date HHA Received Signed POT	
24. Physician's Name and Address Kirtikant Desai 716 Maiden Choice Ln Baltimore, MD 21228 PHONE: 4107470626 FAX: 14107473627 NPI: 1467512194			26. I certify/recertify that this patient is confined to his/her home and needs intermittent skilled nursing care, physical therapy and/or speech therapy or continues to need occupational therapy. The patient is under my care, and I have authorized the services on this plan of care and will periodically review the plan. F2F date : 08/10/2026		
27. Attending Physician's Signature and Date Signed : Date of physician last face-to-face			28. Anyone who misrepresents, falsifies, or conceals essential information required for payment of Federal funds may be subject to fine, imprisonment, or civil penalty under applicable Federal laws. PAGE 1 of 4		

Signature of Physician:	Date
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Optional Name/Signature of Nurse/Therapist:	Date
Electronically Signed by Messick, Charles RN	08/15/2026

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new/change notes Advance Directive:MOLST: 1a) ATTEMPT CPR					
PROBLEMS IDENTIFIED ON ASSESSMENT: M1700 - Cognition, M1745 - Behavioral Issues, M2020 - Oral Med Management, meal preparation, M1033 - Exhaustion, M1400 - Dyspnea, M1610 - Urinary Incontinence, limited range of motion, muscle weakness, limited strength, limited endurance, balance deficit, Pain Effect on Sleep, Pain Interference with Therapy activities, Pain Interference with ADLs					
PROCEDURES: cough/deep breathing exercises, coordinate/arrange caregiver support to prevent caregiver physical, emotional and mental exhaustion, glucose testing via monitor: MD MONITORING . NOT BEING MONITORED DAILY IN THE HOME.					
TEACH PATIENT/CAREGIVER: * lifestyle modifications to manage respiratory condition including diet changes and regular exercise strategies to control shortness of breath home remedies to keep lungs healthy, related medication(s) purpose, schedule, * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain teach relaxation skills and diversional activities, related medication(s) purpose, schedule, * how to keep home safe for patient with dementia coping strategies for the caregiver*, related medication(s) purpose, schedule, * management of mental health condition including joining a peer group maintaining regular contact with mental health professional avoiding known stressors controlling impulses, related medication(s) purpose, schedule, * urinary incontinence management including bladder training Kegel exercises skin care, related medication(s) purpose, schedule, * strategies to minimize fatigue and exhaustion including work simplification energy conservation lifestyle changes diet, related medication(s) purpose, schedule, patient self-administers medications as prescribed, related medication(s) purpose, schedule, meal preparation is available to patient for all meals					
PT Careplans			PT Goals		
PT WK2: 1 (08/16/26-08/22/26) ,WK3: 1 (08/23/26-08/29/26) ,WK4: 1 (08/30/26-09/05/26) ,WK5: 1 (09/06/26-09/12/26) ,WK6: 1 (09/13/26-09/19/26) ,WK7: 1 (09/20/26-09/26/26) ,WK8: 1 (09/27/26-10/03/26)			PATIENT-STATED GOAL: Not to fall again and get back to my real life		
PROBLEMS IDENTIFIED ON ASSESSMENT: GG0170D1 - Sit to Stand, GG0170F1 - Toilet Transfer, GG0170G1 - Car Transfer, GG0170I1 - Walk 10 Feet, GG0170J1 - Walk 50 ft with 2 Turns, GG0170K1 - Walk 150 Feet, GG0170L1 - Walk 10 ft on Uneven Surface, GG0170M1 - 1 - Step (curb), GG0170N1 - 4 Steps, GG0170O1 - 12 Steps, GG0170P1 - Picking Up Object, GG0170E1 - Chair to Bed to Chair			GOALS Chair to Bed to Chair - 06. Independent		
PROCEDURES: B LE mm strengthening: 1, home exercise program: HEP including ankle pumps, quad sets, glute sets, heel slides, partial squats, and seated/standing knee flexion and extension within tolerance, 10-15 reps each, 1-2 sets daily. Emphasis placed on improving BLE strength, ROM, reducing stiffness, and promoting muscle activation., gait training/stair training, transfers training			Toilet Transfer - 06. Independent		
TEACH PATIENT/CAREGIVER: Sit to Stand - 06. Independent, Chair to Bed to Chair - 06. Independent, Toilet Transfer - 06. Independent, Car Transfer - 06. Independent, Walk 10 Feet - 06. Independent, Walk 50 ft with 2 Turns - 06. Independent, Walk 150 Feet - 06. Independent, Walk 10 ft on Uneven Surface - 06. Independent, 1 - Step (curb) - 06. Independent, 4 Steps - 06. Independent, 12 Steps - 06. Independent, Picking Up Object - 06. Independent			Sit to Stand - 06. Independent		
			Car Transfer - 06. Independent		
			Walk 10 Feet - 06. Independent		
			Walk 50 ft with 2 Turns - 06. Independent		
			Walk 150 Feet - 06. Independent		
			Walk 10 ft on Uneven Surface - 06. Independent		
			1 - Step (curb) - 06. Independent		
			4 Steps - 06. Independent		
			12 Steps - 06. Independent		
			Picking Up Object - 06. Independent		
OT Careplans			OT Goals		
OT WK2: 1 (08/16/26-08/22/26) ,WK3: 1 (08/23/26-08/29/26) ,WK4: 1 (08/30/26-09/05/26) ,WK5: 1 (09/06/26-09/12/26) ,WK6: 1 (09/13/26-09/19/26) ,WK7: 1 (09/20/26-09/26/26) ,WK8: 1 (09/27/26-10/03/26)			PATIENT-STATED GOAL: To be able to walk and go to the day center		
PROBLEMS IDENTIFIED ON ASSESSMENT: Pain Effect on Sleep, Pain Interference with ADLs, M1400 - Dyspnea, GG0130B1 - Oral Hygiene, GG0130C1 - Toileting Hygiene, GG0130E1 - Shower/Bathe Self, GG0130G1 - Lower Body Dressing, GG0130H1 - Don/Doff Footwear, GG0130A1 - Eating, GG0130F1 - Upper Body Dressing			GOALS Chair to Bed to Chair - 06. Independent		
PROCEDURES: cough/deep breathing exercises, incentive spirometer, home exercise program: deep breaths, funcational ambulation and UE strengthenign exes, equipment training, work simplification/energy conservation, gait training on uneven surfaces, gait training/stair training, transfers training			Toilet Transfer - 06. Independent		
TEACH PATIENT/CAREGIVER: * lifestyle modifications to manage respiratory condition including diet changes and regular exercise strategies to control shortness of breath home remedies to keep lungs healthy, related medication(s) purpose, schedule, * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain teach relaxation skills and diversional activities, related medication(s) purpose, schedule, Sit to Stand - 06. Independent, Chair to Bed to Chair - 06. Independent, Toilet Transfer - 06. Independent, Car Transfer - 06. Independent, Walk 10 Feet - 05. Setup or clean-up assistance, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Walk 150 Feet - 05. Setup or clean-up assistance, Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance, 1 - Step (curb) - 05. Setup or clean-up			Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance		
			1 - Step (curb) - 05. Setup or clean-up assistance		
			patient/caregiver recalls		
			* lifestyle modifications to manage respiratory condition including		
			* diet changes and regular exercise		
			* strategies to control shortness of breath		
			* home remedies to keep lungs healthy		
			* recalls related medication(s) purpose, schedule		
			patient/caregiver recalls		
			* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain		
			* teach relaxation skills and diversional activities		
			* recalls related medication(s) purpose, schedule		
Signature of Physician:			Date		
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assistance, 4 Steps - 05. Setup or clean-up assistance, 12 Steps - 05. Setup or clean-up assistance, Picking Up Object - 05. Setup or clean-up assistance, Oral Hygiene - 06. Independent, Toileting Hygiene - 06. Independent, Shower/Bathe Self - 04. Supervision or touching assistance, Lower Body Dressing - 05. Setup or clean-up assistance, Don/Doff Footwear - 05. Setup or clean-up assistance, Eating - 06. Independent, Upper Body Dressing - 06. Independent		Sit to Stand - 06. Independent Car Transfer - 06. Independent Walk 10 Feet - 05. Setup or clean-up assistance Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance Walk 150 Feet - 05. Setup or clean-up assistance 4 Steps - 05. Setup or clean-up assistance 12 Steps - 05. Setup or clean-up assistance Picking Up Object - 05. Setup or clean-up assistance Oral Hygiene - 06. Independent Toileting Hygiene - 06. Independent Shower/Bathe Self - 04. Supervision or touching assistance Lower Body Dressing - 05. Setup or clean-up assistance Don/Doff Footwear - 05. Setup or clean-up assistance Eating - 06. Independent Upper Body Dressing - 06. Independent		

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