

Medical Update for Nathaniel Rouzer DOB: 07/31/1955

Date Order Created: 08/19/2026

Order ID: 1150/21315

Agency Assigned Id: 28197

Certification Period: 08/06/2026 to 10/04/2026

HomeCentris Healthcare LLC 217058
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Orders:

Authorization changes of OT skill Total Visits: 3 and Visit Freq: OT WK1: 3 (08/01/26-08/01/26),WK2: 3 (08/02/26-08/08/26)

08/18/2026 Problems : GG0170N1 - 4 Steps

GG0130F1 - Upper Body Dressing

GG0130A1 - Eating

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130E1 - Shower/Bathe Self

GG0130C1 - Toileting Hygiene

GG0130B1 - Oral Hygiene

GG0170E1 - Chair to Bed to Chair

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

Pain Effect on Sleep

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170F1 - Toilet Transfer

GG0170D1 - Sit to Stand

M1400

Pain Interference with ADLs

08/18/2026 patient_goal: Patient wants to get stronger, Target Date: 10/04/2026,

08/18/2026 procedure: cough/deep breathing exercises, Notes: , Patient/caregiver recalls related purpose and schedule of medications, Notes: Medication Review, Transfer training, Notes: Sit to stand transfers, therapeutic exercises, Notes: Using dumbbells or therabands to perform bilateral upper extremity muscle strength exercises,

08/18/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 10/04/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 10/04/2026, therapeutic exercises, Target Date: 10/04/2026, therapeutic modalities, Target Date: 10/04/2026, equipment training, Target Date: 10/04/2026, work simplification/energy conservation, Target Date: 10/04/2026, related medication(s) purpose and schedule, Target Date: 10/04/2026, symptoms requiring physician notification, Target Date: 10/04/2026,

08/18/2026 goal: patient/caregiver recalls

* lifestyle modifications to manage respiratory condition including
* diet changes and regular exercise
* strategies to control shortness of breath
* home remedies to keep lungs healthy
* recalls related medication(s) purpose, schedule, Target Date: 10/04/2026, patient/caregiver recalls
* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation skills and diversional activities
* recalls related medication(s) purpose, schedule, Target Date: 10/04/2026, Oral Hygiene - 06. Independent, Target Date: 10/04/2026, Toileting Hygiene - 06. Independent, Target Date: 10/04/2026, Shower/Bathe Self - 03. Partial/moderate assistance, Target Date: 10/04/2026, Lower Body Dressing - 06. Independent, Target Date: 10/04/2026, Don/Doff Footwear - 06. Independent, Target Date: 10/04/2026, Eating - 06. Independent, Target Date: 10/04/2026, Upper Body Dressing - 06. Independent, Target Date: 10/04/2026, Patient will demonstrate improved bilateral upper extremity muscle strength from 3+/5 mmt to 4+/5 mmt to improve Adls and transfers safely, Target Date: 10/04/2026,

08/18/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 10/04/2026,

08/19/2026 Medications: Calquence 100mg by mouth once a day Prevent growth/spread of interest CLL/SLL cancer cells
Posaconazole 100mg by mouth in the morning Cancer therapy

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 08/20/2026