

Medical Update for DEBORAH BISSELL DOB: 01/08/1961

Date Order Created: 08/20/2026

Order ID: 1195/732

Agency Assigned Id: 552

Certification Period: 06/12/2026 to 08/10/2026

Evergreen Home Health 239350
403 W Main Street Suite A1
Gaylord, MI 49735-1887
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Orders:

Authorization changes of SN skill Total Visits: 9 and Visit Freq: SN WK1: 1 (08/11/26-08/15/26),WK2: 1 (08/16/26-08/22/26),WK3: 1 (08/23/26-08/29/26),WK4: 1 (08/30/26-09/05/26),WK5: 1 (09/06/26-09/12/26),WK6: 1 (09/13/26-09/19/26),WK7: 1 (09/20/26-09/26/26),WK8: 1 (09/27/26-10/03/26),WK9: 1 (10/04/26-10/09/26)

08/06/2026 Problems : dependent edema (CR)
balance deficit (NR)
rough/scaly/cracked skin (SK)
limited strength (MS)
limited endurance (MS)

08/06/2026 patient_goal: no falls , Target Date: 08/10/2026,

08/06/2026 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , coordinate/arrange caregiver support to prevent caregiver physical, emotional and mental exhaustion, Notes: , glucose testing via monitor, Notes: , coordinate/arrange preparation of missing meals, Notes: , coordinate/arrange for maintenance of clean/uncluttered living area, Notes: , coordinate/arrange transportation services, Notes: , bladder training, Notes: ,

08/06/2026 teach: how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 08/10/2026, urinary incontinence management including bladder training, Kegel exercises, skin care, Target Date: 08/10/2026, related medication(s) purpose and schedule, Target Date: 08/10/2026, symptoms requiring physician notification, Target Date: 08/10/2026,

08/06/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 08/10/2026, patient/caregiver recalls
- * depression-prevention strategies including avoidance of isolation
- * healthy eating
- * sleeping habits
- * identification of activities that bring pleasure
- * preventive care
- * recalls related medication(s) purpose, schedule, Target Date: 08/10/2026, patient self-administers medications as prescribed
- * recalls related medication(s) purpose, schedule, Target Date: 08/10/2026, patient/caregiver recalls
- * urinary incontinence management including bladder training
- * Kegel exercises
- * skin care
- * recalls related medication(s) purpose, schedule, Target Date: 08/10/2026,

08/06/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 08/10/2026,

08/18/2026 Medications: CLONIDINE 0.2mg / 1 tablet by mouth three times a day

KAITLIN LALONDE
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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by LUBELAN, SAMANTHA Date 08/20/2026