Home Health Certification and Plan of Care

Order ID: 1184/635

1. Patient s HI claim No.	2. Start Of Care Date	3. Certification Period	4. Medical Record No.	5. Provider No.
A24450555	03/20/2026	From: 07/18/2026 To: 09/15/2026	1423	037804

6. Patient's Name and Address
Andrea Kalectaca
5132 N 15TH ST APT 158,
PHOENIX, AZ 85014-
928-240-3959

7. Provider's Name, Address and Telephone Number
Devotion Home Health Care, LLC
11201 N Tatum Blvd, Suite 300
Phoenix, AZ 85028-6039
480-415-4423
1457998957

8. DOB 12/24/1962 | **9.Sex** Female

11. ICD	Principal Diagnosis	Date
L97.913	Non-prs chronic ulc unsp prt of r low leg w necros muscle	03/20/26

13. ICD	Other Pertinent Diagnoses	Date
L88.	Pyoderma gangrenosum	03/20/26
E11.51	Type 2 diabetes w diabetic peripheral angiopath w/o gangrene	03/20/26
I12.9	Hypertensive chronic kidney disease w stg 1-4/unsp chr kdny	03/20/26
E11.22	Type 2 diabetes mellitus w diabetic chronic kidney disease	03/20/26
N18.30	Chronic kidney disease stage 3 unspecified	03/20/26
E78.5	Hyperlipidemia unspecified	03/20/26
Z79.01	Long term (current) use of anticoagulants	03/20/26
Z86.711	Personal history of pulmonary embolism	03/20/26
Z86.718	Personal history of other venous thrombosis and embolism	03/20/26

10. Medications: Dose/Frequency/Route (N)ew (C)hanged

Omeprazole - Omeprazole 20 mg 20 mg by mouth twice a day Give 1 capsule by mouth two times a day for GERD
Vitamin B Complex - Alpha-Tocopherol Acetate: Ascorbic Acid: Biotin: Cholecalciferol: Cyanocobalamin: Dexpanthenol: Folic Acid: Niacinamide: Pyridox 0 1 tablet by mouth once a day Give 1 tablet by mouth one time a day for supplement
Apixaban 0 5 mg by mouth twice a day for DVT PPX
Amlodipine Besylate - Amlodipine Besylate eq 10 mg base eq 10 mg base 1 tablet by mouth once a day For HTN
LISINIPRIL 0 40 MG Oral Give one time a day for HTN
Empagliflozin 0 10 mg by mouth once a day for diabetes
GABAPENTIN 300 mg 300 mg 100 MG Oral every 8 hours
ozempic 1mg subcutaneous once a week for diabetes
Tramadol - Tramadol Hydrochloride 50mg by mouth as necessary Q8H PRN pain
Lantus Insulin - Insulin Glargine Recombinant 35 unit subcutaneous at bedtime for diabetes

14. DME and Supplies:
diabetic supplies, walker, wheelchair, wound care supplies, 4 wheeled walker, bath bench

15. Safety Measures:
walker precautions, smoke detectors , medication safety, infectious material management, fall precautions, diabetic precautions, sharps precautions, wheelchair precautions, standard precautions, cardiac precautions, bleeding precautions, anticoagulant precautions, ambulates with device

16. Nutrition:
high protein, diabetic, cardiac diet

17. Allergies:
Ibuprofen, oxyCODONE, Pioglitazone, Benadryl, Motrin, latex

18.A. Functional Limitations
Ambulation, Endurance

18.B. Activities Permitted
Walker, Wheelchair, Up As Tolerated

19. Mental & Pyschosocial Status: COGNITION: 0. Able to get to and from the toilet and transfer independently with or without a device., ANXIETY: 0. Never, SOCIAL ISOLATION: , BEHAVIORAL ISSUES: , HISTORY OF DEPRESSION:

20. Prognosis: good

22. A Rehabilitation Potential:
SELF-CARE: , MOBILITY:

22.B.Discharge Plans
patient will be responsible for managing treatment

Homebound status: Taxing effort to leave home, dependence on assistive devices

Clinical Condition Requiring Homecare: Non-Pressure Chronic Ulcer of Unspecified part of Right lower leg with Necrosis of muscle; Diabetic patient with large wound at right lower leg, requires SN assessment for cardiopulmonary, neuro, GI/GU, musculoskeletal and integumentary systems, safety with ADLs and fall precautions, medication and diagnoses management and education, wound care per orders 2 times per week and as needed for complications 7/18/26-7/31/26 Diabetic patient with large wound at right lower leg, requires SN assessment for cardiopulmonary, neuro, GI/GU, musculoskeletal and integumentary systems, safety with ADLs and fall precautions, medication and diagnoses management and education, wound care per orders 2 times per week and as needed for complications 8/01/26-8/31/26 Diabetic patient with large wound at right lower leg, requires SN assessment for cardiopulmonary, neuro, GI/GU, musculoskeletal and integumentary systems, safety with ADLs and fall precautions, medication and diagnoses management and education, wound care per orders 2 times per week and as needed for complications 9/01/26-9/15/26

SN Careplans

SN FREQUENCY: SN 2w8 and prn for wound complications

CLINICAL SUMMARY:

Head to toe assessment completed. Right lower leg edema has resolved. Pt continues to use compression stockings. Skin intact except wound at right lower leg which is being treated today. Lungs clear, heart sounds normal. Bowel sounds active x4 quadrants. Pt reports eating well. Denies falls. Bowel movements have been regular. There have been no medication changes. Nurse reinforced fall prevention and energy conservation with pt during visit today. Pt able to verbalize understanding of education provided. Wound bed with a very minimal amount of slough tissue present. Small amount of sanguineous drainge. No signs of infection noted. Pt admitted to applying santyl and dry dressing (instead of vashe wet to dry) last night. Nurse performed wound care as ordered. After the visit updated wound care instructions were obtained. Nurse instructed cg on updated wound care instructions. Santyl has been discontinued. Vashe wet to dry ordered. Pt had questions about slough present on wound bed. Instructed pt to perform wet to dry as ordered as wet to dry does act as a mechanical debridement. Pt verbalized understanding. Nurse will see pt twice per week in upcoming certification period. Wound appears to be healing appropriately and nurse anticipates discharging pt from HH within the next two months.

PARAMETERS FOR PHYSICIAN NOTIFICATION: temperature < 95 > 101, heart rate < 50 > 120, respiratory rate < 12 > 29, blood pressure systolic < 85 > 170, blood pressure diastolic < 50 > 90, O2 saturation < 88 > 100, pain < 0 > 8, blood sugar < 60 > 300

CAREGIVER: 0. No assistance needed - patient is independent or does not have needs in this area

SN Goals

PATIENT-STATED GOAL: heal wound; decreased pain

GOALS
patient/caregiver recalls
* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation skills and diversional activities
* recalls related medication(s) purpose, schedule

patient/caregiver recalls
* how to achieve wound healing including cleaning and dressing wound
* position changes
* skin care
* diet modification
* record wound measurements
* recalls related medication(s) purpose, schedule

patient self-administers medications as prescribed
* recalls related medication(s) purpose, schedule

patient/caregiver recalls
* strategies to increase caloric intake
* recalls related medication(s) purpose, schedule

23. Signature and Date of Verbal SOC Where Applicable:
Electronically Signed by JOHNSON, LAURA SN on 07/13/2026

25. Date HHA Received Signed POT

24. Physician's Name and Address
HELEN HAYDEN
4212 N 16th St
Phoenix, AZ 85016
PHONE: 602-263-1200 FAX: 16022005387 NPI: 1700161791

26. I certify/recertify that this patient is confined to his/her home and needs intermittent skilled nursing care, physical therapy and/or speech therapy or continues to need occupational therapy. The patient is under my care, and I have authorized the services on this plan of care and will periodically review the plan.
F2F date :

27. Attending Physician's Signature and Date Signed **07/28/2026**: Date of physician last face-to-face

28. Anyone who misrepresents, falsifies, or conceals essential information required for payment of Federal funds may be subject to fine, imprisonment, or civil penalty under applicable Federal laws.

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HOSPITALIZATION RISKS: 3. Multiple hospitalizations (2 or more) in the past 6 months, 6. Reported or observed history of difficulty complying with any medical instructions (for example, medications, diet, exercise) in the past 3 months, 7. Currently taking 5 or more medications, 8. Currently reports exhaustion

STANDING ORDERS:

Infection control: hygiene, proper hand washing.;

Advance directive: plan if patient is unable to make healthcare decisions. No Advanced Directive;

Fall precautions: wear sensible shoes, remove home hazards, living space adequately lit, assistive devices prn.;

Emergency preparedness: plan for prn evacuation, resumption of home health visits.

PROBLEMS IDENTIFIED ON ASSESSMENT: dependent edema, abnormal blood pressure, abnormal BS < 70/140 > mg/dL, muscle weakness, limited strength, limited endurance, extremity burn/tingle/numb, balance deficit

PROCEDURES:

physician-ordered wound care: #1 - Observable Surgical Wound - Anterior Right Below Knee -: Right lower leg wound care: remove old dressing; apply lidocaine gel for 10 minutes; cleanse wound with vashe wound cleanser, pat dry with 4x4 gauze, cover wound with vashe soaked 4x4 gauze, dry 4x4 gauze and wrap with kerlix and ace wrap frequency: daily and prn for soiling or dislodgement; SN visits 2 times per week,

apply compression bandage,

glucose testing via monitor,

monitor intake & output

TEACH PATIENT/CAREGIVER: * lifestyle modifications to manage respiratory condition including diet changes and regular exercise strategies to control shortness of breath home remedies to keep lungs healthy, related medication(s) purpose, schedule, * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain teach relaxation skills and diversional activities, related medication(s) purpose, schedule, * how to achieve wound healing including cleaning and dressing wound position changes skin care diet modification record wound measurements, related medication(s) purpose, schedule, * strategies to increase caloric intake, related medication(s) purpose, schedule, * strategies to minimize fatigue and exhaustion including work simplification energy conservation lifestyle changes diet, related medication(s) purpose, schedule, patient self-administers medications as prescribed, related medication(s) purpose, schedule, patient's transportation needs are met, patient is adequately supervised

patient/caregiver recalls
* strategies to minimize fatigue and exhaustion including work simplification
* energy conservation
* lifestyle changes
* diet
* recalls related medication(s) purpose, schedule

patient/caregiver recalls
* lifestyle modifications to manage respiratory condition including
* diet changes and regular exercise
* strategies to control shortness of breath
* home remedies to keep lungs healthy
* recalls related medication(s) purpose, schedule

patient's transportation needs are met

patient is adequately supervised

Signature of Physician:	Date
	PAGE 2 of 2
Optional Name/Signature of Nurse/Therapist:	Date
Electronically Signed by JOHNSON, LAURA SN	07/13/2026