

Medical Update for Emma Lokosu DOB: 10/28/1958

Date Order Created: 08/07/2026

Order ID: 1150/21020

Agency Assigned Id: 28069

Certification Period: 07/24/2026 to 09/21/2026

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Orders:

08/01/2026 Problems : Pain Interference with Therapy activities

Pain Interference with ADLs

M1400 - Dyspnea

GG0170D1 - Sit to Stand

GG0170F1 - Toilet Transfer

GG0170G1 - Car Transfer

GG0170I1 - Walk 10 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170K1 - Walk 150 Feet

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170M1 - 1 - Step (curb)

GG0170N1 - 4 Steps

GG0170O1 - 12 Steps

GG0170P1 - Picking Up Object

GG0170E1 - Chair to Bed to Chair

GG0130A1 - Eating

08/01/2026 patient_goal: To be independent again walk steadier improve my strength, Target Date: 09/21/2026,

08/01/2026 procedure: cough/deep breathing exercises, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: , Medication management , Notes: Review medication with pt and caregiver, dynamic standing balance exercises, Notes: Work wt shifting reaching outside bos all directions improve righting reaction, and improvement hip ankle step strategies working on dynamic balance exercises, cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , home exercise program, Notes: Laq, hip abduction, heel raises, standing heel raises, hamstring curls, hip abduction, hip flexion as tolerated all 2-3×10,

08/01/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 09/21/2026, therapeutic exercises, Target Date: 09/21/2026, therapeutic modalities, Target Date: 09/21/2026, balance training, Target Date: 09/21/2026, equipment training, Target Date: 09/21/2026, gait training, Target Date: 09/21/2026, transfer training, Target Date: 09/21/2026,

08/01/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including

- * diet changes and regular exercise

- * strategies to control shortness of breath

- * home remedies to keep lungs healthy

- * recalls related medication(s) purpose, schedule, Target Date: 09/21/2026, patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

* recalls related medication(s) purpose, schedule, Target Date: 09/21/2026, Sit to Stand - 06. Independent, Target Date: 09/21/2026, Chair to Bed to Chair - 06. Independent, Target Date: 09/21/2026, Toilet Transfer - 06. Independent, Target Date: 09/21/2026, Car Transfer - 06. Independent, Target Date: 09/21/2026, Walk 10 Feet - 05. Setup or clean-up assistance, Target Date: 09/21/2026, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 09/21/2026, Walk 150 Feet - 05. Setup or clean-up assistance, Target Date: 09/21/2026, Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance, Target Date: 09/21/2026, 1 - Step (curb) - 05. Setup or clean-up assistance, Target Date: 09/21/2026, 4 Steps - 05. Setup or clean-up assistance, Target Date: 09/21/2026, Picking Up Object - 05. Setup or clean-up assistance, Target Date: 09/21/2026, patient/caregiver recalls
* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation skills and diversional activities
* recalls related medication(s) purpose, schedule, Target Date: 09/21/2026, patient self-administers medications as prescribed
* recalls related medication(s) purpose, schedule, Target Date: 09/21/2026, Oral Hygiene - 06. Independent, Target Date: 09/21/2026, Toileting Hygiene - 06. Independent, Target Date: 09/21/2026, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 09/21/2026, Lower Body Dressing - 06. Independent, Target Date: 09/21/2026, Don/Doff Footwear - 06. Independent, Target Date: 09/21/2026, Eating - 06. Independent, Target Date: 09/21/2026, Upper Body Dressing - 06. Independent, Target Date: 09/21/2026,

08/01/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 09/21/2026,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 08/07/2026