

Medical Update for Beverly Johnson DOB: 12/06/1946

Date Order Created: 07/10/2026

Order ID: 1150/20288

Agency Assigned Id: 27031

Certification Period: 06/27/2026 to 08/25/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

07/07/2026 Problems : GG0170G1 - Car Transfer
GG0130F1 - Upper Body Dressing
GG0130A1 - Eating
GG0130H1 - Don/Doff Footwear
GG0130G1 - Lower Body Dressing
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130B1 - Oral Hygiene
GG0170L1 - Walk 10 ft on Uneven Surface
GG0170E1 - Chair to Bed to Chair
GG0170D1 - Sit to Stand
GG0170P1 - Picking Up Object
GG0170O1 - 12 Steps
GG0170N1 - 4 Steps
GG0170M1 - 1 - Step (curb)
GG0170K1 - Walk 150 Feet
GG0170J1 - Walk 50 ft with 2 Turns
GG0170I1 - Walk 10 Feet
GG0170F1 - Toilet Transfer

07/07/2026 patient_goal: To be able to walk without RW, Target Date: 08/25/2026,

07/06/2026 procedure: cough/deep breathing exercises, Notes: , train caregiver(s) to perform medical/rehabilitation treatments, Notes: , glucose testing via monitor, Notes: , monitor intake & output, Notes: , coordinate/arrange for adequate patient supervision, Notes: , coordinate/arrange preparation of missing meals, Notes: , Medication Review, Notes: - medications reviewed with patient/caregiver, gait training/stair training, Notes: , transfers training, Notes: , home exercise program, Notes: Review HEP: seated knee ext, hip flex, hip abd, quad sets, gluteal squeezes, ankle pumps at least 1x10. Once tolerated, upgrade to standing heel/ toe raises, knee flex, hip flex, hip abd at least 1x10 with UE support as needed. Upgrade as tolerated,

07/07/2026 teach: therapeutic exercises, Target Date: 08/25/2026, therapeutic modalities, Target Date: 08/25/2026, balance training, Target Date: 08/25/2026, equipment training, Target Date: 08/25/2026, gait training, Target Date: 08/25/2026, transfer training, Target Date: 08/25/2026,

07/06/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

- * recalls related medication(s) purpose, schedule, Target Date: 08/25/2026, patient self-administers medications as prescribed

- * recalls related medication(s) purpose, schedule, Target Date: 08/25/2026, Sit to Stand - 05. Setup or clean-up assistance, Target Date: 08/25/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 08/25/2026, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 08/25/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 08/25/2026, Walk 50 ft with 2

Turns - 04. Supervision or touching assistance, Target Date: 08/25/2026, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 08/25/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 08/25/2026, 4 Steps - 04. Supervision or touching assistance, Target Date: 08/25/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 08/25/2026, Car Transfer - 05. Setup or clean-up assistance, Target Date: 08/25/2026, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 08/25/2026,

07/07/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 08/25/2026,

12 Steps - 04. Supervision or touching assistance, Target Date: 08/25/2026 (unable to achieve)

Chukwuemeka Ufomadu
2300 Garrison Blvd Ste 210

2300 Garrison Blvd Ste 210, MD 21216
Tele:4434539947 FAX: 16673122998

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 08/05/2026