

Medical Update for Milda Sermuksnis DOB: 01/15/1934

Date Order Created: 07/10/2026

Order ID: 1150/20316

Agency Assigned Id: 27484

Certification Period: 07/01/2026 to 08/29/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

Authorization changes of PT skill Total Visits: 1 and Visit Freq: CUSTOM
Authorization changes of OT skill Total Visits: 2 and Visit Freq: CUSTOM

07/09/2026 Problems : GG0170G1 - Car Transfer

GG0130F1 - Upper Body Dressing

GG0130A1 - Eating

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130E1 - Shower/Bathe Self

GG0130C1 - Toileting Hygiene

GG0130B1 - Oral Hygiene

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

GG0170F1 - Toilet Transfer

07/09/2026 patient_goal: To be able to walk without shortness of breath, Target Date: 08/29/2026,

07/09/2026 procedure: gait training/stair training, Notes: , transfers training, Notes: , Medication Review, Notes: - medications reviewed with patient/caregiver, cough/deep breathing exercises, Notes: ., home exercise program, Notes: Review HEP: seated knee ext, hip flex, hip abd, quad sets, gluteal squeezes, ankle pumps at least 1x10. Once tolerated, upgrade to standing heel/ toe raises, knee flex, hip flex, hip abd at least 1x10 with UE support as needed. Upgrade as tolerated,

07/07/2026 teach: how to take the patient's blood pressure and record the reading, Target Date: 08/29/2026, therapeutic exercises, Target Date: 08/29/2026, therapeutic modalities, Target Date: 08/29/2026, balance training, Target Date: 08/29/2026, equipment training, Target Date: 08/29/2026, gait training, Target Date: 08/29/2026, transfer training, Target Date: 08/29/2026,

07/09/2026 goal: Sit to Stand - 05. Setup or clean-up assistance, Target Date: 08/29/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 08/29/2026, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 08/29/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 08/29/2026, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 08/29/2026, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 08/29/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 08/29/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 08/29/2026, Car Transfer - 05. Setup or clean-up assistance, Target Date: 08/29/2026, Walk 10 ft on Uneven Surface - 04. Supervision or

touching assistance, Target Date: 08/29/2026,

07/09/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 08/29/2026,

4 Steps - 04. Supervision or touching assistance, Target Date: 08/29/2026 (unable to achieve)
12 Steps - 04. Supervision or touching assistance, Target Date: 08/29/2026 (unable to achieve)

07/09/2026 Medications: Primidone - Primidone 50 mg 1 tablet by mouth in the evening Tremors
Atorvastatin - Atorvastatin Calcium 1 tablet 20 mg by mouth at bedtime Cholesterol

Kunmi Majekodunmi
1600 South Crain Highway

1600 South Crain Highway, MD 21061
Tele:4107600098 FAX: 14107619131

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 08/04/2026