

Medical Update for James White DOB: 08/08/1942

Date Order Created: 08/04/2026

Order ID: 1195/432

Agency Assigned Id: 857

Certification Period: 07/29/2026 to 09/26/2026

Evergreen Home Health 239350
403 W Main Street Suite A1
Gaylord, MI 49735-1887
PHONE 989-214-1114 FAX

Orders:

Authorization changes of SN skill Total Visits: 18 and Visit Freq: CUSTOM
Authorization changes of PT skill Total Visits: 1 and Visit Freq: CUSTOM

08/01/2026 patient_goal: add patient-stated goal, Target Date: 09/26/2026,

07/29/2026 teach: lifestyle modifications to manage cardiac condition including symptom management, diet changes, regular exercise, getting enough sleep, Target Date: 09/26/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 09/26/2026, lifestyle modifications to manage peripheral vascular condition including how to apply compression stockings, physical exercise plan and diet, Target Date: 09/26/2026, how to take the patient's blood pressure and record the reading, Target Date: 09/26/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 09/26/2026, depression-prevention strategies including avoidance of isolation, healthy eating and sleeping habits, identification of activities that bring pleasure, preventive care, Target Date: 09/26/2026, how to manage skin condition including physician-prescribed treatment, skin care and bathing, sun protection, diet and exercise, Target Date: 09/26/2026, how to achieve wound healing including cleaning and dressing wound, position changes, skin care, diet modification and preventing pressure ulcer recurrence, record wound measurements, Target Date: 09/26/2026, diabetic medication management, blood sugar testing, diabetic foot care, exercise and diabetic diet, Target Date: 09/26/2026, strategies to minimize fatigue and exhaustion including work simplification, energy conservation, lifestyle changes and diet, Target Date: 09/26/2026, teach patient how to self-administer medications as prescribed, Target Date: 09/26/2026, strategies to expand socialization, Target Date: 09/26/2026, related medication(s) purpose and schedule, Target Date: 09/26/2026, symptoms requiring physician notification, Target Date: 09/26/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 09/26/2026, related medication(s) purpose and schedule, Target Date: 09/26/2026, symptoms requiring physician notification, Target Date: 09/26/2026,

08/01/2026 discharge_plan: add discharge plan, Target Date: 09/26/2026,

08/04/2026 Medications: ATENOLOL 12.5 mg oral Daily (0900)

LISINAPRIL 40 mg oral Daily (0900)

ROSUVASTATIN CALCIUM 20 mg oral Nightly

SERTRALINE 100 mg oral Nightly

ACETAMINOPHEN PRN

Norco - Acetaminophen: Hydrocodone Bitartrate 325 mg;5 mg 5mg by mouth every 6 hours

Cephalexin - Cephalexin eq 500 mg base 1 tab by mouth twice a day

Glucophage - Metformin Hydrochloride 1000mg 1 tab by mouth twice a day

Jardiance - Empagliflozin 10mg 1 tab by mouth once a day

B12 - Ascorbic Acid: Biotin: Cyanocobalamin: Dexpantenol: Ergocalciferol: Folic Acid: Niacinamide: Pyridoxine Hydrochloride: Riboflav 500mcg 1 tab by mouth twice a day

Januvia - Sitagliptin Phosphate eq 100 mg base 1 tab by mouth once a day

WAYNE MCEWEN
11899 M 32

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Physician Signature _____ Date _____

Staff Signature: Electronically Signed by LUBELAN, SAMANTHA Date 08/04/2026