

Medical Update for Antoinette Alderette DOB: 10/06/1979

Date Order Created: 05/19/2026

Order ID: 1184/649

Agency Assigned Id: 1430

Certification Period: 05/13/2026 to 07/11/2026

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Orders:

06/09/2026 Problems : GG0170I1 - Walk 10 Feet
M1400

Pain Interference with ADLs

Pain Interference with Therapy activities

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0130B1 - Oral Hygiene

GG0170G1 - Car Transfer

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0170F1 - Toilet Transfer

GG0130A1 - Eating

GG0130C1 - Toileting Hygiene

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

07/30/2026 patient_goal: be more independent again, Target Date: 07/11/2026,

07/30/2026 procedure: home exercise program, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: ,

07/30/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 07/11/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 07/11/2026, therapeutic exercises, Target Date: 07/11/2026, therapeutic modalities, Target Date: 07/11/2026, equipment training, Target Date: 07/11/2026, work simplification/energy conservation, Target Date: 07/11/2026, related medication(s) purpose and schedule, Target Date: 07/11/2026, symptoms requiring physician notification, Target Date: 07/11/2026,

07/30/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including

- * diet changes and regular exercise

- * strategies to control shortness of breath

- * home remedies to keep lungs healthy

- * recalls related medication(s) purpose, schedule, Target Date: 07/11/2026, patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time

of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
** teach relaxation skills and diversional activities*
** recalls related medication(s) purpose, schedule, Target Date: 07/11/2026, Oral Hygiene - 06.*
Independent, Target Date: 07/11/2026, Toileting Hygiene - 06. Independent, Target Date: 07/11/2026,
Shower/Bathe Self - 06. Independent, Target Date: 07/11/2026, Lower Body Dressing - 06.
Independent, Target Date: 07/11/2026, Don/Doff Footwear - 06. Independent, Target Date:
07/11/2026, Eating - 06. Independent, Target Date: 07/11/2026, Upper Body Dressing - 06.
Independent, Target Date: 07/11/2026,

07/30/2026 discharge_plan: patient will be responsible for managing treatment, Target Date:
07/11/2026,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by DELGADO, MELISSA Date 07/30/2026