

Medical Update for Linda Seybold DOB: 08/27/1938

Date Order Created: 07/30/2026

Order ID: 1150/20852

Agency Assigned Id: 27525

Certification Period: 07/20/2026 to 09/17/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

07/30/2026 Problems : GG0170J1 - Walk 50 ft with 2 Turns

GG0130A1 - Eating

GG0170E1 - Chair to Bed to Chair

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

Pain Effect on Sleep

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170F1 - Toilet Transfer

GG0170D1 - Sit to Stand

M1400 - Dyspnea

Pain Interference with ADLs

Pain Interference with Therapy activities

07/30/2026 patient_goal: To walk normal steadier gait progress off the rollator be able to plant flowers, Target Date: 09/17/2026,

07/30/2026 procedure: physician-ordered wound care, Notes: , wound vacuum, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , transfers training, Notes: , coordinate/arrange repair of unsafe floor coverings, Notes: , cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: , home exercise program, Notes: Seated laq, hip flexion, hip abduction, heelraises toeraises , standing exercises as tolerated hip flexion, heelraises, roe raises 2-3×10, Medication management , Notes: Review medication with pt and caregiver, dynamic standing balance exercises, Notes: Work on dynamic balance training with and without AD over even and uneven surfaces to improve righting reaction and hip ankle step strategies to reduce risk for falls,

07/30/2026 teach: how to take the patient's blood pressure and record the reading, Target Date: 09/17/2026, how to achieve wound healing including cleaning and dressing wound, position changes, skin care, diet modification and preventing pressure ulcer recurrence, record wound measurements, Target Date: 09/17/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 09/17/2026, therapeutic exercises, Target Date: 09/17/2026, therapeutic modalities, Target Date: 09/17/2026, balance training, Target Date: 09/17/2026, equipment training, Target Date: 09/17/2026, gait training, Target Date: 09/17/2026, transfer training, Target Date: 09/17/2026,

07/30/2026 goal: patient/caregiver recalls

* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

* teach relaxation skills and diversional activities

* recalls related medication(s) purpose, schedule, Target Date: 09/17/2026, patient self-administers medications as prescribed

* recalls related medication(s) purpose, schedule, Target Date: 09/17/2026, Sit to Stand - 05. Setup or clean-up assistance, Target Date: 09/17/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 09/17/2026, Toilet Transfer - 06. Independent, Target Date: 09/17/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 09/17/2026, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 09/17/2026, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 09/17/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 09/17/2026, 4 Steps - 04. Supervision or touching assistance, Target Date: 09/17/2026, 12 Steps - 04. Supervision or touching assistance, Target Date: 09/17/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 09/17/2026, Car Transfer - 05. Setup or clean-up assistance, Target Date: 09/17/2026, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 09/17/2026, Oral Hygiene - 06. Independent, Target Date: 09/17/2026, Toileting Hygiene - 06. Independent, Target Date: 09/17/2026, Shower/Bathe Self - 06. Independent, Target Date: 09/17/2026, Lower Body Dressing - 06. Independent, Target Date: 09/17/2026, Don/Doff Footwear - 06. Independent, Target Date: 09/17/2026, Eating - 06. Independent, Target Date: 09/17/2026, Upper Body Dressing - 06. Independent, Target Date: 09/17/2026, patient/caregiver recalls

* lifestyle modifications to manage respiratory condition including

* diet changes and regular exercise

* strategies to control shortness of breath

* home remedies to keep lungs healthy

* recalls related medication(s) purpose, schedule, Target Date: 09/17/2026, patient/caregiver recalls

* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

* teach relaxation skills and diversional activities

* recalls related medication(s) purpose, schedule, Target Date: 09/17/2026, Sit to Stand - 06.

Independent, Target Date: 09/17/2026, Chair to Bed to Chair - 06. Independent, Target Date:

09/17/2026, Toilet Transfer - 06. Independent, Target Date: 09/17/2026, Car Transfer - 06.

Independent, Target Date: 09/17/2026, Walk 10 Feet - 05. Setup or clean-up assistance, Target Date:

09/17/2026, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 09/17/2026, Walk

150 Feet - 05. Setup or clean-up assistance, Target Date: 09/17/2026, Walk 10 ft on Uneven Surface -

05. Setup or clean-up assistance, Target Date: 09/17/2026, 1 - Step (curb) - 05. Setup or clean-up

assistance, Target Date: 09/17/2026, 4 Steps - 05. Setup or clean-up assistance, Target Date:

09/17/2026, Picking Up Object - 05. Setup or clean-up assistance, Target Date: 09/17/2026,

07/30/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 09/17/2026,

12 Steps - 05. Setup or clean-up assistance, Target Date: 09/17/2026 (unable to achieve)

Shilpi Khosla
615 W Macphail Rd

615 W Macphail Rd, MD 21014
Tele:4438437000 FAX: 14436731880

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles

Date 07/30/2026