

Medical Update for Josephine Kemp DOB: 01/03/1940

Date Order Created: 07/28/2026

Order ID: 1195/319

Agency Assigned Id: 815

Certification Period: 07/15/2026 to 09/12/2026

*Evergreen Home Health 239350
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Orders:

PT POC

FREQ: 1 WK 8

07/22/2026 patient_goal: add patient-stated goal, Target Date: 09/12/2026,

07/22/2026 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , home exercise program, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

07/22/2026 teach: how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 09/12/2026, therapeutic exercises, Target Date: 09/12/2026, therapeutic modalities, Target Date: 09/12/2026, balance training, Target Date: 09/12/2026, equipment training, Target Date: 09/12/2026, gait training, Target Date: 09/12/2026, transfer training, Target Date: 09/12/2026, related medication(s) purpose and schedule, Target Date: 09/12/2026, symptoms requiring physician notification, Target Date: 09/12/2026,

07/22/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

- * recalls related medication(s) purpose, schedule, Target Date: 09/12/2026, Toileting Hygiene - 06. Independent, Target Date: 09/12/2026, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 09/12/2026, Lower Body Dressing - 05. Setup or clean-up assistance, Target Date: 09/12/2026: DISCONTINUED, Don/Doff Footwear - 05. Setup or clean-up assistance, Target Date: 09/12/2026, Eating - 06. Independent, Target Date: 09/12/2026, Upper Body Dressing - 06. Independent, Target Date: 09/12/2026, patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

- * recalls related medication(s) purpose, schedule, Target Date: 09/12/2026, Sit to Stand - 06. Independent, Target Date: 09/12/2026, Chair to Bed to Chair - 06. Independent, Target Date: 09/12/2026, Toilet Transfer - 06. Independent, Target Date: 09/12/2026, Car Transfer - 06. Independent, Target Date: 09/12/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 09/12/2026, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 09/12/2026, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 09/12/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 09/12/2026, 4 Steps - 04. Supervision or touching assistance, Target Date: 09/12/2026, 12 Steps - 04. Supervision or touching assistance, Target Date: 09/12/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 09/12/2026, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 09/12/2026,

07/22/2026 discharge_plan: add discharge plan, Target Date: 09/12/2026,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by SMITH, SHEILLA Date 07/29/2026