

Medical Update for Josephine Kemp DOB: 01/03/1940

Date Order Created: 07/28/2026

Order ID: 1195/314

Agency Assigned Id: 815

Certification Period: 07/15/2026 to 09/12/2026

Evergreen Home Health 239350
403 W Main Street Suite A1
Gaylord, MI 49735-1887
PHONE 989-214-1114 FAX

Orders:

07/28/2026 *patient_goal*: PT will increase showering ability from min a to set up in 30 days, Target Date: 09/12/2026, PT will increase LB dressing from min a to set up in 30 days, Target Date: 09/12/2026,

07/28/2026 *procedure*: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: ,

07/28/2026 *teach*: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 09/12/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 09/12/2026, therapeutic exercises, Target Date: 09/12/2026, therapeutic modalities, Target Date: 09/12/2026, equipment training, Target Date: 09/12/2026, work simplification/energy conservation, Target Date: 09/12/2026, related medication(s) purpose and schedule, Target Date: 09/12/2026, symptoms requiring physician notification, Target Date: 09/12/2026,

07/28/2026 *goal*: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 09/12/2026, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 09/12/2026, Toileting Hygiene - 06. Independent, Target Date: 09/12/2026, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 09/12/2026, Lower Body Dressing - 05. Setup or clean-up assistance, Target Date: 09/12/2026, Don/Doff Footwear - 05. Setup or clean-up assistance, Target Date: 09/12/2026, Eating - 06. Independent, Target Date: 09/12/2026, Upper Body Dressing - 06. Independent, Target Date: 09/12/2026,

07/28/2026 *discharge_plan*: patient will be responsible for managing treatment, Target Date: 09/12/2026,

Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 09/12/2026 (unable to achieve)

825 N. CENTER AVE

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Physician Signature _____ Date _____

Staff Signature: Electronically Signed by SMITH, SHEILLA Date 07/28/2026