

Medical Update for Margaret Helwig DOB: 06/14/1948

Date Order Created: 06/25/2026

Order ID: 1150/19908

Agency Assigned Id: 24068

Certification Period: 03/27/2026 to 05/25/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

06/25/2026 patient_goal: to feel better, Target Date: 05/25/2026,

06/25/2026 teach: how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 05/25/2026, related medication(s) purpose and schedule, Target Date: 05/25/2026, symptoms requiring physician notification, Target Date: 05/25/2026,

06/25/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 05/25/2026,

06/25/2026 Medications: Levothyroxine Sodium - Levothyroxine Sodium 112 mcg by mouth once a day For her thyroid

Potassium Chloride - Potassium Chloride 10meq by mouth once a day For low potassium

Torsemide - Torsemide 20 mg by mouth once a day For fluid

Aspirin 81Mg - Aspirin 81 mg by mouth once a day Take one tablet once a day

Stool Softener - Docusate Sodium 100 mg by mouth once a day Take 1-3 softgels once a day for constipation as needed.

Pregabalin - Pregabalin 75 mg by mouth once a day For neuropathy

Pantoprazole 40 mg by mouth once a day For stomach acid

Duloxetine 60 mg by mouth once a day Take one capsule by mouth daily every day orally for 90 days.

Jeffrey Swett
6701 N Charles St

6701 N Charles St, MD 21204
Tele:(443) 934-0976 FAX: 14109337790

Physician Signature _____ Date _____

Staff Signature: Electronically Signed by Messick, Charles Date 07/21/2026