

Medical Update for Glory Alston DOB: 12/18/1949

Date Order Created: 07/17/2026

Order ID: 1150/20488

Agency Assigned Id: 27646

Certification Period: 07/07/2026 to 09/04/2026

HomeCentris Healthcare LLC 217058
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Orders:

07/16/2026 Problems : GG0170G1 - Car Transfer
GG0130H1 - Don/Doff Footwear
GG0130G1 - Lower Body Dressing
GG0130F1 - Upper Body Dressing
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130B1 - Oral Hygiene
GG0170L1 - Walk 10 ft on Uneven Surface
GG0170E1 - Chair to Bed to Chair
GG0170D1 - Sit to Stand
GG0170P1 - Picking Up Object
GG0170O1 - 12 Steps
GG0170N1 - 4 Steps
GG0170M1 - 1 - Step (curb)
GG0170K1 - Walk 150 Feet
GG0170J1 - Walk 50 ft with 2 Turns
GG0170I1 - Walk 10 Feet
GG0170F1 - Toilet Transfer

07/16/2026 patient_goal: To be able to walk without help, Target Date: 09/04/2026,

07/16/2026 procedure: equipment training, Notes: , gait training/stair training, Notes: , transfers training, Notes: , Medication Review, Notes: - medications reviewed with patient/caregiver, home exercise program, Notes: Review HEP: seated knee ext, hip flex, hip abd, quad sets, gluteal squeezes, ankle pumps at least 1x10. Once tolerated, upgrade to standing heel/ toe raises, knee flex, hip flex, hip abd at least 1x10 with UE support as needed. Upgrade as tolerated,

07/16/2026 teach: therapeutic exercises, Target Date: 09/04/2026, therapeutic modalities, Target Date: 09/04/2026, balance training, Target Date: 09/04/2026, equipment training, Target Date: 09/04/2026, gait training, Target Date: 09/04/2026, work simplification/energy conservation, Target Date: 09/04/2026, transfer training, Target Date: 09/04/2026,

07/16/2026 goal: Sit to Stand - 05. Setup or clean-up assistance, Target Date: 09/04/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 09/04/2026, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 09/04/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 09/04/2026, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 09/04/2026, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 09/04/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 09/04/2026, 4 Steps - 04. Supervision or touching assistance, Target Date: 09/04/2026, 12 Steps - 04. Supervision or touching assistance, Target Date: 09/04/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 09/04/2026, Car Transfer - 05. Setup or clean-up assistance, Target Date: 09/04/2026, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 09/04/2026, Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 09/04/2026, Toileting Hygiene - 05. Setup or clean-up assistance, Target Date: 09/04/2026, Shower/Bathe Self - 03. Partial/moderate assistance, Target Date: 09/04/2026, Upper Body Dressing - 05. Setup or clean-up

assistance, Target Date: 09/04/2026, Lower Body Dressing - 05. Setup or clean-up assistance, Target Date: 09/04/2026, Don/Doff Footwear - 05. Setup or clean-up assistance, Target Date: 09/04/2026,

07/16/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 09/04/2026,

*Laura Emmanuel-Allen
7141 Security Blvd*

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 07/17/2026