

Medical Update for Bennie Forrest DOB: 12/08/1942

Date Order Created: 07/10/2026

Order ID: 1150/20277

Agency Assigned Id: 27543

Certification Period: 06/30/2026 to 08/28/2026

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Orders:

07/07/2026 Problems : GG0170O1 - 12 Steps

GG0130A1 - Eating

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

GG0130E1 - Shower/Bathe Self

GG0130C1 - Toileting Hygiene

GG0130B1 - Oral Hygiene

GG0170E1 - Chair to Bed to Chair

GG0170P1 - Picking Up Object

GG0170D1 - Sit to Stand

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170F1 - Toilet Transfer

07/07/2026 patient_goal: To get stronger walk with walker easier and get up and down steps easier.,
Target Date: 08/28/2026,

07/07/2026 procedure: coordinate/arrange caregiver support to prevent caregiver physical, emotional and mental exhaustion, Notes: , Medication management , Notes: Medication reviewed with patient and family, dynamic standing balance exercises, Notes: Work weight shifting in and outside bos with bilateral and or single ue support, home exercise program, Notes: Bil hamstring and heel cord stretching 20 second holds 3 trials each, supine quad sets, heel slides, aps, seated laq, hip flexion, hip abduction, heelraises with assist as needed., gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

07/07/2026 teach: therapeutic exercises, Target Date: 08/28/2026, therapeutic modalities, Target Date: 08/28/2026, balance training, Target Date: 08/28/2026, equipment training, Target Date: 08/28/2026, gait training, Target Date: 08/28/2026, transfer training, Target Date: 08/28/2026,

07/07/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

- * recalls related medication(s) purpose, schedule, Target Date: 08/28/2026, patient self-administers medications as prescribed

- * recalls related medication(s) purpose, schedule, Target Date: 08/28/2026, Stair negotiation , Target Date: 08/28/2026, Sit to Stand - 06. Independent, Target Date: 08/28/2026, Chair to Bed to Chair - 06. Independent, Target Date: 08/28/2026, Toilet Transfer - 06. Independent, Target Date: 08/28/2026, Car Transfer - 06. Independent, Target Date: 08/28/2026, Walk 10 Feet - 05. Setup or clean-up

assistance, Target Date: 08/28/2026, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 08/28/2026, Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance, Target Date: 08/28/2026, 1 - Step (curb) - 05. Setup or clean-up assistance, Target Date: 08/28/2026, 4 Steps - 05. Setup or clean-up assistance, Target Date: 08/28/2026, Picking Up Object - 05. Setup or clean-up assistance, Target Date: 08/28/2026,

07/07/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 08/28/2026,

Walk 150 Feet - 05. Setup or clean-up assistance, Target Date: 08/28/2026 (unable to achieve)
12 Steps - 05. Setup or clean-up assistance, Target Date: 08/28/2026 (unable to achieve)

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 07/10/2026