

Medical Update for Fredonia Gainer DOB: 05/10/1931

Date Order Created: 06/10/2026

Order ID: 1150/19312

Agency Assigned Id: 13216

Certification Period: 05/20/2026 to 07/18/2026

HomeCentris Healthcare LLC 217058
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Orders:

06/09/2026 Problems : GG0170K1 - Walk 150 Feet
GG0130A1 - Eating
GG0130H1 - Don/Doff Footwear
GG0130G1 - Lower Body Dressing
GG0130F1 - Upper Body Dressing
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130B1 - Oral Hygiene
GG0170E1 - Chair to Bed to Chair
GG0170J1 - Walk 50 ft with 2 Turns
M1400 - Dyspnea
GG0170L1 - Walk 10 ft on Uneven Surface
GG0170I1 - Walk 10 Feet
GG0170P1 - Picking Up Object
GG0170G1 - Car Transfer
GG0170N1 - 4 Steps
GG0170O1 - 12 Steps
GG0170M1 - 1 - Step (curb)
GG0170F1 - Toilet Transfer
GG0170D1 - Sit to Stand

06/02/2026 procedure: transfers training, Notes: Transfer training, Therapeutic exercise, Notes: Will explain exercise at time of visit, cough/deep breathing exercises, Notes: , transfers training, Notes: , gait training/stair training, Notes: Ambulation using quad cane, Medication Review, Notes: - medications reviewed with patient/caregiver, home exercise program, Notes: Review HEP: seated knee ext, hip flex, hip abd, quad sets, gluteal squeezes, ankle pumps at least 1x10. Once tolerated, upgrade to standing heel/ toe raises, knee flex, hip flex, hip abd at least 1x10 with UE support as needed,

06/09/2026 goal: 1 - Step (curb) - 02. Substantial/maximal assistance, Target Date: 07/18/2026, 12 Steps - 02. Substantial/maximal assistance, Target Date: 07/18/2026,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles

Date 07/08/2026