

Medical Update for Nazira Alam DOB: 05/01/1970

Date Order Created: 07/03/2026

Order ID: 1163/1126

Agency Assigned Id: 1648

Certification Period: 06/17/2026 to 08/15/2026

Grace Home Healthcare, LLC 497754
9735 Main Street Suite 200 Fairfax,
Fairfax, VA 22031-3736
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Orders:

07/02/2026 teach: how to control and manage pain, adequate fluid intake, monitor for S&S of infection, high fiber diet, Target Date: 08/15/2026,

07/02/2026 goal: patient/caregiver recalls

- * low cholesterol dietary guidelines
- * recalls related medication(s) purpose, schedule, Target Date: 08/15/2026, patient/caregiver recalls
- * how to achieve wound healing including cleaning and dressing wound
- * position changes
- * skin care
- * diet modification
- * preventing pressure ulcer recurrence
- * record wound measurements
- * recalls related medication(s) purpose, schedule, Target Date: 08/15/2026, patient/caregiver recalls
- * prescribed dietary modifications
- * monitoring intake and output
- * monitoring weight loss or weight gain
- * monitor changes in neurological status
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- * prescribed dietary modifications
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- * monitoring weight loss or weight gain
- * monitor changes in neurological status
- * recalls related medication(s) purpose, schedule, Target Date: 08/15/2026, patient/caregiver recalls
- * diabetic medication management
- * blood sugar testing
- * diabetic foot care
- * exercise
- * diabetic diet
- * recalls related medication(s) purpose, schedule, Target Date: 08/15/2026, patient/caregiver recalls
- * strategies to increase socialization
- * recalls related medication(s) purpose, schedule, Target Date: 08/15/2026,

Manan Shah
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Physician Signature _____ Date _____

Staff Signature: Electronically Signed by Messick, Charles

Date 07/06/2026