

Medical Update for James Forbes DOB: 06/20/1939

Date Order Created: 06/26/2026

Order ID: 1150/19949

Agency Assigned Id: 21498

Certification Period: 06/09/2026 to 08/07/2026

HomeCentris Healthcare LLC 217058
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Orders:

06/23/2026 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , teach/coordinate/arrange medication packaging and/or administration, Notes: , coordinate/arrange home modifications for hearing impaired, i.e. alarms, Notes: , physician-ordered wound care: #1 - 1 - Intact skin with non-blanchable redness of a localized area usually over a bony prominence. - Other - Left heel - Non blanchable erythema, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

06/23/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

- * recalls related medication(s) purpose, schedule, Target Date: 08/07/2026: DISCONTINUED, patient/caregiver recalls

- * depression-prevention strategies including avoidance of isolation

- * healthy eating

- * sleeping habits

- * identification of activities that bring pleasure

- * preventive care

- * recalls related medication(s) purpose, schedule, Target Date: 08/07/2026, patient self-administers medications as prescribed

- * recalls related medication(s) purpose, schedule, Target Date: 08/07/2026: DISCONTINUED, Sit to Stand - 06. Independent, Target Date: 08/07/2026, Chair to Bed to Chair - 06. Independent, Target Date: 08/07/2026, Toilet Transfer - 06. Independent, Target Date: 08/07/2026, Car Transfer - 06. Independent, Target Date: 08/07/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 08/07/2026, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 08/07/2026, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 08/07/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 08/07/2026, 4 Steps - 04. Supervision or touching assistance, Target Date: 08/07/2026, 12 Steps - 04. Supervision or touching assistance, Target Date: 08/07/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 08/07/2026, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 08/07/2026,

06/26/2026 Medications: Fluoxetine - Fluoxetine Hydrochloride eq 20 mg base 1tablet by mouth once a day for depression

Folic Acid - Folic Acid 1 mg 1 Tablet by mouth once a day for supplement

Hydroxyzine - Hydroxyzine Hydrochloride 10 mg / 1 Tablet by mouth every 8 hours Give 0.5 tablet by mouth every 8 hours as

needed for anxiety until 01/22/2026 23:59

Latanoprost - Latanoprost 0.005 perc 1drop left eye once a day for glaucoma

Losartan Potassium - Losartan Potassium 25 mg 1 Tablet by mouth once a day for

HTN HOLD FOR SBP <110, HR <60

Midodrine Hydrochloride - Midodrine Hydrochloride 5 mg 1tablet by mouth twice a day for Hypotension Hold for SBP greater than 130

Mirtazapine - Mirtazapine 15 mg 1tablet by mouth once a day for depression

Tamsulosin Hydrochloride - Tamsulosin Hydrochloride 0.4 mg 1 Capsule by mouth every 12 hours for BPH

Rosuvastatin Calcium - Rosuvastatin Calcium 10 mg 1 Tablet by mouth once a day for cholesterol
Extra Strength Tylenol - Acetaminophen 500-25 MG / 1tablet by mouth at bedtime Give 1
tablet by mouth as needed for sleep until 01/21/2026
23:59 take nightly
Fluticasone - Fluticasone Furoate Nasal Suspension 27.5 MCG/SPRAY nasal once a day 2 spray in both
nostrils one time a day for congestion
Metformin - Metformin Hydrochloride 500 mg / 1 Tablet by mouth twice a day Give 2 tablet by mouth
two times a day for DM
Simethicone - Simethicone 80 MG by mouth every 6 hours as needed for
flatulence
Align Oral Capsule (Probiotic Product) 10 MG by mouth once a day for bowel health
Feosol Bifera Oral Tablet (Polysaccharide Iron Complex-Iron Heme Polypeptide) 28 MG by mouth once
a day for iron
Multivitamin Oral Tablet (Multiple Vitamin) 1 Tablet by mouth once a day for supplement

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 06/29/2026