

Medical Update for Marie Gellert DOB: 05/10/1944

Date Order Created: 06/26/2026

Order ID: 1150/19953

Agency Assigned Id: 26896

Certification Period: 06/15/2026 to 08/13/2026

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Orders:

06/26/2026 Problems : GG0170G1 - Car Transfer
GG0130F1 - Upper Body Dressing
GG0130A1 - Eating
GG0130H1 - Don/Doff Footwear
GG0130G1 - Lower Body Dressing
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130B1 - Oral Hygiene
GG0170L1 - Walk 10 ft on Uneven Surface
GG0170E1 - Chair to Bed to Chair
M1400 - Dyspnea
GG0170P1 - Picking Up Object
GG0170O1 - 12 Steps
GG0170N1 - 4 Steps
GG0170M1 - 1 - Step (curb)
GG0170K1 - Walk 150 Feet
GG0170J1 - Walk 50 ft with 2 Turns
GG0170I1 - Walk 10 Feet
GG0170F1 - Toilet Transfer
GG0170D1 - Sit to Stand

06/25/2026 patient_goal: To hopefully get off the rollator walking improve my balance and strength,
Target Date: 08/13/2026, add patient-stated goal, Target Date: 08/13/2026, Get in the shower, Target
Date: 08/13/2026,

06/24/2026 procedure: cough/deep breathing exercises, Notes: , work simplification/energy
conservation, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: ,
transfers training, Notes: , home exercise program, Notes: Bil knee extension stretching 20 sec holds ,
heelraises, df, hamstring curls , hip abduction knee extension 2-3x10 , supine tes can be performed as
needed,, equipment training, Notes: Training with use spc and rollator as well., Medication
management , Notes: Medication reviewed with pt, equipment training, Notes: , work
simplification/energy conservation, Notes: , home exercise program, Notes: Armchair press-ups 4x10,
wall push-ups 2-3 sets, lateral raises 2-3 sets, Medication Review , Notes: Medication reviewed with
patient with AM medications taken prior to tx session., transfers training, Notes: Skilled OT, assist
with bathing, Notes: Skilled OT,

06/24/2026 teach: how to maintain a diary to monitor effective and non-effective pain relief including
documenting time of pain, rating, precipitating events, medications, treatments, and what works best
to relieve pain, teach relaxation skills and diversional activities, Target Date: 08/13/2026, related
medication(s) purpose and schedule, Target Date: 08/13/2026, symptoms requiring physician
notification, Target Date: 08/13/2026, therapeutic exercises, Target Date: 08/13/2026, therapeutic
modalities, Target Date: 08/13/2026, balance training, Target Date: 08/13/2026, equipment training,
Target Date: 08/13/2026, gait training, Target Date: 08/13/2026, work simplification/energy
conservation, Target Date: 08/13/2026, transfer training, Target Date: 08/13/2026, how to maintain a
diary to monitor effective and non-effective pain relief including documenting time of pain, rating,

precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 08/13/2026, related medication(s) purpose and schedule, Target Date: 08/13/2026, symptoms requiring physician notification, Target Date: 08/13/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 08/13/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 08/13/2026, therapeutic exercises, Target Date: 08/13/2026, therapeutic modalities, Target Date: 08/13/2026, equipment training, Target Date: 08/13/2026, work simplification/energy conservation, Target Date: 08/13/2026, related medication(s) purpose and schedule, Target Date: 08/13/2026, symptoms requiring physician notification, Target Date: 08/13/2026,

06/24/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

- * recalls related medication(s) purpose, schedule, Target Date: 08/13/2026, patient self-administers medications as prescribed

- * recalls related medication(s) purpose, schedule, Target Date: 08/13/2026: DISCONTINUED, Sit to Stand - 06. Independent, Target Date: 08/13/2026, Chair to Bed to Chair - 06. Independent, Target Date: 08/13/2026, Toilet Transfer - 06. Independent, Target Date: 08/13/2026, Car Transfer - 06. Independent, Target Date: 08/13/2026, Walk 10 Feet - 05. Setup or clean-up assistance, Target Date: 08/13/2026, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 08/13/2026, Walk 150 Feet - 05. Setup or clean-up assistance, Target Date: 08/13/2026, Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance, Target Date: 08/13/2026, 1 - Step (curb) - 05. Setup or clean-up assistance, Target Date: 08/13/2026, 4 Steps - 05. Setup or clean-up assistance, Target Date: 08/13/2026, 12 Steps - 05. Setup or clean-up assistance, Target Date: 08/13/2026, Picking Up Object - 05. Setup or clean-up assistance, Target Date: 08/13/2026, Oral Hygiene - 06. Independent, Target Date: 08/13/2026, Toileting Hygiene - 06. Independent, Target Date: 08/13/2026, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 08/13/2026, Lower Body Dressing - 06. Independent, Target Date: 08/13/2026, Don/Doff Footwear - 06. Independent, Target Date: 08/13/2026, Upper Body Dressing - 06. Independent, Target Date: 08/13/2026, patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including

- * diet changes and regular exercise

- * strategies to control shortness of breath

- * home remedies to keep lungs healthy

- * recalls related medication(s) purpose, schedule, Target Date: 08/13/2026, Oral Hygiene - 06.

- Independent, Target Date: 08/13/2026, Toileting Hygiene - 06. Independent, Target Date: 08/13/2026, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 08/13/2026, Lower Body Dressing - 06. Independent, Target Date: 08/13/2026, Don/Doff Footwear - 06. Independent, Target Date: 08/13/2026, Eating - 06. Independent, Target Date: 08/13/2026, Upper Body Dressing - 06. Independent, Target Date: 08/13/2026,

06/25/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 08/13/2026, add discharge plan, Target Date: 08/13/2026, patient will be responsible for managing treatment, Target Date: 08/13/2026,

Daniel Collector

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles

Date 06/29/2026