

Medical Update for Michael Allen DOB: 08/13/1958

Date Order Created: 06/26/2026

Order ID: 1150/19928

Agency Assigned Id: 26900

Certification Period: 06/15/2026 to 08/13/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

06/23/2026 Problems : GG0170D1 - Sit to Stand
GG0170F1 - Toilet Transfer
GG0170G1 - Car Transfer
GG0170I1 - Walk 10 Feet
GG0170J1 - Walk 50 ft with 2 Turns
GG0170K1 - Walk 150 Feet
GG0170L1 - Walk 10 ft on Uneven Surface
GG0170M1 - 1 - Step (curb)
GG0170N1 - 4 Steps
GG0170O1 - 12 Steps
GG0170P1 - Picking Up Object
GG0170E1 - Chair to Bed to Chair
GG0130A1 - Eating

06/23/2026 patient_goal: Not to go back to hospital, Target Date: 08/13/2026,

06/23/2026 procedure: home exercise program, Notes: Ankle pumps, quad sets, glute sets, heel slides, partial squats, and seated/standing knee flexion and extension within tolerance. 10-15 reps ea. 1-2 set per day., B LE mm strengthening, Notes: 1, gait training/stair training, Notes: , transfers training, Notes: ,

06/23/2026 teach: therapeutic exercises, Target Date: 08/13/2026, therapeutic modalities, Target Date: 08/13/2026, wheelchair training, Target Date: 08/13/2026, balance training, Target Date: 08/13/2026, equipment training, Target Date: 08/13/2026, gait training, Target Date: 08/13/2026, transfer training, Target Date: 08/13/2026,

06/23/2026 goal: Sit to Stand - 06. Independent, Target Date: 08/13/2026, Chair to Bed to Chair - 06. Independent, Target Date: 08/13/2026, Toilet Transfer - 06. Independent, Target Date: 08/13/2026, Car Transfer - 06. Independent, Target Date: 08/13/2026, Walk 10 Feet - 06. Independent, Target Date: 08/13/2026, Walk 50 ft with 2 Turns - 06. Independent, Target Date: 08/13/2026, Walk 150 Feet - 06. Independent, Target Date: 08/13/2026, Walk 10 ft on Uneven Surface - 06. Independent, Target Date: 08/13/2026, 1 - Step (curb) - 06. Independent, Target Date: 08/13/2026, 4 Steps - 06. Independent, Target Date: 08/13/2026, 12 Steps - 06. Independent, Target Date: 08/13/2026, Picking Up Object - 06. Independent, Target Date: 08/13/2026,

06/23/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 08/13/2026,

Sarah Lichenstein

7070 Samuel Morse Dr

7070 Samuel Morse Dr, MD 21046

Tele:410-309-4600 FAX:

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 06/29/2026