

Medical Update for Stephen Ater DOB: 10/30/1944

Date Order Created: 06/26/2026

Order ID: 1150/19930

Agency Assigned Id: 26570

Certification Period: 06/05/2026 to 08/03/2026

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Orders:

06/25/2026 Problems : Pain Effect on Sleep

Pain Interference with ADLs

#1 - - Other - Tip of left great toe -

#2 - 2 - Partial thickness loss of dermis presenting as a shallow open ulcer with red pink wound bed. -
Other - Tip of right great toe -

#3 - Non-Observable Surgical Wound - Anterior Left Upper Chest - Pacemaker insertion

M1400 - Dyspnea

GG0130B1 - Oral Hygiene

GG0130C1 - Toileting Hygiene

GG0130E1 - Shower/Bathe Self

GG0130G1 - Lower Body Dressing

GG0130H1 - Don/Doff Footwear

GG0130A1 - Eating

GG0130F1 - Upper Body Dressing

06/25/2026 patient_goal: To get back to myself, Target Date: 08/03/2026,

06/25/2026 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: ,
equipment training, Notes: , work simplification/energy conservation, Notes: , home exercise program,
Notes: RUE 1-2# shoulder flex/ext, abd/add, horizontal abd/add, bcpe curls, LUE as above oncee
patient is off pacemaker precautions.,

06/25/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet
changes and regular exercise; strategies to control shortness of breath and home remedies to keep
lungs healthy, Target Date: 08/03/2026, therapeutic exercises, Target Date: 08/03/2026, therapeutic
modalities, Target Date: 08/03/2026, equipment training, Target Date: 08/03/2026, work
simplification/energy conservation, Target Date: 08/03/2026,

06/25/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including

- * diet changes and regular exercise

- * strategies to control shortness of breath

- * home remedies to keep lungs healthy

- * recalls related medication(s) purpose, schedule, Target Date: 08/03/2026, patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time
of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

- * recalls related medication(s) purpose, schedule, Target Date: 08/03/2026, Oral Hygiene - 06.

Independent, Target Date: 08/03/2026, Toileting Hygiene - 05. Setup or clean-up assistance, Target
Date: 08/03/2026, Shower/Bathe Self - 04. Supervision or touching assistance, Target Date:

08/03/2026, Lower Body Dressing - 06. Independent, Target Date: 08/03/2026, Don/Doff Footwear -

06. Independent, Target Date: 08/03/2026, Eating - 06. Independent, Target Date: 08/03/2026, Upper
Body Dressing - 06. Independent, Target Date: 08/03/2026,

06/25/2026 discharge_plan: patient will be responsible for managing treatment, Target Date:

08/03/2026, , Target Date: 08/03/2026, , Target Date: 08/03/2026, , Target Date: 08/03/2026, , Target Date: 08/03/2026,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 06/29/2026