

Medical Update for Raymond Hierstetter DOB: 09/23/1956

Date Order Created: 06/10/2026

Order ID: 1150/19324

Agency Assigned Id: 25311

Certification Period: 04/28/2026 to 06/26/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

06/02/2026 Problems : GG0170O1 - 12 Steps
GG0130F1 - Upper Body Dressing
GG0130A1 - Eating
GG0130H1 - Don/Doff Footwear
GG0130G1 - Lower Body Dressing
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130B1 - Oral Hygiene
GG0170E1 - Chair to Bed to Chair
GG0170P1 - Picking Up Object
M1400 - Dyspnea
GG0170N1 - 4 Steps
GG0170M1 - 1 - Step (curb)
GG0170L1 - Walk 10 ft on Uneven Surface
GG0170K1 - Walk 150 Feet
GG0170J1 - Walk 50 ft with 2 Turns
GG0170I1 - Walk 10 Feet
GG0170G1 - Car Transfer
GG0170F1 - Toilet Transfer
GG0170D1 - Sit to Stand

05/14/2026 parameters for physician notification: blood sugar < 60 > 300

05/05/2026 patient_goal: Golf again, Target Date: 06/26/2026, Golf again, Target Date: 06/26/2026,

05/04/2026 procedure: cough/deep breathing exercises, Notes: , glucose testing via monitor, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , home exercise program, Notes: Bilateral UE strengthening of anterior deltoid, triceps, and pectoral muscles, cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

05/05/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 06/26/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 06/26/2026, therapeutic exercises, Target Date: 06/26/2026, therapeutic modalities, Target Date: 06/26/2026, equipment training, Target Date: 06/26/2026, work simplification/energy conservation, Target Date: 06/26/2026, related medication(s) purpose and schedule, Target Date: 06/26/2026, symptoms requiring physician notification, Target Date: 06/26/2026, wheelchair training, Target Date: 06/26/2026,

05/04/2026 goal: patient/caregiver recalls

* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 06/26/2026: DISCONTINUED, patient self-administers medications as prescribed
- * recalls related medication(s) purpose, schedule, Target Date: 06/26/2026: DISCONTINUED, patient/caregiver recalls
- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 06/26/2026: DISCONTINUED, Oral Hygiene - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, Toileting Hygiene - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, Shower/Bathe Self - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, Lower Body Dressing - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, Don/Doff Footwear - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, Eating - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, Upper Body Dressing - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 06/26/2026: DISCONTINUED, Sit to Stand - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, Chair to Bed to Chair - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, Toilet Transfer - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, Car Transfer - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, Walk 10 Feet - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, Walk 50 ft with 2 Turns - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, Walk 150 Feet - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, Walk 10 ft on Uneven Surface - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, 1 - Step (curb) - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, 4 Steps - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, 12 Steps - 06. Independent, Target Date: 06/26/2026: DISCONTINUED, Picking Up Object - 06. Independent, Target Date: 06/26/2026: DISCONTINUED

05/05/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 06/26/2026,

Jasmin Hans
1701 Twin Springs Rd

1701 Twin Springs Rd, MD 21227
Tele:410-933-79616 FAX: 14109337666

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 06/10/2026