

Medical Update for Rona Howe DOB: 12/16/1946

Date Order Created: 06/10/2026

Order ID: 1150/19325

Agency Assigned Id: 20835

Certification Period: 04/29/2026 to 06/27/2026

HomeCentris Healthcare LLC 217058
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Owings Mills, MD 21117-8284
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Orders:

Authorization changes of PT skill Total Visits: 6 and Visit Freq: CUSTOM
Authorization changes of OT skill Total Visits: 5 and Visit Freq: CUSTOM

05/26/2026 Problems : GG0170L1 - Walk 10 ft on Uneven Surface

GG0130F1 - Upper Body Dressing

GG0130A1 - Eating

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130E1 - Shower/Bathe Self

GG0130C1 - Toileting Hygiene

GG0130B1 - Oral Hygiene

GG0170E1 - Chair to Bed to Chair

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170F1 - Toilet Transfer

GG0170D1 - Sit to Stand

Pain Interference with ADLs

Pain Interference with Therapy activities

Pain Effect on Sleep

Chronic kidney disease, stage 3b (N18.32)

Acute and chronic respiratory failure with hypoxia (J96.21)

Presence of aortocoronary bypass graft (Z95.1)

05/19/2026 patient_goal: , Target Date: 06/27/2026,

05/26/2026 procedure: equipment training, Notes: , work simplification/energy conservation, Notes: ,

05/26/2026 goal: patient/caregiver recalls

* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

* teach relaxation skills and diversional activities

* recalls related medication(s) purpose, schedule, Target Date: 06/27/2026: DISCONTINUED, Oral Hygiene - 06. Independent, Target Date: 06/27/2026: DISCONTINUED, Toileting Hygiene - 06.

Independent, Target Date: 06/27/2026: DISCONTINUED, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 06/27/2026, Lower Body Dressing - 06. Independent, Target Date:

06/27/2026, Don/Doff Footwear - 06. Independent, Target Date: 06/27/2026, Eating - 06. Independent, Target Date: 06/27/2026: DISCONTINUED, Upper Body Dressing - 06. Independent, Target Date:

06/27/2026: DISCONTINUED,

Walk 150 Feet - 05. Setup or clean-up assistance, Target Date: 06/27/2026 (unable to achieve)

06/03/2026 Medications: ACETAMINOPHEN 650 MG tablet mouth every 6 hours as needed Commonly known as: **TYLENOL**
ALBUTEROL 108 (90 BASE) mcg/act aerosol solution inhalation by inhalation every 6 hours as needed Commonly known as: **VENTOLIN HFA**
SPIRIVA 2.5 MCG/ACT Aers inhaler inhalation by inhalation daily Generic drug: tiotropium
CARVEDILOL 25 MG tablet mouth 2 times daily Commonly known as: **COREG**
FAMOTIDINE 20 MG tablet mouth daily Commonly known as: **PEPCID**
GABAPENTIN 300 MG capsule mouth 2 times daily Commonly known as: **NEURONTIN**
GLIPIZIDE 10 MG tablet mouth 2 times daily before meals Commonly known as: **GLUCOTROL**
LIDOCAINE 5 % patch skin Place onto the skin daily Commonly known as: **LIDODERM**
LORATADINE 10 MG tablet mouth daily Commonly known as: **CLARITIN**
LOSARTAN POTASSIUM 50 MG tablet mouth daily On hold. Commonly known as: **COZAAR**
MUCINEX 600 MG tablet mouth as necessary Generic drug: guaifenesin SR
MYCOPHENOLATE MOFETIL 250 MG capsule mouth 2 times daily Commonly known as: **CELLCEPT**
IPRATROPIUM 0.03 % nasal spray nasal 2 sprays by Each Nare route every 12 hours as needed Commonly known as: **ATROVENT**
LEVOTHYROXINE 50 MCG tablet mouth daily before breakfast Commonly known as: **SYNTHROID**
TACROLIMUS 1 MG capsule mouth 2 times daily Commonly known as: **PROGRAF**
AMLODIPINE 5 MG tablet mouth daily Commonly known as: **NORVASC**. What changed: how much to take
ATORVASTATIN 40 MG tablet mouth daily Commonly known as: **LIPITOR**
HYDRALAZINE 100 MG tablet mouth 3 times daily Commonly known as: **APRESOLINE**. What changed: when to take this
SERTRALINE 100 MG tablet mouth nightly Commonly known as: **ZOLOFT**
ASPIRIN 81 MG tablet mouth daily Replaces: aspirin 325 mg tablet
calcium-vitamin d 600-5 MG-MCG Tabs mouth daily
fluticasone-salmeterol 250-50 MCG/ACT inhaler inhalation by inhalation 2 times daily Commonly known as: **ADVAIR**
OneTouch Verio test strip Use as directed to check glucose level 2 times per day Generic drug: glucose blood
Zituvio 50 MG Tabs mouth daily Generic drug: **SITagliptin**

Laura Emmanuel-Allen
7141 Security Blvd

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Tele: FAX:

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 06/10/2026