

Medical Update for Geraldine Slempp DOB: 12/26/1939

Date Order Created: 06/02/2026

Order ID: 1150/18988

Agency Assigned Id: 26058

Certification Period: 05/20/2026 to 07/18/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

05/28/2026 Problems : GG0170P1 - Picking Up Object

GG0130A1 - Eating

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

GG0130E1 - Shower/Bathe Self

GG0130C1 - Toileting Hygiene

GG0130B1 - Oral Hygiene

GG0170E1 - Chair to Bed to Chair

GG0170L1 - Walk 10 ft on Uneven Surface

M1400 - Dyspnea

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170F1 - Toilet Transfer

GG0170D1 - Sit to Stand

05/28/2026 patient_goal: add patient-stated goal, Target Date: 07/18/2026, Get in the shower, Target Date: 07/18/2026,

05/27/2026 procedure: equipment training, Notes: , work simplification/energy conservation, Notes: , gait training/stair training, Notes: , transfers training, Notes: , assist with toilet transferring, Notes: Cga, assist with grooming, Notes: Cga, assist with lower body dressing, Notes: Min A, assist with upper body dressing, Notes: Min A, assist with feeding/eating, Notes: Setup, assist with bathing, Notes: Mod A, assist with transferring, Notes: Min A, equipment training, Notes: , work simplification/energy conservation, Notes: , Medication Review , Notes: Medication reviewed with patient and caregiver with all medications in the home, therapeutic exercises, Notes: 1visit every other week x 8wks, transfers training, Notes: 1visit every other week x 8wks, assist with bathing, Notes: 1visit every other week x 8wks, assist with transferring, Notes: 1visit every other week x 8wks, assist with lower body dressing, Notes: 1visit every other week x 8wks, assist with upper body dressing, Notes: 1visit every other week x 8wks, home exercise program, Notes: Bilateral UE strengthening of deltoid, biceps, triceps and pectoral muscles,

05/28/2026 teach: how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 07/18/2026, related medication(s) purpose and schedule, Target Date: 07/18/2026, symptoms requiring physician notification, Target Date: 07/18/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 07/18/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events,

medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 07/18/2026, therapeutic exercises, Target Date: 07/18/2026, therapeutic modalities, Target Date: 07/18/2026, equipment training, Target Date: 07/18/2026, work simplification/energy conservation, Target Date: 07/18/2026, related medication(s) purpose and schedule, Target Date: 07/18/2026, symptoms requiring physician notification, Target Date: 07/18/2026,

05/27/2026 goal: Sit to Stand - 06. Independent, Target Date: 07/18/2026, Chair to Bed to Chair - 06. Independent, Target Date: 07/18/2026, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 07/18/2026, Car Transfer - 06. Independent, Target Date: 07/18/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 07/18/2026: DISCONTINUED, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 07/18/2026: DISCONTINUED, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 07/18/2026: DISCONTINUED, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 07/18/2026, 4 Steps - 04. Supervision or touching assistance, Target Date: 07/18/2026, 12 Steps - 04. Supervision or touching assistance, Target Date: 07/18/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 07/18/2026, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 07/18/2026, Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 07/18/2026: DISCONTINUED, Toileting Hygiene - 05. Setup or clean-up assistance, Target Date: 07/18/2026: DISCONTINUED, Shower/Bathe Self - 04. Supervision or touching assistance, Target Date: 07/18/2026, Upper Body Dressing - 05. Setup or clean-up assistance, Target Date: 07/18/2026: DISCONTINUED, Lower Body Dressing - 05. Setup or clean-up assistance, Target Date: 07/18/2026: DISCONTINUED, Don/Doff Footwear - 05. Setup or clean-up assistance, Target Date: 07/18/2026: DISCONTINUED, patient/caregiver recalls
* lifestyle modifications to manage respiratory condition including
* diet changes and regular exercise
* strategies to control shortness of breath
* home remedies to keep lungs healthy
* recalls related medication(s) purpose, schedule, Target Date: 07/18/2026, Oral Hygiene - 06. Independent, Target Date: 07/18/2026, Toileting Hygiene - 06. Independent, Target Date: 07/18/2026, Shower/Bathe Self - 04. Supervision or touching assistance, Target Date: 07/18/2026, Upper Body Dressing - 05. Setup or clean-up assistance, Target Date: 07/18/2026: DISCONTINUED, Lower Body Dressing - 05. Setup or clean-up assistance, Target Date: 07/18/2026: DISCONTINUED, Don/Doff Footwear - 05. Setup or clean-up assistance, Target Date: 07/18/2026: DISCONTINUED, Eating - 05. Setup or clean-up assistance, Target Date: 07/18/2026,

05/28/2026 discharge_plan: add discharge plan, Target Date: 07/18/2026, family/caregiver will be responsible for managing treatment, Target Date: 07/18/2026,

06/02/2026 Medications: Cefdinir - Cefdinir 300 mg 300mg by mouth twice a day
Hydrodiuril - Hydrochlorothiazide 12.5 mg by mouth once a day

Mohammad Rahnama
9512 HARFORD ROAD

9512 HARFORD ROAD, MD 21234
Tele:410-665-4400 FAX: 14106612420

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 06/03/2026