

Medical Update for Zelda Purvis DOB: 08/27/1962

Date Order Created: 05/29/2026

Order ID: 1150/18911

Agency Assigned Id: 25718

Certification Period: 05/12/2026 to 07/10/2026

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Orders:

05/20/2026 Problems : GG0170N1 - 4 Steps

GG0130A1 - Eating

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

GG0130E1 - Shower/Bathe Self

GG0130C1 - Toileting Hygiene

GG0130B1 - Oral Hygiene

GG0170E1 - Chair to Bed to Chair

GG0170J1 - Walk 50 ft with 2 Turns

GG0170K1 - Walk 150 Feet

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170I1 - Walk 10 Feet

GG0170P1 - Picking Up Object

Pain Effect on Sleep

GG0170O1 - 12 Steps

GG0170M1 - 1 - Step (curb)

GG0170S1 - Wheel 150 feet

GG0170R1 - Wheel 50 ft w 2 Turns

GG0170G1 - Car Transfer

GG0170F1 - Toilet Transfer

GG0170D1 - Sit to Stand

M1400 - Dyspnea

Pain Interference with ADLs

Pain Interference with Therapy activities

Pain Effect on Sleep

Pain Interference with ADLs

Pain Interference with Therapy activities

05/20/2026 patient_goal: To be able to walk in the house, Target Date: 07/10/2026, add patient-stated goal, Target Date: 07/10/2026, Get out of bed, Target Date: 07/10/2026,

05/18/2026 procedure: teach/coordinate/arrange medication packaging and/or administration, Notes: , coordinate/arrange for adequate patient supervision, Notes: , coordinate/arrange preparation of missing meals, Notes: , coordinate/arrange resources for vision-impaired, Notes: , Family training , Notes: For transfers, assist with mobility, Notes: , assist with toilet transferring, Notes: Dependent, assist with toileting hygiene, Notes: Dependent, assist with grooming, Notes: Max A, assist with lower body dressing, Notes: Dependent, assist with upper body dressing, Notes: Max A, assist with bathing, Notes: Dependent, assist with transferring, Notes: Dependent, Medication Review , Notes: Medication reviewed with patient and caregiver with all medications in the home, transfers training, Notes: 1x3wks, assist with bathing, Notes: 1x3wks, assist with toilet transferring, Notes: 1x3wks, assist with lower body dressing, Notes: 1x3wks, assist with upper body dressing, Notes: 1x3wks, cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , home exercise program, Notes: , wheelchair training, Notes: , transfers training, Notes: , home exercise program, Notes: , home exercise program, Notes:

Supine hip flexion, quad sets, bridging, hooklying rotation, straight leg raise, hip abduction. Sitting knee extension, ankle pumps, therapeutic exercises, Notes: 1x3wks, home exercise program, Notes: , home exercise program, Notes: , home exercise program, Notes: Bilateral UE strengthening of deltoid, biceps, triceps and pectoral muscles,

05/20/2026 teach: therapeutic exercises, Target Date: 07/10/2026, therapeutic modalities, Target Date: 07/10/2026, wheelchair training, Target Date: 07/10/2026, balance training, Target Date: 07/10/2026, equipment training, Target Date: 07/10/2026, work simplification/energy conservation, Target Date: 07/10/2026, transfer training, Target Date: 07/10/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 07/10/2026, related medication(s) purpose and schedule, Target Date: 07/10/2026, symptoms requiring physician notification, Target Date: 07/10/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 07/10/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 07/10/2026, therapeutic exercises, Target Date: 07/10/2026, therapeutic modalities, Target Date: 07/10/2026, equipment training, Target Date: 07/10/2026, work simplification/energy conservation, Target Date: 07/10/2026, related medication(s) purpose and schedule, Target Date: 07/10/2026, symptoms requiring physician notification, Target Date: 07/10/2026,

05/18/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 07/10/2026: DISCONTINUED, patient/caregiver recalls
- * depression-prevention strategies including avoidance of isolation
- * healthy eating
- * sleeping habits
- * identification of activities that bring pleasure
- * preventive care
- * recalls related medication(s) purpose, schedule, Target Date: 07/10/2026, patient self-administers medications as prescribed
- * recalls related medication(s) purpose, schedule, Target Date: 07/10/2026: DISCONTINUED, patient/caregiver recalls
- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 07/10/2026, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 07/10/2026, Oral Hygiene - 06. Independent, Target Date: 07/10/2026, Toileting Hygiene - 06. Independent, Target Date: 07/10/2026, Shower/Bathe Self - 02. Substantial/maximal assistance, Target Date: 07/10/2026, Upper Body Dressing - 03. Partial/moderate assistance, Target Date: 07/10/2026, Lower Body Dressing - 01. Dependent, Target Date: 07/10/2026, Don/Doff Footwear - 01. Dependent, Target Date: 07/10/2026, Eating - 05. Setup or clean-up assistance, Target Date: 07/10/2026, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 07/10/2026, Chair to Bed to Chair - 06. Independent, Target Date: 07/10/2026, Sit to Stand - 05. Setup or clean-up assistance, Target Date: 07/10/2026, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 07/10/2026, Car Transfer - 06. Independent, Target Date: 07/10/2026, Wheel 50 ft w 2 Turns - 06. Independent, Target Date: 07/10/2026, 1 - Step (curb) - 02. Substantial/maximal assistance, Target Date: 07/10/2026, Picking Up Object - 02. Substantial/maximal assistance, Target Date: 07/10/2026, Walk 10 Feet - 02. Substantial/maximal assistance, Target Date: 07/10/2026, Walk 10 ft on Uneven Surface - 02. Substantial/maximal assistance, Target Date: 07/10/2026,

05/20/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date:

07/10/2026, add discharge plan, Target Date: 07/10/2026, family/caregiver will be responsible for managing treatment, Target Date: 07/10/2026,

Wheel 150 feet - 06. Independent, Target Date: 07/10/2026 (unable to achieve)

12 Steps - 02. Substantial/maximal assistance, Target Date: 07/10/2026 (unable to achieve)

4 Steps - 02. Substantial/maximal assistance, Target Date: 07/10/2026 (unable to achieve)

Walk 150 Feet - 02. Substantial/maximal assistance, Target Date: 07/10/2026 (unable to achieve)

Walk 50 ft with 2 Turns - 02. Substantial/maximal assistance, Target Date: 07/10/2026 (unable to achieve)

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 05/29/2026