

Medical Update for Rosa Flores DOB: 12/29/1941

Date Order Created: 05/26/2026

Order ID: 1163/1056

Agency Assigned Id: 1304

Certification Period: 04/23/2026 to 06/21/2026

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Orders:

Authorization changes of OT skill Total Visits: 3 and Visit Freq: CUSTOM
Authorization changes of SN skill Total Visits: 3 and Visit Freq: CUSTOM
Authorization changes of PT skill Total Visits: 4 and Visit Freq: CUSTOM
Authorization changes of SN skill Total Visits: 1 and Visit Freq: CUSTOM

05/12/2026 Problems : GG0130B1 - Oral Hygiene

GG0130A1 - Eating

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

M1400 - Dyspnea

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Infct fol a procedure, organ and space surgical site, init (T81.43XA)

Other comp of incontinent external stoma of urinary tract (N99.528)

Pressure ulcer of left buttock, stage 3 (L89.323)

05/11/2026 patient_goal: I don't want to go back to the hospital, Target Date: 06/21/2026, To improve stairs negotiation (ascend > descending), Target Date: 06/21/2026, I want to get stronger and get back to feeling like myself, Target Date: 06/21/2026,

05/12/2026 procedure: equipment training, Notes: , work simplification/energy conservation, Notes: , home exercise program, Notes: HEP includes ankle pumps, quad sets, glute sets, heel slides, supine hip abduction, seated marching, long arc quads, sit-to-stands, standing marches with rolling walker support, heel raises, toe raises, mini squats, standing hip abduction, standing hip extension, short distance ambulation program with rolling walker, diaphragmatic breathing exercises, log rolling practice for bed mobility, posture training, pacing and energy conservation techniques, and frequent repositioning/walking as tolerated while maintaining abdominal precautions and fall prevention strategies., ostomy care & irrigation, Notes: Grand daughter assist, gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

05/11/2026 teach: how to achieve wound healing including cleaning and dressing wound, position changes, skin care, diet modification and preventing pressure ulcer recurrence, record wound measurements, Target Date: 06/21/2026, ostomy management including how to clean stoma and change drainage pouch, diet restrictions, Target Date: 06/21/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 06/21/2026, therapeutic exercises, Target Date: 06/21/2026, therapeutic modalities, Target Date: 06/21/2026, balance training, Target Date: 06/21/2026, equipment training, Target Date: 06/21/2026, gait training, Target Date: 06/21/2026, work simplification/energy conservation, Target Date: 06/21/2026, transfer training, Target Date: 06/21/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 06/21/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 06/21/2026, therapeutic exercises, Target Date: 06/21/2026, equipment training, Target Date: 06/21/2026, work simplification/energy conservation, Target Date: 06/21/2026, related medication(s) purpose and schedule, Target Date: 06/21/2026, symptoms requiring physician notification, Target Date: 06/21/2026,

05/11/2026 goal: patient/caregiver recalls

- * how to keep home safe for hearing-impaired including installing special fire-detector/CO2 alarms
- * recalls related medication(s) purpose, schedule, Target Date: 06/21/2026, patient self-administers medications as prescribed
- * recalls related medication(s) purpose, schedule, Target Date: 06/21/2026, patient/caregiver recalls
- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 06/21/2026, patient/caregiver recalls
- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 06/21/2026, Oral Hygiene - 06. Independent, Target Date: 06/21/2026, Toileting Hygiene - 06. Independent, Target Date: 06/21/2026, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 06/21/2026, Lower Body Dressing - 06. Independent, Target Date: 06/21/2026, Don/Doff Footwear - 06. Independent, Target Date: 06/21/2026, Eating - 06. Independent, Target Date: 06/21/2026: DISCONTINUED, Upper Body Dressing - 06. Independent, Target Date: 06/21/2026, Sit to Stand - 06. Independent, Target Date: 06/21/2026, Chair to Bed to Chair - 06. Independent, Target Date: 06/21/2026, Toilet Transfer - 06. Independent, Target Date: 06/21/2026, Car Transfer - 06. Independent, Target Date: 06/21/2026, Walk 10 Feet - 05. Setup or clean-up assistance, Target Date: 06/21/2026, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 06/21/2026, Walk 150 Feet - 05. Setup or clean-up assistance, Target Date: 06/21/2026, 1 - Step (curb) - 05. Setup or clean-up assistance, Target Date: 06/21/2026, 4 Steps - 05. Setup or clean-up assistance, Target Date: 06/21/2026, 12 Steps - 05. Setup or clean-up assistance, Target Date: 06/21/2026, Picking Up Object - 05. Setup or clean-up assistance, Target Date: 06/21/2026,

05/12/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 06/21/2026, family/caregiver will be responsible for managing treatment, Target Date: 06/21/2026,

05/26/2026 Medications: Acetaminophen - Acetaminophen 500mg 2 tablets by mouth every 8 hours Mild pain as needed

Calcium Carbonate, Famotidine And Magnesium Hydroxide - Calcium Carbonate: Famotidine: Magnesium Hydroxide 600 mg 10 mcg 400 unit 1 tablet by mouth once a day Supplement Flonase - Fluticasone Propionate 0.05 mg/spray 2 Spray inhalant once a day Allergic Cetirizine Hydrochloride - Cetirizine Hydrochloride 10 mg by mouth in the morning Allergic Trazadone - Trazodone Hydrochloride 50 mg 1 tab by mouth at bedtime Insomnia

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 05/27/2026