

Medical Update for Julius Murphy DOB: 07/14/1946

Date Order Created: 04/22/2026

Order ID: 1150/17993

Agency Assigned Id: 23908

Certification Period: 03/27/2026 to 05/25/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

Authorization changes of HHA skill Total Visits: 7 and Visit Freq: 1w1

04/03/2026 Problems : GG0170F1 - Toilet Transfer
GG0170D1 - Sit to Stand
GG0170E1 - Chair to Bed to Chair
GG0170G1 - Car Transfer
GG0170R1 - Wheel 50 ft w 2 Turns
GG0170S1 - Wheel 150 feet

04/03/2026 patient_goal: To be able to walk in the house with my walker, Target Date: 05/25/2026,
add patient-stated goal, Target Date: 05/25/2026,

04/03/2026 procedure: Home exercise program , Notes: Supine hip flexion, bridging, hooklying rotation, straight leg raise, hip abduction. Sitting knee extension, ankle pumps, Standing tolerance , Notes: Stand at walker with assistance, Bed mobility training , Notes: Scooting up in bed , sit to supine and supine to sit, Family training , Notes: Home program, bed mobility, transfers, glucose testing via monitor, Notes: , wheelchair training, Notes: , transfers training, Notes: , assist with toilet transferring, Notes: Dependent in bed, assist with toileting hygiene, Notes: Max A, assist with grooming, Notes: Max A supine in bed, assist with lower body dressing, Notes: Max A supine in bed, assist with upper body dressing, Notes: Max A supine in bed, assist with bathing, Notes: Max A supine in bed, assist with transferring, Notes: Dependent with transfers, assist with mobility, Notes: Max A bed mobility. Dependent with transfer, Foley Catheter, Notes: Change 16 Fr Foley catheter monthly or as needed, inflation 10 ml, Home Health Aide, Notes: To assist with ADLs (Verbal order from JHH Care at Home Care 410-207-7581), assist with feeding/eating, Notes: ,

04/03/2026 teach: therapeutic exercises, Target Date: 05/25/2026, therapeutic modalities, Target Date: 05/25/2026, wheelchair training, Target Date: 05/25/2026, balance training, Target Date: 05/25/2026, equipment training, Target Date: 05/25/2026, transfer training, Target Date: 05/25/2026, diabetic medication management, blood sugar testing, diabetic foot care, exercise and diabetic diet, Target Date: 05/25/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 05/25/2026, related medication(s) purpose and schedule, Target Date: 05/25/2026, symptoms requiring physician notification, Target Date: 05/25/2026,

04/07/2026 goal: Chair to Bed to Chair - 06. Independent, Target Date: 05/25/2026, Sit to Stand - 04. Supervision or touching assistance, Target Date: 05/25/2026, Toilet Transfer - 03. Partial/moderate assistance, Target Date: 05/25/2026, Car Transfer - 06. Independent, Target Date: 05/25/2026, Wheel 50 ft w 2 Turns - 01. Dependent, Target Date: 05/25/2026: DISCONTINUED, Wheel 150 feet - 01. Dependent, Target Date: 05/25/2026: DISCONTINUED,

04/03/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 05/25/2026, add discharge plan, Target Date: 05/25/2026,

Gail Berkenblit
601 N. Caroline Street

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 05/21/2026