

Medical Update for Mary Porter DOB: 03/26/1954

Date Order Created: 04/27/2026

Order ID: 1150/18164

Agency Assigned Id: 23710

Certification Period: 03/19/2026 to 05/17/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

04/07/2026 Problems : GG0170E1 - Chair to Bed to Chair
GG0170P1 - Picking Up Object
GG0170O1 - 12 Steps
GG0170N1 - 4 Steps
GG0170M1 - 1 - Step (curb)
GG0170L1 - Walk 10 ft on Uneven Surface
GG0170K1 - Walk 150 Feet
GG0170J1 - Walk 50 ft with 2 Turns
GG0170I1 - Walk 10 Feet
GG0170G1 - Car Transfer
M1400 - Dyspnea
GG0170D1 - Sit to Stand
GG0130C1 - Toileting Hygiene
GG0170F1 - Toilet Transfer
GG0130E1 - Shower/Bathe Self
GG0130H1 - Don/Doff Footwear
GG0130G1 - Lower Body Dressing
GG0130F1 - Upper Body Dressing
GG0130B1 - Oral Hygiene

04/07/2026 patient_goal: I want to be able to walk like I used to., Target Date: 05/17/2026,

04/07/2026 procedure: dynamic standing balance exercises, Notes: Dynamic balance activity to be performed on firm surface with no hands on device, weight shifting L-R with wide BOS, and forward backward with separated stance., cough/deep breathing exercises, Notes: , work simplification/energy conservation, Notes: , gait training/stair training, Notes: , transfers training, Notes: , home exercise program, Notes: Seated-LAQ hip flex, hip abd, pillow squeeze.
Standing-Mini squat, heel/toe raise, hip flex, hip abd, hip ext, leg curls.,

04/07/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 05/17/2026, therapeutic exercises, Target Date: 05/17/2026, therapeutic modalities, Target Date: 05/17/2026, balance training, Target Date: 05/17/2026, equipment training, Target Date: 05/17/2026, gait training, Target Date: 05/17/2026, work simplification/energy conservation, Target Date: 05/17/2026, transfer training, Target Date: 05/17/2026,

04/07/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 05/17/2026, Sit to Stand - 06. Independent, Target Date: 05/17/2026: DISCONTINUED, Chair to Bed to Chair - 06. Independent, Target Date: 05/17/2026: DISCONTINUED, Toilet Transfer - 06. Independent, Target Date: 05/17/2026: DISCONTINUED, Car Transfer - 06. Independent, Target Date: 05/17/2026, Walk 10 Feet

- 04. Supervision or touching assistance, Target Date: 05/17/2026: DISCONTINUED, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 05/17/2026: DISCONTINUED, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 05/17/2026: DISCONTINUED, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 05/17/2026: DISCONTINUED, 4 Steps - 04. Supervision or touching assistance, Target Date: 05/17/2026: DISCONTINUED, 12 Steps - 04. Supervision or touching assistance, Target Date: 05/17/2026: DISCONTINUED, Picking Up Object - 04. Supervision or touching assistance, Target Date: 05/17/2026: DISCONTINUED, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 05/17/2026: DISCONTINUED, Oral Hygiene - 06. Independent, Target Date: 05/17/2026: DISCONTINUED, Toileting Hygiene - 06. Independent, Target Date: 05/17/2026: DISCONTINUED, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 05/17/2026, Lower Body Dressing - 06. Independent, Target Date: 05/17/2026, Don/Doff Footwear - 06. Independent, Target Date: 05/17/2026: DISCONTINUED, Upper Body Dressing - 06. Independent, Target Date: 05/17/2026,

04/07/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 05/17/2026,

04/23/2026 Medications: Gabapentin - Gabapentin 300 mg 300 mg by mouth once a day Take 1 capsule by mouth 3 times a day
NEUROPATHY

Madhavi Ambati
7070 Samuel Morse Dr

7070 Samuel Morse Dr, MD 21046
Tele:800-777-7904 FAX: 18554141694

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 04/27/2026