

Medical Update for Wanda Rogers DOB: 01/07/1949

Date Order Created: 04/27/2026

Order ID: 1150/18166

Agency Assigned Id: 23956

Certification Period: 03/24/2026 to 05/22/2026

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Orders:

04/13/2026 Problems : GG0170G1 - Car Transfer

M1400 - Dyspnea

Pain Interference with ADLs

Pain Interference with Therapy activities

Pain Effect on Sleep

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

GG0130A1 - Eating

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

GG0130B1 - Oral Hygiene

M1400 - Dyspnea

Pain Interference with ADLs

Pain Effect on Sleep

04/13/2026 patient_goal: I want to be able to walk outside, Target Date: 05/22/2026, To be able to get around, Target Date: 05/22/2026,

04/13/2026 procedure: gait training on uneven surfaces, Notes: NA, dynamic standing balance exercises, Notes: Dynamic balance activity to be performed on firm surface with no hands on device, weight shifting L-R with wide BOS, and forward backward with separated stance., gait training/stair training, Notes: , transfers training, Notes: , home exercise program, Notes: Supine- ankle pump, quad set, gluteal set, heel slide, SLR, bridging.

Seated-LAQ hip flex, hip abd, pillow squeeze.

Standing-Mini squat, heel/toe raise, hip flex, hip abd, hip ext, leg curls., cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , home exercise program, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: ,

04/13/2026 teach: how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 05/22/2026, related medication(s) purpose and schedule, Target Date: 05/22/2026, symptoms requiring physician notification, Target Date: 05/22/2026, lifestyle modifications to manage cardio-respiratory condition

including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 05/22/2026, therapeutic exercises, Target Date: 05/22/2026, therapeutic modalities, Target Date: 05/22/2026, balance training, Target Date: 05/22/2026, equipment training, Target Date: 05/22/2026, gait training, Target Date: 05/22/2026, transfer training, Target Date: 05/22/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 05/22/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 05/22/2026, therapeutic exercises, Target Date: 05/22/2026, therapeutic modalities, Target Date: 05/22/2026, equipment training, Target Date: 05/22/2026, work simplification/energy conservation, Target Date: 05/22/2026, related medication(s) purpose and schedule, Target Date: 05/22/2026, symptoms requiring physician notification, Target Date: 05/22/2026,

04/13/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 05/22/2026, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 05/22/2026, Sit to Stand - 05. Setup or clean-up assistance, Target Date: 05/22/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 05/22/2026, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 05/22/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 05/22/2026: DISCONTINUED, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 05/22/2026: DISCONTINUED, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 05/22/2026: DISCONTINUED, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 05/22/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 05/22/2026, Car Transfer - 05. Setup or clean-up assistance, Target Date: 05/22/2026, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 05/22/2026, patient/caregiver recalls
- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 05/22/2026, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 05/22/2026, Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 05/22/2026, Toileting Hygiene - 05. Setup or clean-up assistance, Target Date: 05/22/2026, Shower/Bathe Self - 04. Supervision or touching assistance, Target Date: 05/22/2026, Upper Body Dressing - 05. Setup or clean-up assistance, Target Date: 05/22/2026, Lower Body Dressing - 05. Setup or clean-up assistance, Target Date: 05/22/2026, Don/Doff Footwear - 05. Setup or clean-up assistance, Target Date: 05/22/2026, Eating - 06. Independent, Target Date: 05/22/2026,

04/13/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 05/22/2026, patient will be responsible for managing treatment, Target Date: 05/22/2026,

4 Steps - 04. Supervision or touching assistance, Target Date: 05/22/2026 (unable to achieve)
12 Steps - 04. Supervision or touching assistance, Target Date: 05/22/2026 (unable to achieve)

04/27/2026 Medications: Acetaminophen: Oxycodone Hydrochloride 5 mg by mouth every 4 hours
Tamoxifen Citrate - Tamoxifen Citrate eq 20 mg base 1 tablet by mouth once a day
Trazadone - Trazodone Hydrochloride 1 tablet by mouth at bedtime 25 mg
Colace - Docusate Sodium 1 tablet by mouth as necessary

Kenneth Villar
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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 04/27/2026