

Medical Update for Elva Santos Escobar DOB: 01/14/1987

Date Order Created: 04/27/2026

Order ID: 1150/18168

Agency Assigned Id: 24156

Certification Period: 03/27/2026 to 05/25/2026

HomeCentris Healthcare LLC 217058
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Orders:

04/07/2026 Problems : Pain Effect on Sleep
Pain Interference with Therapy activities
Pain Interference with ADLs
GG0170F1 - Toilet Transfer
GG0170D1 - Sit to Stand
GG0170E1 - Chair to Bed to Chair
GG0170G1 - Car Transfer
GG0170I1 - Walk 10 Feet
GG0170J1 - Walk 50 ft with 2 Turns
GG0170K1 - Walk 150 Feet
GG0170L1 - Walk 10 ft on Uneven Surface
GG0170M1 - 1 - Step (curb)
GG0170N1 - 4 Steps
GG0170O1 - 12 Steps
GG0170P1 - Picking Up Object
GG0130A1 - Eating

04/07/2026 patient_goal: I want to be ble to walk better, Target Date: 05/25/2026, I want to be ble to walk better, Target Date: 05/25/2026, I want to be ble to walk better, Target Date: 05/25/2026, I want to be ble to walk better, Target Date: 05/25/2026, I want to be ble to walk better, Target Date: 05/25/2026,

04/06/2026 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: , dynamic standing balance exercises, Notes: Dynamic balance activity to be performed on firm surface with no hands on device, weight shifting L-R with wide BOS, and forward backward with separated stance., assist with fall prevention, Notes: , home exercise program, Notes: Supine- ankle pump, quad set, gluteal set, heel slide, SLR, bridging.
Seated-LAQ hip flex, hip abd, pillow squeeze.
Standing-Mini squat, heel/toe raise, hip flex, hip abd, hip ext, leg curls.,

04/07/2026 teach: therapeutic exercises, Target Date: 05/25/2026, therapeutic modalities, Target Date: 05/25/2026, balance training, Target Date: 05/25/2026, equipment training, Target Date: 05/25/2026, gait training, Target Date: 05/25/2026, transfer training, Target Date: 05/25/2026,

04/06/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 05/25/2026, patient self-administers medications as prescribed
- * recalls related medication(s) purpose, schedule, Target Date: 05/25/2026, Sit to Stand - 06. Independent, Target Date: 05/25/2026, Chair to Bed to Chair - 06. Independent, Target Date:

05/25/2026, Toilet Transfer - 06. Independent, Target Date: 05/25/2026, Car Transfer - 06. Independent, Target Date: 05/25/2026, Walk 10 Feet - 05. Setup or clean-up assistance, Target Date: 05/25/2026, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 05/25/2026, Walk 150 Feet - 05. Setup or clean-up assistance, Target Date: 05/25/2026, Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance, Target Date: 05/25/2026, 1 - Step (curb) - 05. Setup or clean-up assistance, Target Date: 05/25/2026, 4 Steps - 05. Setup or clean-up assistance, Target Date: 05/25/2026, 12 Steps - 05. Setup or clean-up assistance, Target Date: 05/25/2026, Picking Up Object - 05. Setup or clean-up assistance, Target Date: 05/25/2026, Oral Hygiene - 06. Independent, Target Date: 05/25/2026, Toileting Hygiene - 06. Independent, Target Date: 05/25/2026, Shower/Bathe Self - 02. Substantial/maximal assistance, Target Date: 05/25/2026, Lower Body Dressing - 06. Independent, Target Date: 05/25/2026, Don/Doff Footwear - 06. Independent, Target Date: 05/25/2026, Eating - 06. Independent, Target Date: 05/25/2026, Upper Body Dressing - 06. Independent, Target Date: 05/25/2026, patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 05/25/2026, Sit to Stand - 06. Independent, Target Date: 05/25/2026, Chair to Bed to Chair - 06. Independent, Target Date: 05/25/2026, Toilet Transfer - 06. Independent, Target Date: 05/25/2026, Car Transfer - 06. Independent, Target Date: 05/25/2026, Walk 10 Feet - 05. Setup or clean-up assistance, Target Date: 05/25/2026, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 05/25/2026, Walk 150 Feet - 05. Setup or clean-up assistance, Target Date: 05/25/2026, Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance, Target Date: 05/25/2026, 1 - Step (curb) - 05. Setup or clean-up assistance, Target Date: 05/25/2026, 4 Steps - 05. Setup or clean-up assistance, Target Date: 05/25/2026, 12 Steps - 05. Setup or clean-up assistance, Target Date: 05/25/2026, Picking Up Object - 05. Setup or clean-up assistance, Target Date: 05/25/2026,

04/07/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 05/25/2026,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 04/27/2026