

Medical Update for Evelyn Royahn DOB: 06/05/1926

Date Order Created: 04/03/2026

Order ID: 1150/17645

Agency Assigned Id: 21723

Certification Period: 03/29/2026 to 05/27/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

04/03/2026 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , home exercise program, Notes: ,

04/03/2026 teach: lifestyle modifications to manage cardiac condition including symptom management, diet changes, regular exercise, getting enough sleep, Target Date: 05/27/2026, how to optimize mental status with cognition therapy, home safety, optimize mobility with active and passive range of motion therapeutic exercises, diet and fluids to optimize peripheral circulation, Target Date: 05/27/2026, depression-prevention strategies including avoidance of isolation, healthy eating and sleeping habits, identification of activities that bring pleasure, preventive care, Target Date: 05/27/2026, how to manage inflammatory process and optimize mobility with active and passive range of motion exercises, fluid and diet intake to promote healing and prevent constipation, home safety, Target Date: 05/27/2026, pain control, therapeutic exercises to optimize range of motion of affected area, diet and fluids to promote healing, Target Date: 05/27/2026, how to keep journal of food and fluid intake, healthy meal plan tips, exercise program and nutritional knowledge, Target Date: 05/27/2026,

Bradford Ebright
9524 Belair Rd

9524 Belair Rd, MD 21236
Tele:4105299311 FAX: 14105290085

Physician Signature_____ Date _____

Staff Signature: Electronically Signed by Messick, Charles Date 04/23/2026