

Medical Update for Catherine Merritt DOB: 01/12/1929

Date Order Created: 04/16/2026

Order ID: 1150/17889

Agency Assigned Id: 23798

Certification Period: 03/26/2026 to 05/24/2026

HomeCentris Healthcare LLC 217058
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Orders:

04/15/2026 Problems : GG0170K1 - Walk 150 Feet

M1400 - Dyspnea

Pain Interference with ADLs

Pain Effect on Sleep

GG0130A1 - Eating

GG0170S1 - Wheel 150 feet

GG0170R1 - Wheel 50 ft w 2 Turns

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0130B1 - Oral Hygiene

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

04/15/2026 patient_goal: To get on the commode (family) patient is unable to state, Target Date: 05/24/2026,

04/15/2026 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , wheelchair training, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , transfers training, Notes: , therapeutic exercises, Notes: TBD,

04/15/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 05/24/2026, therapeutic exercises, Target Date: 05/24/2026, therapeutic modalities, Target Date: 05/24/2026, wheelchair training, Target Date: 05/24/2026, balance training, Target Date: 05/24/2026, equipment training, Target Date: 05/24/2026, work simplification/energy conservation, Target Date: 05/24/2026, transfer training, Target Date: 05/24/2026,

04/15/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including

- * diet changes and regular exercise

- * strategies to control shortness of breath

- * home remedies to keep lungs healthy

- * recalls related medication(s) purpose, schedule, Target Date: 05/24/2026, patient/caregiver recalls

* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation skills and diversional activities
* recalls related medication(s) purpose, schedule, Target Date: 05/24/2026, Chair to Bed to Chair - 06. Independent, Target Date: 05/24/2026, Sit to Stand - 04. Supervision or touching assistance, Target Date: 05/24/2026, Toilet Transfer - 03. Partial/moderate assistance, Target Date: 05/24/2026, Car Transfer - 06. Independent, Target Date: 05/24/2026, Wheel 50 ft w 2 Turns - 06. Independent, Target Date: 05/24/2026, Wheel 150 feet - 06. Independent, Target Date: 05/24/2026, 1 - Step (curb) - 02. Substantial/maximal assistance, Target Date: 05/24/2026, 12 Steps - 02. Substantial/maximal assistance, Target Date: 05/24/2026, 4 Steps - 02. Substantial/maximal assistance, Target Date: 05/24/2026, Picking Up Object - 02. Substantial/maximal assistance, Target Date: 05/24/2026, Walk 10 Feet - 02. Substantial/maximal assistance, Target Date: 05/24/2026, Walk 10 ft on Uneven Surface - 02. Substantial/maximal assistance, Target Date: 05/24/2026, Walk 150 Feet - 02. Substantial/maximal assistance, Target Date: 05/24/2026, Walk 50 ft with 2 Turns - 02. Substantial/maximal assistance, Target Date: 05/24/2026, Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 05/24/2026, Toileting Hygiene - 03. Partial/moderate assistance, Target Date: 05/24/2026, Shower/Bathe Self - 02. Substantial/maximal assistance, Target Date: 05/24/2026, Upper Body Dressing - 03. Partial/moderate assistance, Target Date: 05/24/2026, Lower Body Dressing - 03. Partial/moderate assistance, Target Date: 05/24/2026, Don/Doff Footwear - 03. Partial/moderate assistance, Target Date: 05/24/2026, Eating - 05. Setup or clean-up assistance, Target Date: 05/24/2026,

04/15/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 05/24/2026,

04/15/2026 Medications: Buspirone Hcl - Buspirone Hydrochloride 15mg by mouth twice a day

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Physician Signature _____ Date _____

Staff Signature: Electronically Signed by Messick, Charles Date 04/16/2026