

Medical Update for Ida Khazina DOB: 01/12/1939

Date Order Created: 03/20/2026

Order ID: 1150/17186

Agency Assigned Id: 17568

Certification Period: 09/18/2025 to 11/16/2025

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

09/25/2025 procedure: transfers training, Notes: , LAB ORDER, Notes: Skilled nurse to obtain UA and C&S as needed. , cough/deep breathing exercises, Notes: , gait training/stair training, Notes: ,

11/03/2025 goal: caregiver recalls how to

- * inspect regularly for gaps where patient can become trapped between the mattress, rail, or bed frame

- * ensure the top of the bed rail is at least 4 inches (100mm) above the mattress

- * to avoid using bed rails with a soft mattress to decrease entrapment risk, Target Date: 11/15/2025:

DISCONTINUED, Sit to Stand - 03. Partial/moderate assistance, Target Date: 11/15/2025:

DISCONTINUED, Chair to Bed to Chair - 03. Partial/moderate assistance, Target Date: 11/15/2025:

DISCONTINUED, Toilet Transfer - 03. Partial/moderate assistance, Target Date: 11/15/2025, Car

Transfer - 03. Partial/moderate assistance, Target Date: 11/15/2025: DISCONTINUED,

patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

- * recalls related medication(s) purpose, schedule, Target Date: 11/15/2025: DISCONTINUED, Walk 10

Feet - 03. Partial/moderate assistance, Target Date: 11/15/2025: DISCONTINUED, 1 - Step (curb) - 03.

Partial/moderate assistance, Target Date: 11/15/2025, Picking Up Object - 03. Partial/moderate

assistance, Target Date: 11/15/2025, patient/caregiver recalls

- * urinary catheter management including how to flush catheter

- * change and wash drainage bags

- * prevent infection including proper handwashing

- * positioning of catheter

- * recalls related medication(s) purpose, schedule, Target Date: 11/15/2025: DISCONTINUED,

patient/caregiver recalls

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- * prevent infection including proper handwashing

- * positioning of catheter

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02/18/2026 Medications: Clonazepam - Clonazepam 0.5 mg 1/2 tablet by mouth twice a day Take 1/2 tablet 2x day PRN, as needed

Hiprex - Methenamine Hippurate 1gm One half tablet by mouth twice a day Take 1 gram total in 24 hour period.

1/2 pill twice a day

Remeron - Mirtazapine 15 mg 15 mg by mouth at bedtime

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 04/10/2026