

Medical Update for Andres Villanueva DOB: 10/17/1942

Date Order Created: 01/27/2026

Order ID: 1150/15662

Agency Assigned Id: 20456

Certification Period: 12/19/2025 to 02/16/2026

HomeCentris Healthcare LLC 217058
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Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

Authorization changes of SN skill Total Visits: 4 and Visit Freq: 1w4

Authorization changes of OT skill Total Visits: 6 and Visit Freq: 6

Authorization changes of PT skill Total Visits: 7 and Visit Freq: 2w1, 1w5

01/12/2026 Problems : GG0170F1 - Toilet Transfer

GG0170D1 - Sit to Stand

GG0170E1 - Chair to Bed to Chair

GG0170G1 - Car Transfer

GG0170I1 - Walk 10 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170K1 - Walk 150 Feet

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170M1 - 1 - Step (curb)

GG0170N1 - 4 Steps

GG0170O1 - 12 Steps

GG0170P1 - Picking Up Object

01/12/2026 patient_goal: To be able to maximize my window for recovery, Target Date: 02/16/2026,

01/12/2026 procedure: Medication Review-, Notes: Patient verbalized understanding of current prescriptions, dosages, and schedule. No reported issues with adherence, side effects, or confusion at this time.

, HEP, Notes: Home exercise program reviewed and progressed, including Ankle pumps, quad sets, glute sets, heel slides, partial squats, and seated/standing knee flexion and extension within tolerance. 10-15 reps ea. 1-2 set per day. Emphasis on improving right knee ROM, reducing stiffness, and promoting quadriceps activation. Patient instructed on proper technique, pacing, use of ice after exercises, and safe frequency throughout the day. Patient verbalized understanding and demonstrated good carryover.

, gait training/stair training, Notes: , transfers training, Notes: ,

01/15/2026 goal: Sit to Stand - 05. Setup or clean-up assistance, Target Date: 02/16/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 02/16/2026, Toilet Transfer - 06. Independent, Target Date: 02/16/2026, Walk 10 Feet - 05. Setup or clean-up assistance, Target Date: 02/16/2026, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 02/16/2026, Walk 150 Feet - 05. Setup or clean-up assistance, Target Date: 02/16/2026, Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance, Target Date: 02/16/2026, 1 - Step (curb) - 05. Setup or clean-up assistance, Target Date: 02/16/2026, 4 Steps - 05. Setup or clean-up assistance, Target Date: 02/16/2026, 12 Steps - 05. Setup or clean-up assistance, Target Date: 02/16/2026, Picking Up Object - 05. Setup or clean-up assistance, Target Date: 02/16/2026, Car Transfer - 06. Independent, Target Date: 02/16/2026,

01/12/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 02/16/2026,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 04/10/2026