

Medical Update for Carol Singer DOB: 03/07/1944

Date Order Created: 01/27/2026

Order ID: 1150/15653

Agency Assigned Id: 19423

Certification Period: 11/19/2025 to 01/17/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
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Orders:

01/15/2026 Problems : abnormal blood pressure (CR)
muscle weakness (MS)
loss of appetite (NU)

01/21/2026 procedure: equipment training, Notes: , work simplification/energy conservation, Notes: ,

01/21/2026 goal: Oral Hygiene - 06. Independent, Target Date: 01/17/2026, Toileting Hygiene - 06. Independent, Target Date: 01/17/2026, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 01/17/2026, Lower Body Dressing - 06. Independent, Target Date: 01/17/2026, Don/Doff Footwear - 06. Independent, Target Date: 01/17/2026, Eating - 06. Independent, Target Date: 01/17/2026,

01/23/2026 Medications: Humalog - Insulin Lispro Recombinant 100 units/ml 100units/ml; 3 unit subcutaneous before meal Add the standard 3 units to the sliding scale. 75 -200 = 0, 201 - 250 =2, 251- 300 = 4, 301 - 350 =6, 351 - 400 =8. FS <70>400, call MD.
Midodrine Hydrochloride - Midodrine Hydrochloride 10 MG tablet, Take 1 tablet by mouth three times a day HYPOTENSION. Hold for SBP above 110 and pulse above 60.
Remeron - Mirtazapine 7.5mg, take 1 tablet by mouth at bedtime depression/increase appetite.
Protonix - Pantoprazole Sodium eq 40 mg base take 1 tablet by mouth twice a day indigestion/heart burn
Potassium & Sodium phosphates 280-160-250mg, take 1 packet by mouth three times a day After meals
Tresiba Flex Touch Inject 6 units subcutaneous at bedtime T2DM

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 04/09/2026